



## Week 5: February 7th- February 11th Monday's Activities

Self Assessment: After each day, give your self two stars and a wish!

Stars: something you did well or are proud of

Wish: a way you can improve your work tomorrow

### Story of the Week



**Story of the Week:** Enjoy listening to and reading along with our weekly story [Little Book of Big Fears](#)

### Let's Explore Literacy

#### Phonological Awareness

There are many rhyming words in the story Little Book of Big Fears. We meet lots of children who are afraid of a lot of different things. Say each of the words below out loud. Can you think of rhyming words? Make a chart and write as many rhyming words as you can think of. You can write nonsense words too (e.g., raccoon, caccoon).

raccoon	under	mall	snakes	light

**Extension:** What is something you are afraid of? Write 3-5 sentences and draw a picture.



### Explore Math

#### Adding and Subtracting!

Number sentences show how numbers can go together to make a new number (e.g.,  $3+5=8$ ,  $10-2=8$ )

Create number sentences to make the following numbers:

9	8	15	5
5 + 4 10 - 1			

**Extension:** Solve the following number sentences..

$16-3=$

$30-7=$

$20-5=$

$38-10=$



### Let's Explore Art and Movement

#### Visual Arts

Some art is not permanent. It changes with the weather (e.g., ice or sand sculptures). What art have you seen or created that lasted for a short time? What could you create today that might not be there tomorrow, or in a few weeks? Try and create it!

**Extension:** On a piece of paper, draw a picture of the four seasons in Canada. Fold the paper in half two times so there are four sections. Draw an outdoor scene that shows the four seasons in Canada.





## Week 5: February 7th- February 11th

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### Let's Explore Literacy



#### Phonics

What does /ing/ say? What does /ight/ say? Say them out loud!

Create a chart and challenge yourself to make a list of words that end with *ing* and *ight*. Aim for 5-10 words in each column:

Words that end with the sound...	
ing	ight

**Extension:** Pick a word(s) from each column and put them into sentences. **Bonus:** Look for these words in the books you read today.

### Let's Explore Math



#### Measurement

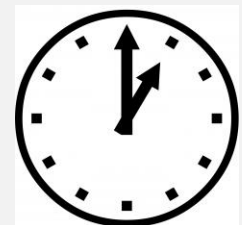
How would the following actions be measured? In seconds, minutes, hours, or days?

- Counting to ten
- Brushing your teeth
- Reading a short picture book.
- Watching a TV show
- Playing at the park
- Sleeping
- Watching a movie

#### Extension:

Draw a clock. Show the following times on your clock.

2:30	5:30	10:00
1:00	7:00	8:30



### Let's Explore Art and Movement



#### Movement- As if

Stand in an open space. Try and do each activity for 10-15 seconds.

- jog in place **as if** a big scary bear is chasing you
- walk forward **as if** you're walking through chocolate pudding
- jump in place **as if** you are popcorn popping
- reach up **as if** grabbing balloons out of the air
- march in place and play the drums **as if** you are in a marching band
- paint **as if** the paint brush is attached to your head
- swim **as if** you are in a giant pool of Jell-O
- move your feet on the floor **as if** you are ice skating
- shake your body **as if** you are a wet dog

**Extension:** Can you create your own sentence and ask a family member to try it out? Draw your favourite action.



## Week 5: February 7th- February 11th Wednesday's Activities

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### Let's Explore Literacy



**New Words Wednesday!** This week in our read aloud The Little Book of Big Fears, we learn a lot of new words. Listen to the story again. Here are some fun words we learned in this story: recoiled, petrified, replacement, and horrified. Before you read below, what do you think these words mean? Talk about these words with your caregiver.

*(Recoiled- means moves away from something, Petrified and Horrified both mean very scared, Replacement- means to take another object's place)*

**Making Small Words Out of Big Words:** Make the chart below and challenge yourself to use the letters in each word to make new words.

recoiled	petrified	replacement	horrified
lie	pet	cat	hid

**Synonym Switch:** Challenge yourself to think of three synonyms (words that mean the same) for each word from the story:

Synonym Switch			
horrified	petrified	replacement	recoiled

**Extension:** Put these words into sentences or draw pictures to show what these words mean

### Let's Explore Math



**Patterning:** Be a pattern detective! Walk around your home or outside. Do you see any patterns? Draw a picture of them or describe them.

