

What a parents had to say about our program:

"My son looks forward to going to class every week... He absolutely LOVES Karate!! It has been something very positive in his life, where he can be successful!"

"I had moments of nervousness, frustration and in the end: I was so proud!"

*Monday & Wednesday Nights at the Glanbrook
Arena*

(289)244-3104

www.mountainshidokan.com