

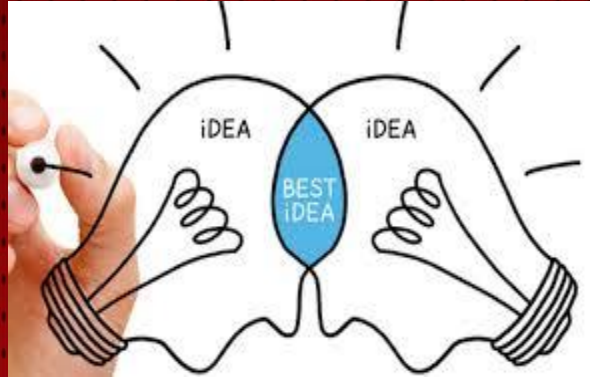
Tapleytown Hockey Canada Skills Academy



HCSA Promo Video

For a video presentation on the highlights of the HCSA please visit
<https://tinyurl.com/TapleytownHCSA>

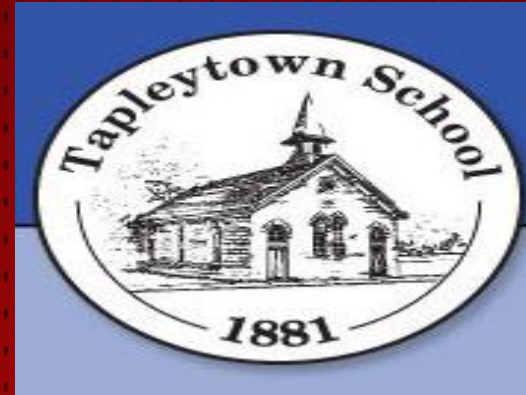




Program Information

- Offered to grade 7 and 8 students
- 60 On-ice learning opportunities per year at Mohawk 4 Ice Centre
- Sport specific off-ice training, focus on SAQ, flexibility, nutrition, general athletic skills, On & Off-ice skill testing, Floorball crossover training
- Sport focused classroom curriculum activities and assignments
- Collaboration with like-minded athletic peers





COVID 19 Contingency Plan

- Plans are in place to create a contingency plan in the event the Medical Officer of Health deems schools unsafe.
- Through creative planning and timetabling the HCSA program will receive extra physical education periods allotted in the gymnasium.
- We will take direction regarding on-ice sessions from Hockey Canada and the Ontario Hockey Federation's provincial plan.
- All parents will be kept informed as to the stages and phases of the plan.





Official site of the

NUSTADIA
RECREATIONAL HOCKEY LEAGUE

Mohawk
4^{*Ice*}
Centre

On-Ice Session Information

- Students are required to get their own rides to Mohawk 4 Ice Centre on Tuesday and Thursday mornings (typically)
- After completion of ice session, a bus brings all students and equipment back to Tapleytown School where the rest of the academic day is completed, students are to be picked up at dismissal
- Equipment is stored in a locked storage area at Tapleytown School
- The arena is an extension of the classroom and behavioral expectations, and discipline must be adhered to (dismissal from the program will result from noncompliance to these rules).



On-ice sessions

- Ice sessions focus on individual skills such as; skating, passing, shooting, stickhandling and checking.
- Each session will incorporate most of these skills in a fun and engaging way.
- Students are often divided into ability groupings for certain on ice activities, for example contact confidence drills.
- However, students often participate in whole class groups for full ice challenges and small & large area games.
- Safety is the key! Students are often reminded that sportsmanship is valued and taking liberties or advantage of another student in anyway is prohibited.





Typical On-Ice Session

- Warm Up/Shoot Around (Usually before 9:15am)
- Player Specific & Goalie Specific warm up (10mins)
- Full Ice Movement (10mins)
- Skill Station Rotations (usually 3 zones of the ice)(30mins)
- Challenges, games scrimages (10mins)



Off-Ice Training

- During Phys. Ed periods, students will be taught basic fundamental movement skills such as; A.B.C., throwing, catching, jumping, striking, running, kicking.
- Proper running techniques for both long & short distance.
- Individual focus on improving overall speed, agility & quickness





On & Off-Ice Testing

- Top of the line testing equipment, Brower Laser Timers, Stalker Pro 2 Radar
- Students will be subjected to many tests on and off the ice to enhance their abilities and evaluate growth throughout the academic year.
- Skill testing results will be communicated to students and parents.