**Extension:** Number patterns can change by getting bigger (increase) or getting smaller (decrease). How do these number patterns change?

*E.g., 2, 4, 6, Answer: This number pattern increases by two each time.*

- 3, 6, 9, 12, etc.
- 25, 20, 15, 10, etc.
- 100, 90, 80, 70, etc.

### Let's Explore Art and Movement



#### Happy Me, Sad Me

Fold a piece of paper in half. On one side, draw a picture of what you look like when you feel happy. On the other side, draw a picture of what you look like when you feel sad. Can you use colours to show these feelings?

**Extension:** Our faces can show how we feel and so can our bodies. How can you show a happy body? What might a sad body look like? Play a mirror game. One person makes a happy body and the other person makes their body look the same. Repeat this again for sadness and any other feeling or emotion you might think of (e.g., fear).



## Week 5: February 7th- February 11th Thursday's Activities

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### Let's Explore Literacy

**Think about it Thursdays.** What is something you are afraid of? What child could you connect with in this story? What is a fear that you don't understand? Which picture was your favourite?

Now that you have listened to the story a few times, **retell the story to someone in your home.** Did you like the ending of the story? Is there anything you would change about the ending if you were the author? Share your thinking with someone in your home.

**Challenge:** Read a book that you have in your home or choose a book from [www.uniteforliteracy.com](http://www.uniteforliteracy.com). What is your favourite part of that book? Draw a picture and write 3-5 sentences about why it was your favourite part.



### Let's Explore Math

**Number Detective!** Using a hundreds chart, be a detective and find the following numbers: *E.g., I am greater than 10. I am less than 20. I have five ones. Answer: 15*

1. I am greater than 20. I am less than 30. I have six ones.
2. I have two digits. I have 8 tens. I am one bigger than 85.
3. I have 5 tens. I am bigger than 56. I am less than 58.
4. I have three digits.

**Extension:**

Solve these questions:

$$2 \times 3 = \quad 10 \times 3 = \quad 2 \times 4 =$$

$$3 \times 5 = \quad 5 \times 5 = \quad 5 \times 6 =$$



### Let's Explore Art and Movement

#### Silly Drawing

Spark your imagination and get your creative mind working:

- draw a squirrel roasting a marshmallow
- draw a cat chasing a dog
- draw a shark eating a cupcake
- draw a mouse riding a motorcycle
- draw a chicken jumping out of a plane
- draw a dinosaur crying
- draw a person with donuts for eyes
- draw a banana in pajamas

**Extension:**

Create your own silly drawing idea and write it down for someone else to try.





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### Let's Explore Literacy



#### Let's Talk About It!

Using the picture provided, share a story about what is happening with someone in your home. Use the following questions to add supporting details to your story: What/Who do you see? What happened before this picture was taken? What do you think will happen next?

**Writers Workshop:** On a piece of paper, write out the story that you just shared!

#### Writing Checklist:

When I am writing, I am working on...

- finger spaces between my words
- uppercase letters at the beginning of my sentence
- punctuation at the end of my sentence (e.g., !, ., ?)
- sounding out words I don't know how to spell
- spelling high frequency words correctly in my sentences (and, to, you, like, am, etc.)
- adding detail to my sentences



### Let's Explore Math



#### Geometry

Look at this picture and answer the following questions:



How many circles are there? How many triangles? How many rectangles?

How many sides? How many vertices?

What is the biggest shape you see? What is the smallest shape you see?

**Extension:** Draw a picture using only 2-D shapes. Can you draw a 3-D shape? Can you list the names of 3-D shapes?

### Let's Explore Art and Movement



#### Movement-Serve It Up

##### You need:

- sock ball, paper ball, foil ball, etc.
- Post-it notes or paper; marker
- An area to play in

##### How to Play:

- play on the stairs (if allowed)
- place a numbered Post-it note on each stair (or tape a paper)
- from the bottom of the stairs, strike your sock ball or paper ball with an open hand
- Try to have your object land on a stair

##### Challenge:

**How many points can you win with 5 serves/strikes?**

##### No stairs?

- play over a line
- paper with numbers on the floor for points