



First Week of School: September 6th-9th Wednesday's Activities

Theme: Off to a Good Start

Story of the Week

[Quickest Kid in Clarksville](#),

That's the day before the big parade. Alta can only think about one thing: Wilma Rudolph, three-time Olympic gold medalist. She'll be riding on a float tomorrow. See, Alta is the quickest kid in Clarksville, Tennessee, just like Wilma once was. It doesn't matter that Alta's shoes have holes because Wilma came from hard times, too. But what happens when a new girl with shiny new shoes comes along and challenges Alta to a race? Will she still be the quickest kid?

Let's Explore Literacy

Read the article entitled, ["World Leaders Mark Pandemic Anniversary"](#)

- Before you look it up, what does the word "pandemic" mean to you? Now, look up its definition. Was it exactly as you thought, or are there some differences between the actual definition and your understanding of the word?
- Leaders around the world talked about the sacrifices everyone has made during the last year. How has your life changed because of the pandemic? What things do you look forward to doing once pandemic restrictions are lifted? What are you grateful for? What do you miss? Record your answers using pen and paper, a word doc or a recording.

Let's Explore Math

Minecraft Steve wants to begin the school year on a good note so he decides to pump it up! The new workout schedule includes 20 pushups for every 15 jumping jacks. How many pushups will Minecraft Steve do for each of these groups of jumping jacks?

30 45 60

What is the ratio in each situation?

Let's Explore Art and Movement

Minecraft Steve's workout includes 20 pushups for every 15 jumping jacks. What other exercises could they include? Create a workout schedule for yourself and try it out today. Try and include a variety of exercises, including Minecraft Steve's pushups and jumping jacks (adjust the numbers to suit you)



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Let's Explore Literacy

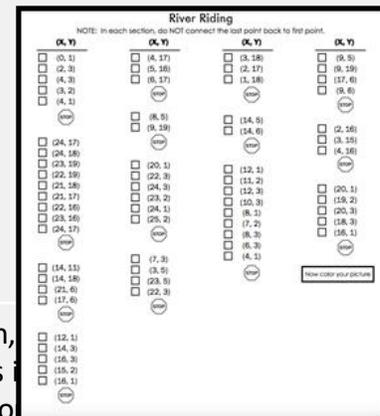
Many kids spent a lot of time this summer and this past year playing video games.

Read the article entitled, "[Big Question: Is Gaming Good for Kids?](#)"

Choose an argument or claim from the text, either made by the writer or by someone referred to by the writer. Summarize the argument or claim, and then explain why you agree or disagree with it. Support your position with evidence from the text.

Let's Explore Math

Print off this [grid paper](#) or create your own grid (20 units high and 25 units wide) and graph the following points. What do you see?



Let's Explore Art and Movement

Using 2 dice try to complete as many rolls as you can, in 20 minutes. Feel free to change or modify the exercises in this space. Encourage a sibling, peer, or caregiver to join you – so your partner is easier (and more fun). Take breaks when you need them, and don't forget to drink lots of water! If you roll...

1. Do 10 squats
2. Do 30 jumping Jacks
3. Do a 25 second wall sit
4. Do a 20 sit ups
5. Touch your toes 10 times
6. Do forward arm circles for 30 seconds
7. Do backward arm circles for 30 seconds
8. Do 10 squats
9. Do 5 push ups (knee push-ups and wall push-ups count!)
10. Do high knees for 30 seconds
11. Stretch for 30 seconds.



First Week of School: September 6th-9th Friday's Activities

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Story of the Week

[Quickest Kid in Clarksville,](#)

Let's Explore Literacy

Building a new year requires building a good foundation, just like when you make a new building.

Read the science-based article entitled, "[Building Sustainable Cities with Wooden Skyscrapers](#)".

Choose a problem (and solutions) described in the text. Explain what the problem is and why it matters, using examples, facts, and details from the text. If possible, describe any solutions proposed in the text.

Let's Explore Math

An important skill in algebra is being able to translate words into math symbols. For example: A number increased by 6 would translate into $n + 6$.

Using variables, write mathematical expressions for the following. Use different variables for each expression.

1. A number: _____
2. A number tripled: _____
3. A number is decreased by seven: _____
4. Three larger than a number: _____
5. Eighteen increased by a number: _____
6. A number subtracted by another number: _____
7. Three times a number: _____
8. A number is divided by 15: _____
9. A number less than twelve: _____
10. Three consecutive numbers: _____

Let's Explore Art and Movement

Nothing is better for your mental health than getting exercise outside in the fresh air. Unplug and go for a walk around your neighbourhood. Try to keep your pace nice and brisk to get your heartrate up. Start out with 30 minutes and see if you can increase the time each day. If going outside is not an option, try putting on your favourite songs and dancing in the living room for 30 minutes.