

HWDSB



Hello HWDSB students!

We're so excited to be releasing the brand-new Student Voice Survey. Let us quickly introduce ourselves. We're Aisha and Deema, the HWDSB Student Trustees for the 2021-22 year. We are your representatives at the Board table; we participate in discussions with the Board of Trustees, share the concerns and feedback of students, and facilitate the Student Senate. Student Senate is a leadership group made up of representatives from every HWDSB school. This year, the Secondary Student Senate has worked to create a survey that will give every student a platform to share their voice on the issues that matter to us.

The Student Voice Survey has four sections: About You, Student Well-Being, Equity and Inclusive Spaces, and Communication. The purpose of this survey is to gather feedback on the mental health resources that HWDSB students would like to see, how we can create equitable learning environments, and determine the best ways to communicate with and reach students.

This survey will serve as the foundation for HWDSB's Mental Health Strategy for the next three years and determine the priorities of the Student Senate. The survey will open on May 16, 2022 and close on May 27, 2022. Although this is a survey created by students, the responses will be stored and analyzed by HWDSB's Research and Analytics Department.

We created this survey because we've been exactly where you are. We all deserve to have our voices heard and make the change that we want to see.

This survey is completely voluntary and all responses will be anonymous. You can skip any questions you don't feel comfortable answering. If you have any questions about the survey content or purpose, don't hesitate to contact us! Thank you so much for your time and we can't wait to hear from you!

Aisha Mahmoud and Deema Abdel Hafeez, 2021-22 HWDSB Student Trustees at StudentTrustees@hwdsb.on.ca



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The first set of questions are about student well-being and mental health. We want to hear directly from you about the mental health resources that you're familiar with, the aspects of school that might negatively affect your mental health, and how we can improve student well-being at HWDSB.

What aspects of school typically give you stress or negatively affect your mental health? (Select all that apply)

Academics (assignments, tests, exams, class environment, etc.)

Social aspects (lunch, spending time with classmates, group settings, etc.)

Extracurricular (clubs, sports teams, etc.)

Other (please specify)

On a scale of 1-5, how familiar are you with the mental health resources available at your school?

	1	2	3	4	5
	Not at all familiar	Slightly familiar	Somewhat familiar	Moderately familiar	Extremely familiar
Familiarity with mental health resources	0	0	0	0	0

Can you name some of the mental health supports that you're familiar with?

Have you used the mental health supports available at your school?

Yes

No

If you answered yes to the previous question, how would you rate the quality of the mental health supports you received?

	1	2	3
	Not helpful	Somewhat helpful	Very helpful
Quality of mental health supports	0	0	0

What would make you more inclined to use the supports offered at your school?

What resources would be helpful to you that don't already exist?

Positive culture and well-being exists when all members of the school community feel safe, included and accepted. This is built through supportive relationships. Tell us how often you think...

	Never	Rarely	Sometimes	Often	Always
Your school exhibits positive culture and well-being	0	0	0	0	0

Mental health needs of students are supported in your school



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The second set of questions are about inclusive environments and representation in school. Let us know what

it takes to create a school environment where every student feels safe, accepted, and supported.

In your opinion, what contributes to an inclusive school environment? (Select up to three)

- Safe, caring and understanding adults that you can trust in school
- Having a safe space to go to when needing support
- Opportunities to interact with like-minded peers (clubs, team, support groups, etc .)
- Positive student culture
- Having appropriate staff support when concerns and hardship arise
- Accommodations to students pursuing a variety of pathways
- Normalization of diverse identities
- Seeing representation of your identity within your schools
- Finding representation of diverse identities within material, conversations and events at school
- Other (please specify)

How well do you feel your identity is represented in your school environment (e.g., people, curriculum, learning materials, etc.)?

- Never represented
- Rarely represented
- Sometimes represented
- Often represented
- Always represented



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What is the best way for you to learn about resources that are offered through HWDSB? (Select up to three)

School email

School website

Social media

Posters at school

School announcements

From classroom teacher

From peers

Other (please specify)

How did you hear about this survey?

School email

School website

Social media

Posters at school

School announcements

From classroom teacher

From peers

Other (please specify)



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Finally, we want to ask some questions about you and your identity. A reminder that this survey is 100% anonymous and you can skip any questions you don't feel comfortable answering. We understand that every

student experiences school differently and may have access to different resources. It's important that we recognize patterns based on a student's identity to address inequity when working to improve mental health support.

Please choose your school from the list:

What grade are you in?

How do you describe your gender?

Female

Male

Nonbinary (e.g., they, demigirl, demiboy, bigender , pangender, gender fluid, etc.)

Agender

Questioning

Prefer not to answer

My gender identity is not listed above

Do you identify as Two Spirit or part of the LGBTQIA+ (lesbian, gay, bisexual, trans, queer or questioning, intersex, agender, etc.) community?

Yes

No

What racial group(s) best describe you?

Black (e.g., African descent, Afro-Caribbean, African-Canadian descent)

East Asian (e.g., Chinese, Korean , Japanese, Taiwanese descent)

Indigenous (e.g., First Nations , Metis , Inuit descent)

Latino/Latina/Latinx (e.g., Latin American, Hispanic descent)

Middle Eastern (e.g., Arab , Persian, West Asian descent)

South Asian (e.g., East Indian, Pakistani , Bangladeshi , Sri Lankan, Inda-Caribbean, etc .)

Southeast Asian (e.g., Filipino, Vietnamese, Cambodian, Thai, Indonesian, PaciAc-Islander, etc.)

White (e.g., European, Slavic descent)

Not sure

Prefer not to answer

Another race category not listed here

Do you live with any of the following conditions? (Select all that apply)

Mental health (e.g., anxiety, depression , OCD, ODD, substance use, etc.)

Neurodiversity (e.g., ADHD , ADD , autism, dyslexia, learning disorder, etc.)

Physical health (e.g., asthma , diabetes, epilepsy, hearing, sight, memory, pain, etc.)

Not sure

Prefer not to answer

I do not have any of these conditions

Do you consider yourself to be a person with a disability?

Yes

No

Not sure

Prefer not to answer

Do you have any additional comments, questions or concerns related to the topics covered in this survey?

