



Week 2: September 12th-16th

Monday's Activities

Theme: Screentime

Story of the Week

[Jack and the Zombie Box](#)

Jack is your typical 3 year old boy who has an imaginary friend named Uncle Bug. After messing up the kitchen, Jack's dad is given the task of distracting his son while his mom cleans up the mess. To occupy Jack, he plays a DVD of his childhood favorite cartoon. Jack becomes obsessed with the show and his obsession begins to drive his entire family crazy.

Let's Explore Literacy

Media Literacy:
Persuasive Language in Social Media

Watch this video
<https://www.youtube.com/watch?v=YG1FfC8vpeY>

What are the 5 major persuasive techniques social media markets regularly use? Find an example of each.

Let's Explore Math

How much time do you spend on screens each day? Each week? Setup a journal to capture the time of day and amount of time spent on screens for the next week. Ask any friends or family members if they want to participate. Today's task will be to setup the data entry chart. What rows and columns are needed? Use paper and pencil or use a computer program like Excel.

Let's Explore Art and Movement

Song writing

Choose your favourite song. Listen to the track and the lyrics. Practice your songwriting skills by substituting your own lyrics into the song.

This allows you to compose original and personally significant song lyrics. Share your new song with a friend!



Week 2: September 12th-16th Tuesday's Activities

Theme: ScreenTime

Story of the Week

[Jack and the Zombie Box](#)

Let's Explore Literacy

Every advertisement campaign begins with good descriptive writing. Sometimes, companies will try to compare their product to another and put the other product in a negative light. This is your chance to do the same thing!

Good descriptive writing includes many vivid sensory details that paint a picture and appeals to all of the reader's senses of sight, hearing, touch, smell and taste when appropriate.

Descriptive writing may also paint pictures of the feelings the person, place or thing invokes in the writer.

Task: Write a description of How to Make the Most Disgusting Sandwich in the World (base it off a real fast food sandwich)

Be sure to include:

- Step-by-step instructions
- Descriptions of the 5 senses

Let's Explore Math

After the first day of recording your screen time, complete the following:

1. How many total minutes did you spend on screens?
2. What type of screens?
3. What percentage of your waking day was on screens?

Let's Explore Art and Movement

Do each of the following exercises for 1 minute. Count how many times you are able to safely do the exercises below. Record your numbers using the chart. Remember to take a rest between exercises and drink water. Ask members of your family or friends to join in and have a friendly competition! Start your timer and go!

- Pushups
- Situps
- Burpees
- Jumping Jacks



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Wednesday's Activities

Theme: ScreenTime

Story of the Week

[Jack and the Zombie Box](#)

Let's Explore Literacy

As a literary device, mood is the emotional feeling or atmosphere that a work of writing evokes in the audience. We can see examples of mood in everyday life through advertisements. Marketing strategies try to make customers think about how much happier they will be when they have the product:

- Disneyland: The happiest place on earth.
- Coca Cola: Open happiness
- McDonald's: I'm lovin' it
- Holiday Inn: Pleasing people the world over
- KFC: Finger lickin' good

Choose 10 of your favourite brands, but similar to the activity on Tuesday, create an "anti-slogan", putting the brand in a negative light in the way that a competitor might.

To see an example of this, consider the [artistic exhibit by artist Banksy called "Dismaland"](#).

Let's Explore Math

Using either pencil/paper or Excel, create a table with all of the answers from yesterday's questions. Using the data from the table, create a pie chart or bar graph displaying the data. Do you notice any trends? Create tables and graphs for any friends or family that are participating with you.

Let's Explore Art and Movement

Juggling

Give juggling a try! It combines, hand-eye coordination, persistence and a sense of adventure. You can use tennis balls, hacky sacks or even a rolled-up pair of socks. You can even start with tissues or small scarves. This is a great skill to practice outside! Watch the video below to learn the basics of juggling.

Click >> <https://video.link/w/wderc>

Keep practicing 10 mins every day. Pretty soon you will master it!



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Thursday's Activities

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Let's Explore Literacy

Word work:
Vocabulary studies:
Define the following words:

- Receding
- Disarming
- Imprudent
- Surmounted
- Diverting
- Protruding

Write a poem or short story including the words above. Use a theme of screentime or social media.

Let's Explore Math

People are lining up to get the new iPhone. The security at Best Buy want them in a specific formation to ensure that the number of people is easy to count. She tries different formations:

The problem is that when they line up in twos there is 1 left over.
When they line up in threes there are 2 left over.
When they line up in fours there are 3 left over.
When they line up in fives there are 4 left over.
When they line up in sixes there are 5 left over. When they line up in sevens there are no people left over. How many people are lined up for the iPhone?

Let's Explore Art and Movement

McMaster Museum of Art Sculpture Garden
Look at the image of the sculpture below created by George Burton Wallace called "Man Releasing Eagles" click the link for a video tour
> <https://www.youtube.com/watch?v=2aa7PriTOOQ>

This statue captures the instance between release and freedom. Answer the following question about the sculpture.

- What objects do you see in the work of art in front of you?
- What is going on in this work of art? Share whatever you see happening, no matter how small.
- Describe how you might feel if you were the person releasing the eagles?
- How would you feel if you were one of the eagles?
- How does the artist capture the concept of freedom? Write a paragraph explaining what freedom means to you.



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Let's Explore Literacy

Listen to Lupe Fiasco's song [The Instrumental](#).

1. What are your 3 favourite lines?
2. What is Lupe talking about when he mentions "the box"?
3. What text to self/text/world connections can you make? Explain it in detail.

Let's Explore Math

Complete an entry for each day in your table for screen time and sum up the results. Create a graph or chart that represents the entire week. What conclusions can you draw? What recommendations might you give yourself? For any of your friends and family participating in your study, provide the same for them.

Let's Explore Art and Movement

A labyrinth is a pattern of pathways that weave in a circle around a central point. You walk through the pathways to get to the center. Labyrinths are about the journey. They can be calming, as they slow you down while you wind your way through the path. Try creating your own Finger Labyrinth. Click on the link to download a PDF >>
<https://www.relax4life.com/download-paper-finger-labyrinths/>