Floorball Skill Development

- Introduce and learn proper Floorball fundamentals and rules
- Drills and small area games that specifically work on Floorball skills
- Crossover drills and movements to improve on-ice abilities, most notably stick handling & shooting
- Floorball Fridays!





Sport Focused Classroom Curriculum

- Hockey Academy student must remember that academics come before athletics
- Failure to meet academic requirements will result in removal from the program, 70% overall average.
- Classroom topics include; Reading: *Hockey Now* magazine feature articles, Writing: Predictions related to Stanley Cup winner, Oral-Communications: Classroom Debates surrounding controversial issues in hockey, Media Literacy: Everfi.com Future Goals & Dreams sponsored by the NHL and NHLPA, Science: Hockey puck elasticity test, Math: Data collection of statistics & analytics, Geography: Location of IIHF member countries.





Trips & Other Related Events

- HCSA Students are still eligible to compete in all extra-curricular activities offered by Tapleystown (e.g.; 3 Pitch, Cross Country, Volleyball and Track & Field)
- Participation in the Annual Hamilton Bulldogs School Day Game
- Annual Floorball Classic Alumni game
- Hockey Hall Of Fame Trip



2016 Floorball Classic Picture





Guest Speakers

- Matt Turek, Montreal Canadiens N.H.L., Scout
- Rob Kitamura, Tampa Bay Lightning, Scout
- Kyle Dubas, Toronto Maple Leafs, G.M.
- Kiel Matisz, Philadelphia Wings, N.L.L. Player
- Anthony Herrington, Oshawa Generals O.H.L., Scout
- Becki Keller, Canadian Olympic Gold Medalist
- Jamie McLennan, Former N.H.L, Goalie, TSN Analyst

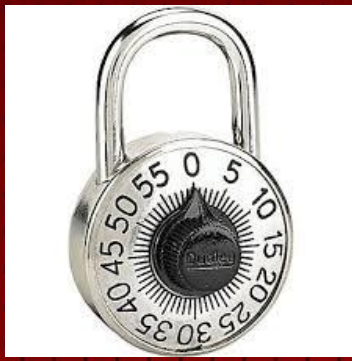




Notable Alumni

- Jacob Buch, London Knight's Draft Pick, 3 Time Sutherland Cup Champion
- Philip Lagunov, Umass-Amherst, NCAA D1 National Champion 2021
- Brandon Scanlin, University of Nebraska Omaha, NCAA D1
- Nikki Mc Donald, University of Toronto, Usports, Team Canada Floorball
- Tia Chan, University of Connecticut, NCAA D1
- Jordan Stock, Hamilton Bulldogs Pick, BCHL
- Dawson McKinney, Oshawa Generals, O.H.L
- Grayson Tiller, Barrie Colts Pick, O.H.L.
- Braden O'Keefe, Hamilton Bulldogs Pick, O.H.L.



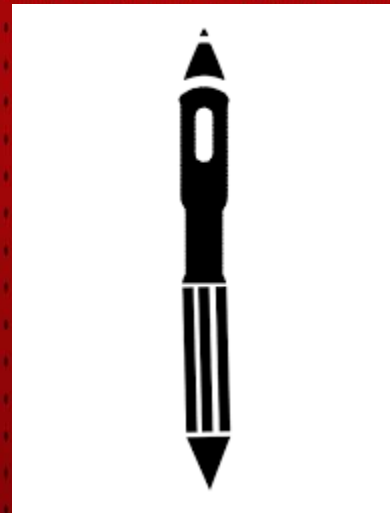


Suggested School Supplies for September

- The following list of items is merely a suggestion of the supplies that will assist your son/daughter during the 2021-2022 school year.

- Combination Lock
- Scientific Calculator
- 4 packages of lined paper
- 1 Large binder or 5 1" binders/duotangs
- 12 Pencils
- Erasers and a ruler
- Individual Pencil Sharpener
- 6 pens
- A pencil case
- Pencil Crayons
- 3 Highlighters

Physical Education Apparel will be fitted for Hockey Academy students in September





Tapleystown/Sherwood Tournament
Winners



Bulldogs School Day game





Tapleytown Cross Country Team



Tapleytown Boys 3 Pitch Team



Questions??

ANY
QUESTIONS
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