



Week 4: September 26th-30th Monday's Activities

Story of the Week: Best Friend Trouble By: Frances Itani

<p>Belonging & Contributing</p>	<p>Would You Rather? A “Would You Rather” question is a wonderful way to engage in some critical thinking. Read the question with the child and discuss both options and invite the child to state which option they choose and why!</p> <p style="text-align: center;">Would you rather be a cat or dog?</p>
<p>Demonstrating Literacy & Math Behaviours</p>	<p>Name Scavenger Hunt! Using the letters in your name, find objects around your house that represent the sound of each letter. Write down the objects/tell a grownup the objects you have found! For Example: My name is Jacob.</p> <p>J - jar A - apple C - couch O - orange (shirt) B - book</p> <p><i>Extension: Challenge yourself to find 3 items for every letter of your name or try your last name!</i></p> <p>Tic Tac Toe Use stones, twigs or items around the home (e.g., coins, dry beans). Play a game of tic tac toe. Stop between or after the game and ask, “How many stones are there?”, “How many do we have in total?”, “How do you know?”. Play multiple times. How many times did you win? How many times did your play partner win?</p>
<p>Problem Solving & Innovating</p>	<p>Around the World : Prepare your area for play. Choose an area where there is enough space to throw or toss. Remove breakable items. Set the game up based on the space you have. You can always move closer or further away to make it easier or harder. Set up an open container like a laundry basket or box in the middle of your space. Place 5 markers or toys around it in a circle.</p> <p>Make sock balls. Roll a sock inside itself to make a ball. You can also use a paper ball.</p> <p>Play! Start at one spot and use the ball you made to shoot/toss from that spot until you get it in the basket. Move to the next spot and repeat until you make it around the world (until you get it in from every spot).</p> <p><i>Extension: Count how many shots it took to make it around the world.</i></p>
<p>Self-Regulation & Well-Being</p>	<p>Play “Head-Shoulders-Knees-Toes” to help your child learn and practice following instructions, thinking before they do an action, and staying calm/relaxed when things go wrong. Say “touch your head, shoulders, knees and toes”. Say the body part out loud when your child touches it. Do this again but in a different order (e.g., knees, head, shoulders, toes). Do this again but in a different order (e.g., toes, head, knees, shoulders). Next, say “listen to my words, touch your head” but touch your knees. Your child needs to touch the body part you said out loud “head” not knees! Try this again with a 3-5 more body parts. <i>Extension: have the child lead the game.</i></p>



Week 4: September 26th-30th Tuesday's Activities

Story of the Week: Bad for them, Good for me By: Aaron Zevy

<p>Belonging & Contributing</p>	<p>Would You Rather? A “Would You Rather” question is a wonderful way to engage in some critical thinking. Read the question with the child and discuss both options and invite the child to state which option they choose and why!</p> <p style="text-align: center;">Would you rather have a magic carpet that flies or your own robot?</p>
<p>Demonstrating Literacy & Math Behaviours</p>	<p>Musical Movement with Words Find some plain paper and cut them into cards. Write the letters of the word S U N S H I N E on them. Place them around a room with the furniture pushed aside, so there is room to move and groove when the music plays. Play music of your choice and groove. The grownup will pause the music and CALL out the sound the letter makes. Your child will find the letter that matches the sound and will stand on that letter. Repeat until you have discovered all the sounds! <i>Extension: Play again using the word OUTSIDE, UMBRELLA, ADVENTURE, etc.</i></p> <p>Number Hunt Using a newspaper, magazine and/or recyclable materials go for a number hunt. Look through the materials to search for the numbers 1 through 20. When you find a number, cut it out using scissors (or rip with your hands). Keep going until you find all 20 numbers. When you are finished the hunt put the numbers in order.</p>
<p>Problem Solving & Innovating</p>	<p>Insects I WONDER what creepy, crawly insects would look like? Can you make a sculpture of an insect with nature materials? What insect will you make? What materials will you need? While you are outside, collect materials for your sculpture. Create and share it with others in your home. Optional: research different kinds of flying bugs.</p>
<p>Self-Regulation & Well-Being</p>	<p>Sound Walk With a grownup, go on a sound walk around your neighbourhood, the local park or your yard and see how many different things you hear.</p> <p>Can you check off all these sounds?</p> <ul style="list-style-type: none"> <input type="radio"/> Kids playing <input type="radio"/> Birds chirping <input type="radio"/> Cars driving <input type="radio"/> Wind blowing <input type="radio"/> Dog barking <input type="radio"/> Footsteps <input type="radio"/> Laughter



