

# FROST BITES

FEB  
13-18  
2024

Free storytelling and  
art-making for all ages!

Bernie Morelli Recreation Centre  
876 Cannon St E



[HFTco.ca/frost-bites](https://HFTco.ca/frost-bites)



## The Land On Which We Are Gathered

We would like to acknowledge that the land on which we gather is situated upon the traditional territories of the Erie, Neutral, Wyandot, the Haudenosaunee, and the Mississaugas of the Credit First Nation.

The territory is mutually covered by the Dish With One Spoon Wampum Belt Covenant, an agreement between the Haudenosaunee Confederacy, the Anishnaabe, and other allied nations to peaceably share and care for the resources around the Great Lakes. Today, this is still the home to many Indigenous people from across Turtle Island and we are grateful to have the opportunity to work in the community, on their territory.

Hamilton Festival Theatre Company has received knowledge over the years through a process of learning and relationship-building with artists, with community members, and with local Elders and Knowledge-keepers. As an organization, we are committed to continuing and deepening these relationships.

*Photo of Tiffany Silversmith  
by Dave Pijuan-Nomura*



## Accessibility at Frost Bites

Accessibility details for the venue are available online at [hftco.ca](https://hftco.ca). Please contact [boxoffice@hftco.ca](mailto:boxoffice@hftco.ca) to coordinate your requirements.

For details about our accessibility programs including Support Persons & Personal Support Workers, service animals, and other info, visit [hftco.ca/accessibility](https://hftco.ca/accessibility). We recognize that we may not currently offer what you need to fully access HFTco events or programs. If you would like more information or to share feedback, please email [info@hftco.ca](mailto:info@hftco.ca) or call us at **289-698-2234**.



## What is HFTco?

**Hamilton Festival Theatre Company (HFTco)** strives to make theatre accessible to both audience members and theatre makers and is committed to fostering the development of professional artists and an appreciation of the arts in Hamilton. In addition to Frost Bites, year-round programming includes the flagship Hamilton Fringe Festival, Artist Development initiatives ([ALERT & Spark Teen Creation](#)), and other public workshops and events. Get involved! Visit [hftco.ca/volunteer](https://hftco.ca/volunteer) to learn more.

## What is Frost Bites?

Now in its 8<sup>th</sup> year, Frost Bites is a one-week community-embedded festival with a smorgasbord of **FREE** activities and events for all ages.

Join us at the **Bernie Morelli Recreation Centre** (876 Cannon St E) from February 13-18, 2024 for participatory storytelling in French and English, music workshops, ice skating, traditional hide tanning, Anishinaabemowin language games, and more—culminating in a handmade lantern-led Procession of Light through the streets of Ward 3.

We invite you to join your neighbours to celebrate community this winter. For more information, visit: [hftco.ca/frost-bites](https://hftco.ca/frost-bites).

### PROGRAMMING PARTNERS



### GOVERNMENT & FOUNDATION PARTNERS



Canadian  
Heritage

Patrimoine  
canadien



Canada Council  
for the Arts

Conseil des arts  
du Canada



ONTARIO ARTS COUNCIL  
CONSEIL DES ARTS DE L'ONTARIO  
an Ontario government agency  
un organisme du gouvernement de l'Ontario

# FROST BITES 2024 SCHEDULE

TUE FEB 13

WED FEB 14

THU FEB 15

FRI FEB 16

SAT FEB 17

SUN FEB 18

## IN THE CAFÉ

**Inclusion Coffeehouse** | 3 hours Tue & Wed | 5 hours Sat & Sun

10:00AM

10:00AM

10:00AM

10:00AM

**Shadowland Lantern-Making Workshop**

Open 10AM-4PM Daily | Open 10AM-5PM Sun

10:00AM

10:00AM

10:00AM

10:00AM

10:00AM

10:00AM

**Community Commons Ideas & Resource Marketplace** | 5 hours

10:00AM

**Indigenous Marketplace** | 5 hours

10:00AM

## INDOORS

**Telling Tales presents EarlyON Snuggle Up and Read Storytime** | 45 mins

10:00AM

**Traditional Hide Tanning** | 60 mins

10:00AM

**African Beats with Walter MacLean** | 60 mins

11:30AM

**Culture Mix through Music** | 60 mins

1:00 PM

**Taagewinan with Cheyanne** | 60 mins

10:00AM

**Storytelling Krick!?** | English | 60 mins

11:30AM

**Contes Krick!?** | en français | 60 min

13h00

## OUTDOORS

**Learn to Skate with Coach Aleef** | 3 hours

11:00AM

11:00AM

**Matrix Synchronized Skaters** | 5 mins

2:00 PM &  
3:00 PM

**DJ Family Skate Party** | 2.5 hours

3:30 PM

**Procession of Light** 6:00-6:30 PM



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## Shadowland Lantern-Making Workshop

