

Boomerang Lunch Program



We are very excited to participate in the Waste-Free Lunch Challenge. We will be joining many other schools throughout the Hamilton region (and Ontario) who have implemented boomerang lunches with tremendous success.

WHY WE NEED THIS PROGRAM:

It's the responsible thing to do for our environment!

Most lunch waste in our schools comes from disposable packaging of single use food items, such as plastic bags, yogurt cups, and juice boxes and from uneaten food. "Waste audits consistently demonstrate that a significant amount of school garbage is made up of unopened packaged foods, untouched fruit and juice boxes", says Judy Gould, waste and energy manager for the Durham District School Board. "School lunches are a major source of waste – the average student's lunch generates 30 kilograms of garbage per year, or 8,500 kilograms per school, according to the Recycling Council of Ontario." (The Toronto Star, July 26, 2013)

Reducing waste is the number one choice when looking at recycling. Re-thinking our choices and making small changes in everyday living is a positive step in waste reduction. Encouraging the use of re-usable containers and bringing the right amount of food will reinforce that children can be part of the solution to our waste problems.

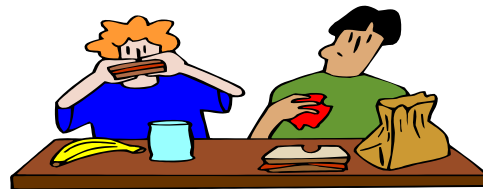


BOOMERANG LUNCH GOALS:

- Enable parents to see what their children are actually eating during the day
- Reduce the amount of wasted food
- Reduce the amount of overall waste produced
- Encourage healthy eating
- Develop environment consciousness
- Foster "leave no trace" thinking and action
- Promote the use of re-usable containers

HOW IT WORKS:

- what comes to school goes home
- uneaten food, packaging or waste material is returned home in your child's lunch bag



WASTE FREE SNACK/ LUNCH TIPS:

1. Use reusable lunch carriers and containers.
2. . If you use single use containers, provide a re-sealable bag for the empty containers (yogurt, apple sauce, juice boxes) to be returned home
3. Use reusable drinks bottles or thermos.
4. Use a cloth napkin and wash and re-use.
5. Use reusable utensils.
6. Get your children to help pack their snacks/lunches with healthy foods.
7. Only pack as much food as your child will eat.
8. Label all containers with an initial or special symbol.
9. Encourage your child to put their waste into a reusable container with a lid.

THANK YOU FOR YOUR COOPERATION!