

# Hill Park Recreation Centre

305 South Bend Road East  
905-546-4920



hamilton.ca/recreation

## Fall Registered Gym and Club Programs

Starting week of September 30th, 2019

| MONDAY                              |               |               |       |         |
|-------------------------------------|---------------|---------------|-------|---------|
| Program                             | Time          | Ages          | Code  | Fee     |
| Exploring Gymnastics                | 5:30-6:00pm   | 3 to 5 years  | 28293 | \$22.32 |
| Exploring Gymnastics                | 6:00-6:30pm   | 3 to 5 years  | 28295 | \$22.32 |
| Exploring the Kitchen (with parent) | 5:00-5:45pm   | 3 to 5 years  | 28296 | \$24.39 |
| Baking                              | 6:00-7:00pm   | 6 to 8 years  | 28297 | \$33.39 |
| Badminton                           | 6:00-6:45pm   | 6 to 8 years  | 28304 | \$25.02 |
| Badminton                           | 6:45-7:30pm   | 9 to 12 years | 28287 | \$33.39 |
| TUESDAY                             |               |               |       |         |
| Program                             | Time          | Ages          | Code  | Fee     |
| Exploring Science                   | 5:00-5:30pm   | 3 to 5 years  | 28310 | \$22.32 |
| Science                             | 5:45-6:30pm   | 6 to 8 years  | 28311 | \$25.02 |
| Basketball                          | 6:00-6:45pm   | 6 to 8 years  | 28307 | \$25.02 |
| Basketball                          | 7:00-8:00pm   | 9 to 12 years | 28308 | \$33.39 |
| Pilates                             | 6:30-7:30pm   | 18+           | 28309 | \$74.25 |
| WEDNESDAY                           |               |               |       |         |
| Program                             | Time          | Ages          | Code  | Fee     |
| Healthy Cooking                     | 5:00-6:00pm   | 6 to 8 years  | 28314 | \$33.39 |
| Healthy Cooking                     | 6:15-7:15pm   | 9 to 12 years | 28315 | \$33.39 |
| Cartooning                          | 5:00-5:45pm   | 6 to 8 years  | 28317 | \$25.02 |
| Anime                               | 6:00-7:00pm   | 9 to 12 years | 28316 | \$33.39 |
| Soccer                              | 6:00-6:45pm   | 6 to 8 years  | 28312 | \$25.02 |
| Soccer                              | 6:45-7:45pm   | 9 to 12 years | 28313 | \$33.39 |
| Volleyball Level 2                  | 8:00-10:00pm  | 18+           | 28709 | \$59.13 |
| THURSDAY                            |               |               |       |         |
| Program                             | Time          | Ages          | Code  | Fee     |
| Exploring Music                     | 5:00-5:30pm   | 3 to 5 years  | 28322 | \$22.32 |
| Singing                             | 5:45-6:30pm   | 6 to 8 years  | 28323 | \$25.02 |
| Singing                             | 6:45-7:45pm   | 9 to 12 years | 28324 | \$33.39 |
| Cardio Balance and Strength         | 6:00-7:00pm   | 18+           | 28321 | \$62.28 |
| Floor Hockey                        | 6:00-7:00pm   | 9 to 12 years | 28319 | \$33.39 |
| Flag Football                       | 7:00-8:00pm   | 9 to 12 years | 28318 | \$33.39 |
| Badminton 18+                       | 7:45-9:45pm   | 18+           | 28320 | \$59.13 |
| FRIDAY                              |               |               |       |         |
| Program                             | Time          | Ages          | Code  | Fee     |
| Exploring Gymnastics                | 5:00-5:30pm   | 3 to 5 years  | 28325 | \$22.32 |
| Exploring Gymnastics                | 5:45-6:15pm   | 3 to 5 years  | 28326 | \$22.32 |
| Gymnastics                          | 6:30-7:15pm   | 6 to 8 years  | 28327 | \$25.02 |
| Sports Blast                        | 6:00-6:30pm   | 3 to 5 years  | 28328 | \$22.32 |
| Tennis                              | 6:45-7:30pm   | 6 to 8 years  | 28329 | \$25.02 |
| SATURDAY                            |               |               |       |         |
| Program                             | Time          | Ages          | Code  | Fee     |
| Sports Blast                        | 10:00-10:30am | 3 to 5 years  | 28330 | \$22.32 |
| Soccer                              | 10:45-11:30pm | 6 to 8 years  | 28331 | \$25.02 |
| Basketball                          | 11:45-12:30pm | 6 to 8 years  | 28332 | \$25.02 |
| Soccer                              | 12:45-1:45pm  | 9 to 12 years | 28333 | \$33.39 |
| Basketball                          | 2:00-3:00pm   | 9 to 12 years | 28334 | \$33.39 |
| Exploring Gymnastics                | 10:15-10:45am | 3 to 5 years  | 28335 | \$22.32 |
| Acro                                | 11:00-11:45am | 6 to 8 years  | 28336 | \$25.02 |
| Acro                                | 12:00-1:00pm  | 9 to 12 years | 28337 | \$33.39 |

### Registration Information

**Registration Date: Thursday September 12th, 2019 at 7:00 am**

Ways to Register

Online - [hamilton.ca/recreation](http://hamilton.ca/recreation)

Be sure to obtain your USERNAME and PASSWORD prior to registration day. Go to [hamilton.ca/recreation](http://hamilton.ca/recreation) or in-person at your local recreation centre



If you require this information in an accessible format, please contact [accessiblerec@hamilton.ca](mailto:accessiblerec@hamilton.ca)

