



October 1 — October 31, 2024

BASKETBALL

Ages 10 — 13

Participants work with volunteers to develop basketball skills in a non-competitive environment through scrimmages and skill based training. Team building activities are aimed at encouraging healthy self-esteem and positive social interaction.

Ages 10 —13 | Weekly on Wednesdays and Thursdays

Start Date: October 1, 2024

End Date: October 31, 2024

Time: 4:00 PM - 5:00 PM

Location: Empowerment Squared East (Gym)
- 26 Arrowsmith Rd., Hamilton



Learn more and register at
empowermentsquared.org

For more information please call (905) 393-5370 or email info@empowermentsquared.org.