

We're back!

FREE Parenting  
Groups

Register  
Now

# Are you looking for support with your child's challenging behaviours?

We can help! Call to register.

## Parenting with LOVE

An 8-week group for parents of children 6 years and under.

Join us to learn about:

- Caring for yourself and your child
- Building a good relationship with your child
- Responding to your child in a calm and positive way

Date

Time

Location

Sept 29 - Nov 17, 2022

9:30 am - 12 pm

Hamilton East

Oct 11 - Nov 29, 2022

9:30 am - 12 pm

Hamilton East

Oct 27 - Dec 15, 2022

1:30 - 4 pm

Stoney Creek

## Group Triple P

A 9-week group for parents with children 2 to 6 years of age.

Join us to learn about:

- Building positive family relationships
- Encouraging behaviours you like
- Responding to challenging behaviours

Date

Time

Location

Oct 12 - Dec 7, 2022

4:00 - 6:00 pm

Hamilton Mountain



Health Connections:  
905-546-3550



Hamilton