

MOUNTAINEERS ACADEMY

GIRLS VOLLEYBALL



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AGES 13-17

**1 HOUR STRENGTH AND
CONDITIONING AND 1 HOUR OF
SPORT SKILL DEVELOPMENT**

TUESDAY'S 6-8PM

PROGRAM 1: **MAY 5 - JUNE 9**

PROGRAM 2: **JUNE 16 - JULY 21**

**25 ATHLETES PER PROGRAM
\$250 PER ATHLETE**

**LOCATED AT MOHAWK
COLLEGE DBARC**

135 FENNELL AVE W,
HAMILTON, ONTARIO

INQUIRIES

LIAM.SUTHERLAND@
MOHAWKCOLLEGE.CA



SCAN TO REGISTER