


<b>Monday</b> Optional Read Aloud: <u>You and Me</u> by Susan Verde	
4 Frames	Learning Opportunities
<b>Belonging and Contributing</b>	<p><b>Top Secret!</b> Your mission is to be a detective and find out answers about the people who live in your home. Ask everyone the same question.</p> <p style="text-align: center;"><b>Do you have the letter A in your name?</b></p>
<b>Demonstrating Literacy and Mathematics Behaviour</b>	<p><b>A picture is worth a thousand words!</b> What kind of caption can you come up with for a funny family photo? Choose a couple of your favourite pictures! Can you find funny or silly pictures? Print the pictures out or draw a copy of each photo. Underneath each picture, write down a funny caption (ask a grown up for help with this if you need to). Then read out the photo captions to someone in your home and vote on the favourite ones!</p> <p><b>Let's Measure!</b> Find an item you can use to measure different objects around your home (e.g., a spoon, ruler, straw, stick). Can you find things that are smaller and bigger than your measuring tool? Make a list or draw pictures of the objects you measured. Circle the smaller objects. <i><b>Extension:</b> Count how many smaller things you found. Record the number. Then, count how many bigger things you found and record the number. Which number is bigger?</i></p>
<b>Problem Solving and Innovating</b>	<p>Your friend has lost their favourite toy. How will you help them to find it? How will you help them to feel better? Extension: An adult in your family asks for your help to bake a cake. What do you know about baking? How could you help them? Draw a picture to show your thinking.</p>
<b>Self-Regulation and Well-Being</b>	<p><b>Nature Time!</b></p> <div style="display: flex; align-items: flex-start;"> <div style="margin-right: 20px;">  <p style="font-size: small; text-align: center;">Acorn      Rock      Moss Tree Bark      Flower      Grass</p> </div> <div> <p>Spend some time looking for nature. Use the photo as a checklist to help you remember what you are looking for. How many acorns did you find? How did the moss feel? Does it feel the same or different then the grass you found? Is your flower the same as the flower in the photo? How are they different? What does the tree bark feel like?</p> </div> </div>


## Tuesday

### Optional Read Aloud: Paper Bag Princess by Robert Munsch

4 Frames	Learning Opportunities												
<b>Belonging and Contributing</b>	<p><b>Top Secret!</b> Your mission is to be a detective and find out answers about the people who live in your home. Ask everyone the same question.</p> <p style="text-align: center;"><b>Do you think bugs are creepy or cool?</b></p>												
<b>Demonstrating Literacy and Mathematics Behaviour</b>	<div style="display: flex; align-items: flex-start;">  <div style="flex-grow: 1;"> <p><b>Let's Talk About It:</b> Using the picture provided, share a story about what is happening in this picture with someone in your home. Use the following questions to add supporting details to your story: <i>What/Who do you see? What happened before this picture was taken? What do you think will happen next?</i> <b>Writing extension:</b> On a piece of paper, label and/or write a sentence to represent your story.</p> </div> </div> <p><b>Rock Walk!</b> Go for a rock walk with a grownup and collect different rocks (e.g., different kinds of rocks, different sizes of rocks, different colours of rocks). Sort the rocks by size, shape, or colour. Make a pattern with the rocks. What else could you do with the rocks? Explain your thinking to someone.</p>												
<b>Problem Solving and Innovating</b>	<p><b>Create a Puzzle!</b> Find a box that is ready for the recycling bin (e.g., cereal, granola bar, cookie). First you will need to open both ends, bottom and top of the box. Along one of the skinny sides look for where the box is glued together. Slide your finger or the scissors down this section so that the box is now completely disassembled. Next, use scissors to cut up the rectangle sides of the box. You can use either the front or the back of the box to create your puzzle. On the plain cardboard side of the box draw different kinds of lines and then use your scissors to cut the box on the lines. An adult can help you if part is tricky. After you have finished cutting up the box – try and put the box back to together like a puzzle! Mix the pieces up and try again!</p>												
<b>Self-Regulation and Well-Being</b>	<p><b>Roll, Read, and Move!</b> Find a safe place where you can move your body. You will need a dice to play this game. If you don't have one you could create 6 paper squares and draw the dots on the paper (e.g., 1 = one dot, 2 = 2 dots, 3 = 3 dots...up to 6). To play the game, roll the dice or choose a paper square, then choose a movement from the list under the matching number. Move your body! For active moves, do each move 5 times. For static moves, hold for 5 seconds. Take turns with someone in your home.</p> <table border="1" style="width: 100%; text-align: center; margin-top: 10px;"> <tr> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td> </tr> <tr> <td>Touch your toes</td> <td>Plank</td> <td>Push Ups</td> <td>Bear Walk</td> <td>Run in Place</td> <td>Jumping Jacks</td> </tr> </table>							Touch your toes	Plank	Push Ups	Bear Walk	Run in Place	Jumping Jacks
													
