

# GIRLS FLAG FOOTBALL

## 2008 - 2014



@SteelCitySkyTigers

### REGISTER FOR TRYOUTS

[skytigers.ca/register](http://skytigers.ca/register)



# **Steel City Sky Tigers**

**Hamilton's only female-focused flag football organization**

**Built by women. Built for girls.**

## **Why female-focused programming matters :**

- Women lead programming decisions, offering guidance informed by past and present athletic experiences
- A positive, safe, and inclusive culture, led by experienced coaches and athletes, with expert volunteers ensuring girls learn from the very best.
- Prime field time and resources dedicated to girls, no working around a larger boys' program when scheduling.
- Confidence, leadership, and real skill growth, supported by meaningful feedback every practice to help all girls develop, and pathways to becoming program leaders themselves.

## **Program at a glance :**

- 3 age groups for girls born 2008-2014
- Practice schedules that fit multi-sport athletes
- Prices are kept as low as possible so more families can participate
- Selected players will receive 2 personalized jerseys, a practice jersey, and personalized team apparel

## **Tryout Dates :**

- September 15 - 6:00-7:30pm @ St. Mary CSS
- September 16 - 5:00-7:00pm @ Players Paradise
- September 18 - 5:00-6:30pm @ Hamilton Stadium

