

# HWDSB

## Army Reserve Co-op Program Information Sheet

To complete the Army Reserve Co-op Program, students attend the John W. Foote Armoury. The co-op begins at 8:00 am with students being dismissed at 12:00 pm. There may be requirements outside of these hours – including overnight training at CFB Borden. Students earn three credits through ARC and may take another course through their home school. eLearning is recommended for the fourth credit. This is a paid co-op as students become members of the Canadian Forces and during the semester will become trained in Basic Military Qualifications, Basic Communications and Auxiliary Security Force.

**The Army Reserve Co-op Program consists of two main components:**

- Military Training (Co-op, PPZ3C8, 2 credits) at the Armoury and other military facilities
- Physical Training (Physical Education, PPZ3C1, 1 credit)

**HWDSB Teacher oversees the Army Reserve Co-op Program and has the following duties:**

- Complete all paperwork required for co-op, course preparations, evaluations and reporting.
- Counsel students on timetable requirements and other military co-op program issues.
- Liaison with military personnel, parents, and HWDSB employees.

*Note: 4th credit taken at student's home school or as an eLearning course.*

The Army Reserve Co-op Program gives students an opportunity to earn various SHSM requirements that may qualify towards a Specialist High Skills Major (SHSM) program a student is enrolled in at their home school as they will complete the courses and components:

- Co-operative Education (DCO 302), Physical Education (PPZ3C)
- CPR and Standard First Aid
- Advanced Training in Technique, WHMIS, fire extinguisher use, conflict resolution, navigation and safe weapon handling

To complete all the components of the SHSM, other courses are required to be completed in grade 11 and 12 at the student's home school. Students will need to contact their guidance counsellor or co-op teacher to inform them they are trying to achieve an SHSM designation. For more information Please contact:

HWDSB Army Reserve Co-op Teacher:

**Canadian Forces Recruitment Information:**

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