

MOUNTAINEERS ACADEMY

GIRLS BASKETBALL



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AGES 13-17

1 HOUR **STRENGTH AND
CONDITIONING** AND 1 HOUR OF
SPORT SKILL DEVELOPMENT

WEDNESDAY'S 6-8PM

PROGRAM 1: **MAY 6 - JUNE 10**

PROGRAM 2: **JUNE 17 - JULY 29**

25 ATHLETES PER PROGRAM
\$250 PER ATHLETE

**LOCATED AT MOHAWK
COLLEGE DBARC**

135 FENNELL AVE W,
HAMILTON, ONTARIO

INQUIRIES

LIAM.SUTHERLAND@
MOHAWKCOLLEGE.CA



SCAN TO REGISTER