

Spring 2026 Registered Gym and Club Programs
 Starting Week of April 7, 2026

*Prices may vary for non-residents

MONDAY				
Program	Time	Ages	Barcode	Fee
Yoga (Intro)	2:00-3:00pm	16+ years	32410	\$68.40-\$84.69
Sports Blast	5:15-5:45pm	3-5 years	32437	\$28.98
Musical Theatre	6:00-6:45pm	6-8 years	32440	\$32.58
Musical Theatre	6:45-7:45pm	9-12 years	32447	\$43.47
TUESDAY				
Program	Time	Ages	Barcode	Fee
Cardio, Balance & Strength	5:00-6:00pm	16+ years	32407	\$57.33-\$70.92
WEDNESDAY				
Program	Time	Ages	Barcode	Fee
Yoga (Intro)	9:30-10:30am	16+ years	32411	\$68.40-\$84.69
Exploring Art	5:30-6:00pm	3-5 years	32434	\$28.98
Art	6:00-6:45pm	6-8 years	32438	\$32.58
Art	6:45-7:45pm	9-12 years	32445	\$43.47
Volleyball (Level 2)	8:00-10:00pm	18+ years	32422	\$53.82-\$67.32
THURSDAY				
Program	Time	Ages	Barcode	Fee
Piano	5:00-5:45pm	6-8 years	32441	\$118.62
Piano	5:45-6:30pm	6-8 years	32442	\$118.62
Badminton	5:00-5:45pm	6-8 years	32450	\$32.58
Badminton	6:00-7:00pm	9-12 years	32449	\$43.47
Piano	6:30-7:30pm	9-12 years	32451	\$158.13
Badminton 18+	7:15-9:15pm	18+ years	32420	\$53.82-\$67.32
FRIDAY				
Program	Time	Ages	Barcode	Fee
Exploring Science	5:00-5:30pm	3-5 years	32435	\$28.98
Science	5:45-6:30pm	6-8 years	32444	\$32.58
Pilates	6:30-7:30pm	16+ years	32408	\$68.40-\$84.69
SUNDAY				
Program	Time	Ages	Barcode	Fee
Volleyball	9:00-10:00am	9-12 years	32453	\$43.47
Volleyball	10:00-11:00am	12-17 years	32454	\$43.47

Registration Information

Registration Date: March 11, 2026 at 8:00am

Ways to Register:

Online - hamilton.ca/recreation

Be sure to obtain your **USERNAME** and **PASSWORD** prior to registration day. Go to hamilton.ca/recreation or in-person at your local recreation centre



If you require this information in an accessible format, please contact accessiblerec@hamilton.ca