**TUE FEB 13–SAT FEB 17 | 10:00AM – 4:00PM**

**SUN FEB 18 | 10:00AM – 5:00PM**

Lantern-making workshops with renowned community arts company Shadowland Theatre. Participants will be guided through creating oiled paper lanterns using their own designs and invited to join the dazzling Procession of Lights parade on Sunday starting at 6:00 pm.

## Inclusion Coffeehouse

**TUE FEB 13 & WED FEB 14 | 10:00AM – 1:00PM**

**SAT FEB 17 & SUN FEB 18 | 10:00AM – 3:00PM**

Inclusion Coffeehouse is a place where people with and without intellectual disabilities create a community coffeehouse where all can gather and learn about each other—all while enjoying some delicious treats!

## Community Commons Ideas & Resource Marketplace

**SAT FEB 17 | 10:00AM – 3:00PM**

The Community Commons offers you a chance to learn about the services and activities of local businesses and community organizations. Sign up for newsletters, learn about programming and other opportunities, or pick up small gift items. A great way to get involved with your community beyond the festival.

## Indigenous Marketplace

**SUN FEB 18 | 10:00AM – 3:00PM**

Support local Indigenous artists and entrepreneurs by purchasing small gift items directly from the makers. From traditional crafts and beadwork to contemporary jewellery and gift items—take home something beautiful and uplift local Indigenous artists at the same time!



*Moccasins by Dream Weaver Crafts  
(photo submitted by the artist)*

**IN THE CAFÉ**

## Telling Tales presents EarlyON Snuggle Up and Read Storytime

**FRI FEB 16 | 10:00AM – 10:45AM**

In a story filled with humour, confusion, and moments of sweetness, author Jennifer Mook-Sang introduces us to a delightful family dynamic through her book *The Care and Keeping of Grandmas*. As Grandma goes about her days, her well-meaning granddaughter sees her caring for her plants, and makes sure that Grandma is getting the proper care too.

## Traditional Hide Tanning

**SAT FEB 17 | 10:00AM – 11:00AM**

Learn about hide tanning and its traditional teachings and stories. Lead by Three Sisters Designs, learn how animal hides are harvested and turned into leather for traditional crafts used by Indigenous people since time immemorial. (Note: animal hides used in demonstration)



*Photo submitted by  
Three Sisters Designs*

**INDOORS**

## African Beats with Walter MacLean

*Co-presented by the Afro-Canadian Caribbean Association Hamilton*

**SAT FEB 17 | 11:30AM – 12:30PM**

An interactive and participatory event, this is an afro-style drumming and percussion session with renowned musician Walter MacLean. Open to all ages—no experience required!

## Culture Mix through Music

**SAT FEB 17 | 1:00PM – 2:00PM**

Join Ahmed and Tangi, who blend Arabic, Celtic, Balkan, and Latino music as they explore their similarities and discover how each of their cultures holds unique and valuable treasures. Led by renowned musicians from the band Moskitto Bar, both kids and adults can engage with this workshop that teaches them to embrace their roots and share their gifts with others.

## Taagewinan with Cheyanne

**SUN FEB 18 | 10:00AM – 11:00AM**

A playful and interactive event where participants of all ages will learn some Ojibwe words while playing games and having fun! Join us for Bingo in Anishinaabemowin and then get moving with a round of Biinchigedaa wiigwam. Led by Cheyanne Herder, a second-language learner in Anishinaabemowin (also known as Ojibwe), who shares her passion for her language and its revitalization.





*Photo of Walter MacLean  
by Dave Pijuan-Nomura*

*Photo of  
Djennie Laguerre  
submitted by  
the artist*

## Storytelling Krick!?

*Co-presented by Centre Francophone Hamilton*

**SUN FEB 18 | 11:30AM – 12:30PM | English**

The charming Djennie Laguerre (AKA Madame Bonheur) is a fantastic Haitian storyteller who will transport her audience into the magical and wonderful world of Afro-Caribbean storytelling. The audience is engaged to participate in the story, by singing and dancing with her. It's a thrill to see adults and youth, together, clapping their hands to Haitian music beats, roaring to imitate a lion, and laughing out loud at her funny characters' misadventures.