Week 4: September 26th-30th Wednesday's Activities`

Story of the Week: The Dot By: Peter H. Reynolds

<p>Belonging & Contributing</p>	<p>Would You Rather? A “Would You Rather” question is a wonderful way to engage in some critical thinking. Read the question with the child and discuss both options and invite the child to state which option they choose and why!</p> <p style="text-align: center;">Would you rather live in a treehouse or an igloo?</p>
<p>Demonstrating Literacy & Math Behaviours</p>	<p>Musical Letters Find a few pieces of paper and something to print with. Using scissors, cut (or tear) the paper into pieces. On each of the pieces print one letter or have a grown up write the letters you tell them to. Use a mix of letters, but there is no need to use all twenty-six. In a room with a lot of space, scatter the letters. Next, you will need music (play on the tv, radio, or sing). Take turns with someone playing this game. Play the music and move and groove. Pause the music and CALL out a letter. Find the letter that is called and stand on it. <i>Extension: What is a word you can think of that starts with this letter?</i></p> <p>Name Numbers Write your name with the help of a grownup or write your name yourself. How many letters are in your name? Are there more than 10 letters? Less than ten letters? What about your second name or last name? Are there more than 10 letters? Less than ten letters? Does your first name have more letters than your second name? <i>Extension: Can you count to 10? Can you write these numbers? Can you trace these numbers? Can you count to 20? Can you write these numbers?</i></p>
<p>Problem Solving & Innovating</p>	<p>I Wonder! What questions do you have about the world? While outside with a grownup or while looking out a window inside your home, talk about what questions you have about the world? Why is the sky blue? What are clouds made of? What do you think the answers to these questions are? How could you find out? Draw a picture about your questions.</p>
<p>Self-Regulation & Well-Being</p>	<p>Play red light, green light! With a grown up, find a safe open space (e.g., a park, a sidewalk, a driveway). Stand on one side of the space. Listen to the instructions. The grown up will call out either green light or red light. For green light you will move your body towards the grown up. For red light, you will stand still. Continue until you catch up to the grown up. Take turns being the caller. Change your movement – hop, skip, crawl on a green light.</p>



