



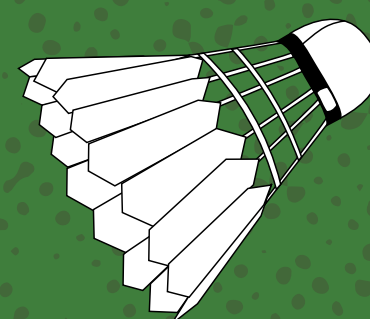
HAMILTON DISTRICT

# ACCASPORTS

*Develop physical literacy & Resilience through sports!*



12 WEEK SESSIONS,  
MULTIPLE SPORTS,  
1 PROGRAM



First, the **'ACCA-Multisport'** will be for youth (5-9 yrs old) allowing them to participate in multiple sports (8 different) throughout the 12 weeks. Second, the **'ACCA-Rec'** will be a recreational league for youth (10-17 yrs old) allowing them to play (3) sports throughout the 12 weeks. Playing a new sport every 4 weeks. All sessions will be facilitated by recreation program coordinators and volunteers. Each lesson focuses on developing physical literacy and social competence through sports!

## SPORTS

BASKETBALL - SOCCER - VOLLEYBALL - BALL HOCKEY - BADMINTON -  
TOUCH FOOTBALL - TCHOUKBALL - ATHLETICS



Register Now !



## CONTACT INFORMATION

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accahamilton

**When:** Feb 9 - Apr 26, 2024  
Fridays 6:00pm - 9:00pm

**Where:** Dr. Davey Elementary School  
99 Ferguson Ave N, Hamilton