



First Week of School: September 6th-9th

Wednesday's Activities

Story of the Week: Boomer Goes To School By: Constance McGeorge

<p>Belonging & Contributing</p>	<p>All About You! Looking at a photo of yourself (or look in a mirror) notice all the great things about you. Share with someone in your home what makes you special and unique. Can you draw a picture of yourself? Add your name to your picture. <i>Extension: Label your picture (e.g., smile, hair, arms, feet etc.)</i></p>
<p>Demonstrating Literacy & Math Behaviours</p>	<p>Stick Letters While exploring outside, collect sticks. Can you find sticks that look like letters? Can you arrange the sticks to make letters? Can you make words with the sticks? In your home, you could use pencils, markers, straws, Lego pieces, game pieces from other games. <i>Extension: Make a letter. Can you make the letter that comes before that letter in the alphabet and then the letter that comes after it?</i></p> <p>Nature Numbers During your time outside or from a window in your home, count how many of something you can see. For example: I see 3 birds; I see 4 tires; I see four doors, I see 2 trees. <i>Extension: Draw a picture of what you saw on your walk. Write the number of items beside your picture.</i></p>
<p>Problem Solving & Innovating</p>	<p>Ripped Paper Art With a grownup, look through the recycle bin for clean grocery store flyers and cardboard boxes (e.g., cereal, crackers, or other snacks). Collect several of each to create art. First, rip the paper up into various shapes. Then, create a picture using the pieces of paper. <i>Ask: Tell me about your art. What colours did you use? Can you mix it up the pieces and create a different picture? Which one did you like better? Why?</i></p>
<p>Self-Regulation & Well-Being</p>	<p>Calming Bin Sensory tactile (touch) bins are great ways to provide an overall calming for some children. One tool that could be used for a sensory break during the day is a calming bin. Fill a shoebox, baking dish, empty plastic container or the kitchen sink with a variety of items to explore and move hands through. Some examples could be water and dish soap, mixing water and sand/dirt (what does that feel like?). Add items (e.g., spoons, cups, small toys) to scoop, pour, and fill. You might ask questions during play: Which container holds more water? Why do you think your mud cakes didn't hold their shape? What did you find out when you added water to the sand?</p>



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Story of the Week: Big or Little? By: Kathy Stinson

<p>Belonging & Contributing</p>	<p>All About You! Using paper and pencil/coloured pencils (or markers) create an all about you page by answering the following questions: What is your name? How old are you? How many people are you in your family? Do you have any pets? What is your favourite food?</p>
<p>Demonstrating Literacy & Math Behaviours</p>	<p>Let's Play Bang! Customize your own word game. Write down 10 words that the child knows and 5 words that they do not know (they can be family names, sight words, etc.). Here's what you'll need: an empty container, some blank pieces of paper cut into cards, and some markers. Write down the 15 words on little cards. You'll also want to make up a few cards with the word "BANG!" on them.</p> <p>How to Play Bang!</p> <ol style="list-style-type: none"> 1. Players take turns reaching into the container and pulling out a card. If they can read the word aloud correctly, they get to keep the card. If the player is incorrect, the card goes back into the container. 2. Continue taking turns, reading and collecting correctly answered cards. 3. If you pull out a BANG! card, you must put your whole pile of cards back into the container! 4. At the end of a specified length of time, whoever has the most cards is the winner! <p>Eye Spy Shape Detective</p> <p>With someone in your home, go for a walk (inside or outside). Take turns searching for an object that you can see and have the other person guess what you are looking at. You might say "I spy with my little eye something that is" a circle/square/rectangle/triangle. Count how many different shapes you found. Extension: Draw a picture using only triangles, circles, and rectangles. How many triangles/circles/rectangles did you use in your drawing?</p>
<p>Problem Solving & Innovating</p>	<p>Sorting</p> <p>Think of different objects in your home that could be sorted into categories. For example: toys, laundry, cutlery, groceries. Make a pile and ask how could they be sorted? For example, how would you sort your clothes? (e.g., pants, socks, shirts). How would you sort your toys? (e.g., plastic, wood, characters, vehicles). Can you sort in another way? Ask: Why is it helpful to sort objects in different ways?</p>
<p>Self-Regulation & Well-Being</p>	<p>Quiet Corner</p> <p>A quiet space is a great way to limit auditory (noise), visual (what we see), and other sensory inputs (touch, smell) so that a child can regroup and calm their body. Can you build a quiet space in your home? This space could be a corner with some pillows, a canopy made from a sheet, or a desk/table with blankets. Add a favourite stuffy, toy, or something that helps the child feel calm or comforts them when they are upset. In moments when the child is feeling upset, sad, frustrated, or just wants alone time, they can go to this space and use it to help them feel better.</p>



First Week of School: September 6th-9th Friday's Activities

Story of the Week: B. Bear and Lolly: Off to School By: A.A. Livingston

<p>Belonging & Contributing</p>	<p>Make a list! Discuss with someone in your home some of your favourite things. You might take turns sharing your favourite things. Examples could be favourite food, sport, book, colour, animal etc. Can you make a list of your favourite things? Can you draw one of your favourite things?</p>
<p>Demonstrating Literacy & Math Behaviours</p>	<p>Words in My Home Let's go on a word search! Look for 5-10 objects in the home that have writing (words) on it. For example: a ketchup bottle, soup can, flyer, book, or a newspaper. Using a pencil and paper, write down the letters and/or words you see on each object or point to the letters you know.</p> <p>Exploring Circles! Go for a hunt around your home and find items to practice tracing circles on paper. Some items could be masking tape, cups of different sizes, paper towel tubes, container lids. Practice drawing circles. Discuss how the circles are the same and different. How many circles did you draw? <i>Extension:</i> Look for other items around your home to practice drawing shapes (e.g., square, rectangle). Can you name the shapes? Label the shapes? Write down the number of shapes (e.g., I can draw 4 squares)? Can you build with all the items you collected? Tell someone about what you created!</p>
<p>Problem Solving & Innovating</p>	<p>Helping A Friend Your friend has lost their favourite toy. How will you help them to find it? How will you help them to feel better? <i>Extension:</i> An adult in your family asks for your help to bake a cake. What do you know about baking? How could you help them? Draw a picture to show your thinking.</p>
<p>Self-Regulation & Well-Being</p>	<p>The Guessing Game Look for 5-10 different objects around your home (inside or outside). One at a time put them into a bag, basket, box, or backpack. Guess what is in the bag by asking questions; Is the object hard or soft? big or small? What shape is it? Can you eat it? Can you smell it? Are you able to figure out what it is? <i>Extension:</i> Change roles! Have the child look for the objects and place them in the bag, basket, box, or backpack. Now switch roles and ask the questions and guess.</p>