Week 4: September 26th-30th Thursday's Activities

Story of the Week: When Picasso met Mootisse By: Nina Laden

<p>Belonging & Contributing</p>	<p>Would You Rather? A “Would You Rather” question is a wonderful way to engage in some critical thinking. Read the question with the child and discuss both options and invite the child to state which option they choose and why!</p> <p style="text-align: center;">Would you rather be live in the sky or under the sea?</p>										
<p>Demonstrating Literacy & Math Behaviours</p>	<p>Thumbs Up/Thumbs Down for Beginning Sounds This is a partner game that can be played with someone in your home. The grownup will read the list of words and the student will have to determine if the initial sound is the same. If it is, then it's a thumbs up. If the initial sounds are not the same, then thumbs down.</p> <p>Word Pairings:</p> <table style="width: 100%; border: none;"> <tbody> <tr> <td style="padding-right: 20px;">Map/Nap (down)</td> <td>Book/Read (down)</td> </tr> <tr> <td style="padding-right: 20px;">Apple/Alligator (up)</td> <td>Climb/Clap (up)</td> </tr> <tr> <td style="padding-right: 20px;">Light/Sound (down)</td> <td>Brown/Down (down)</td> </tr> <tr> <td style="padding-right: 20px;">Turtle/Talk (up)</td> <td>Stick/Stamp (up)</td> </tr> <tr> <td style="padding-right: 20px;">Bed/Bike (up)</td> <td>Play/Plane (up)</td> </tr> </tbody> </table> <p>Estimation Takes Practice! During snack or lunch time try and make an estimate with a handful of food (e.g., raisins, beans, cereal, rice). What was your guess? Write that number down or tell a grownup. Now try to count to find out how close you were! How close was your estimate? Which number was bigger? How do you know? <i>Extension: Try estimating with something bigger! For example: a bowl full of Lego or eggs or twist ties.</i></p>	Map/Nap (down)	Book/Read (down)	Apple/Alligator (up)	Climb/Clap (up)	Light/Sound (down)	Brown/Down (down)	Turtle/Talk (up)	Stick/Stamp (up)	Bed/Bike (up)	Play/Plane (up)
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<p>Problem Solving & Innovating</p>	<p>Build a Fort Using different items around the home (e.g., pillows, table, couch, sheets) build a fort. Some prompting questions for the grownup to ask during and after the build. How big can you make your fort? How many rooms does your fort have? How many entrances? What is the name of your fort? Who is allowed in your fort?</p>										
<p>Self-Regulation & Well-Being</p>	<p>Guess Who? This game involves guessing what the other person is pretending to be. Ask the child to choose an animal (but not say what they chose). Ask the child to think about the way the animal moves. Encourage the child to move like the animal they have chosen. Try and guess what the animal is. Take turns to move like different animals. Ask each other questions to help you guess. Try playing the game using different people you know, fruits and vegetables, places, rooms in the home.</p>										



Week 4: September 26th-30th Friday's Activities

Story of the Week: He Came With the Couch By: David Slonim

<p>Belonging & Contributing</p>	<p>Would You Rather? A “Would You Rather” question is a wonderful way to engage in some critical thinking. Read the question with the child and discuss both options and invite the child to state which option they choose and why!</p> <p style="text-align: center;">Would you rather have butterfly wings or a horse tail?</p>
<p>Demonstrating Literacy & Math Behaviours</p>	<p>Clues, Clues, Clues! Gather 10 items from around your home and hide them under something like a towel (e.g., a spoon or a toy). For each item, clap the syllables, say something that rhymes, tell what sound it starts with and what sound it ends with and stretch out all the sounds. See if you can give clues about each object to someone in your home. Are they able to guess your hidden objects?</p> <p>Math Walk and Talk Go for a walk around the neighbourhood with a grownup and look for math all around you! Pay attention to things in nature, architecture and what’s in the sky and on the ground! Some examples could be:</p> <ul style="list-style-type: none"> • Find a pattern • Find something symmetrical • Find a collection of things and compare them - find some things that are bigger/smaller/the same size • How many? Count them, then find a different way to count them • Did you find a numeral or some digits?
<p>Problem Solving & Innovating</p>	<p>Let’s Play! Using a basket, box, or a bag collect a variety of items in your home that are of interest to you. With a grownup check in cupboards, drawers, and closets. Some examples could include; sheets, towels, face cloths, blankets, napkins. These items could be used for building forts or dressing up. Bowls, baking tins, eating utensils, mixing and serving utensils, funnels, sieve, canning jar rings, elastics, and aluminum foil. These items could be used for kitchen or cooking play. Add water for mixing and pouring. Add rags for cleaning play. Provide lots of uninterrupted time for the child to engage with the items. You might ask “do you have any ideas about how we might begin?”, “tell me about your...”, “I wonder what would happen if you tried ...”, “how could you make that? (taller, wider, longer)”, “how does that water sound when you pour it?”, “what did you find out when you put ____ in the water?”.</p>
<p>Self-Regulation & Well-Being</p>	<p>The Five Senses Seeing, hearing, smelling, tasting, touching, and feeling are the five senses. We use these five senses to learn about the world and what is happening around us. Take a walk around your home (inside and/or outside). What do you notice? What can you hear? What can you smell? What can you touch?</p>