## Contes Krick!?

*Co-présenté par le Centre Francophone Hamilton*

**DIM 18 FÉV | 13h00 à 14h00 | en français**

La charmante Djennie Laguerre (aussi connue sous le nom Madame Bonheur) transportera ses spectateurs dans le monde magique et merveilleux du conte Afro-Antillais Krik-Krak. Le public participera pleinement aux contes à travers des chants et des danses. Ce sera un plaisir de voir les adultes et les jeunes tapant les mains au rythme haïtiens, rugissant comme les lions, et riant des mésaventures des personnages hilarants, tous ensemble.

## Learn to Skate with Coach Aleef

**SAT FEB 17 & SUN FEB 18 | 11:00AM – 2:00PM**

Lace up your skates and join Aleef Mehdi on the outdoor rink for some fun in the (winter) sun! Glide through engaging, instructional games perfect for beginner skaters looking to sharpen their skills.

## Matrix Synchronized Skaters

**SAT FEB 17 | 2:00PM & 3:00PM | 5 min program**

Join the Matrix Star Teams as they perform their themed programs on the Serafini Family Ice Pad. These short presentations will inspire your kids to find their own moves on and off the ice.

## DJ Family Skate Party

**SAT FEB 17 | 3:30PM – 6:00PM**

Bring the whole family and stay warm on the ice at our outdoor DJ dance party. Expect a big mix of groovy tunes, nostalgia, and something for everyone! Grab your skates and enjoy some freestyling along to the beats of your local favourite DJ Osito.

*For outdoor events—please remember to dress for the weather and (when appropriate) bring your own skates!*

*Photo of Matrix Synchronized Skaters  
by Dave Pijuan-Nomura*



## OUTDOORS



## Procession of Light

SUN, FEB 18 | 6:00PM – 6:30PM

Bring your lantern or borrow one of ours as we stroll through the neighbourhood carrying light and hope for a brighter future for Hamilton. This walk is free and open to everyone. Follow the Hamilton Aerial Group in their illuminated costumes alongside Kanien'kehá:ken (Mohawk) two-spirit musician Nathan Muir and Tiffany Silversmith, a Six Nations Band Member from the Onondaga Nation, as they guide us through the streets of Ward 3. A dazzling multi-generational neighbourhood event!

All Frost Bites events are **FREE** and offered on a drop-in basis, first-come first-served. Space may be limited.

For more information, you can reach us via email, by leaving a voicemail, or online 24/7 at [www.hftco.ca](http://www.hftco.ca).  
**Phone:** 289-698-2234 | **Email:** [boxoffice@hftco.ca](mailto:boxoffice@hftco.ca)



“Art is not a mirror held up to reality, but a hammer with which to shape it.”

Bertolt Brecht



**NRINDER  
NANN**

WARD 3 CITY COUNCILLOR

## HFTco Staff

**Claire Calnan**

Frost Bites Director

**Christopher Stanton**

Acting Executive Director

**Franny McCabe-Bennett**

Managing Director

**Aleena Faisal**

Communications Manager

**Taija Shonée Chung**

ALERT Coordinator

**Robin Lacambra**

Safer Spaces Project Director

**Danielle Hitchcock**

Graphic Designer

## Frost Bites Team

**Kitoko Mai**

Frost Bites Associate Director

**Jordan Carrier, Nathan Muir**

Indigenous Programming Consultants

**Khaleel Gandhi**

Production Manager

**Mykola Paskaruk,**

**Rebecca Casalino**

Lantern-making Artists

**Nathan Muir,**  
**Tiffany Silversmith,**  
**Hamilton Aerial Group**  
Procession of Light Artists

**Eudes La Roche-Francoeur**  
School Program Artist

## Board of Directors

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**Charlene Chung**

**Ruth Flynn**

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Thank you to our volunteers! If you're interested in joining our volunteer team, please visit [hftco.ca/volunteer](http://hftco.ca/volunteer).

**Thank you** to Councillor Nrinde Nann and the Ward 3 Office for their support, Lou Serafini and the Serafini family, Jenna Kempf, Leigh Young, Jim Brush and the Bernie Morelli Recreation Centre Staff.