We Help: Mental Health and Addiction Strategy



Background

- PPM 169 Student Mental Health on July 28/2023
- 11 Requirements for School Boards
- Provide culturally responsive, evidence-informed student mental health (promotion, prevention and early intervention)
- MHS and Action Plan

 to be posted by June 2024



Requirements for School Boards

- 1. Three Year Mental Health and Addiction Strategy
- 2. Joint Local Planning
- 3. Multi-Tiered System of Support
- 4. Consistent Use of Evidence-Informed Brief Intervention
- 5. Suicide Prevention, Intervention and Postvention Protocols



PPM 169

- 6. Virtual Care Delivery
- 7. Enhanced Educator and Staff Mental Health Literacy
- 8. Mandatory Mental Health Literacy for Students
- 9. Family Mental Health Literacy and Awareness
- 10. Social Emotional Learning
- 11. Mental Health Absences



Strategy Format







GOAL



MENTAL HEALTH & WELLNESS UNDERSTANDING



CARRYING OUT THE STRATEGY



CENTERING STUDENTS



ANNUAL ACTION PLAN



MULTI-TIER SYSTEM
OF SUPPORT