

## Volunteer as a Roots of Empathy Instructor! Seeking volunteers for an exciting opportunity for the 2022-23 school year!



Roots of Empathy is an evidence-based program that has shown significant effect in reducing levels of aggression, including bullying, among elementary school children while raising social and emotional competence and increasing empathy.

Listen to our Roots of Empathy Instructors share their experiences on our website HERE.

"As a school principal and Roots of Empathy Instructor this is a valuable combination as I am able to deliver the program and create a culture of caring throughout my Roots of Empathy classroom and school with opportunities to build upon the themes all year long. Relationships are enhanced with students, staff, and families which is integral to an inclusive school community." - Instructor and Principal, Okanagan Falls Elementary, BC

## "Roots of Empathy is about changing the world, child by child."

Mary Gordon, Founder/President Roots of Empathy Instructors attend a 4-day in-person training. Three days at the beginning of the school year and a fourth day mid-way through the school year.

•Programs are delivered by the trained Instructor in

their local community school starting in the fall and going to the end of the school year.

•All Instructors are matched with a volunteer family, a classroom of students and their teacher and a ROE Mentor who will support them in and out of the classroom.

•All candidates are encouraged to apply, however experience with children is an asset.

To find out more about what's involved, please go to our website:

www.rootsofempathy.org and click on Participate

For more information please contact: Lisa Kiriakopoulos - lkiriako@hwdsb.on.ca