

## What some parents had to say...

*"Both the kids look forward to going to class every week. They absolutely LOVE Karate!!! It has been something very positive in their lives, where they can be successful!"*

*"We Love this Dojo!"*

*"Definite overall positive impacts in my daughter's personality. Well Done! My daughter's confidence has seen the biggest improvements!"*

*"Thank you for instilling such positive growth and self-esteem in our son. We are truly grateful he was able to find Karate and we look forward to seeing him grow in his discipline".*

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**Mountain Shidokan Karate is dedicated to helping families IN-&-OUT of the Dojo. Specializing in giving the necessary skills to overcome life's little obstacles.**



Traditional



JKA Training

Don't hesitate to email, WhatsApp, fb message, IG message, write a letter, text or call for more info!