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## Wednesday

### Optional Read Aloud: Pete the Cat & the Missing Cupcakes by James Dean

4 Frames	Learning Opportunities
<b>Belonging and Contributing</b>	<p><b>Top Secret!</b> Your mission is to be a detective and find out answers about the people who live in your home. Ask everyone the same question.</p> <p style="text-align: center;"><b>Do you like hot or cold weather?</b></p>
<b>Demonstrating Literacy and Mathematics Behaviour</b>	<p><b>Word Recognition</b></p>  <p><b>What You Need:</b></p> <ul style="list-style-type: none"><li>-Paper cut into rectangle cards/Index cards</li><li>-Pencil, Pen or marker</li><li>Old magazines (optional)</li><li>-Scissors (optional)</li><li>Glue (optional)</li></ul> <p><b>How to Play:</b></p> <ol style="list-style-type: none"><li>1. On one set of cards, write some simple words that are easy to represent visually.</li><li>2. On another set, draw or cut out magazine pictures that illustrate the words you have chosen.</li><li>3. Lay all the cards on the table, face up, and have the child match each word to the corresponding picture.</li><li>4. You could also try some name recognition by using photographs of your child, siblings, friends, relatives, and so on. Write each person's name on an index card and have your child match the photos to the appropriate name cards.</li></ol> <p><b>Representing Numbers!</b></p> <p>Collect any small items that can be used for counting, such as pom poms, beads, lego, blocks, pebbles, crayons, buttons, bottle caps etc. Ask the child to show you 5 by drawing a picture. You might ask, how do you know that you drew 5? (e.g., I counted the things I drew—I thought of five cars, and I made one picture for each car). Can you write the number 5 to show how many objects? Can you find five items around the house. Can you draw a picture of the five items? 8. If you wish, repeat this activity for the numbers 1 to 4.</p>
<b>Problem Solving and Innovating</b>	<p><b>Sock Ball Games</b></p> <p><b>Prepare your area for play.</b> Choose an area where there is enough space to roll, catch, toss and maybe kick. Remove breakable items. Chairs, couches, laundry baskets and boxes can be used as goals or targets in games. Only play games you can safely play in your space.</p> <p><b>Make a sock ball.</b> Roll and fold a pair of socks inside each other. For larger balls, use 3-4 pairs of socks. Adult socks work well. Get ready to play!</p> <p><u>Soccer</u></p> <ul style="list-style-type: none"><li>▪ practice shooting on a goal (laundry basket laid on its side, a box, under a chair, etc.)</li></ul> <p><u>Bowling</u></p>

	<ul style="list-style-type: none"> <li>▪ set up clean and empty milk containers, cans, plastic bottles, paper towel rolls, Lego, etc. as the pins</li> <li>▪ A grownup can show the player how to set up the pins or have the player try several configurations themselves</li> <li>▪ players can play alone or play against another (competing or cooperating)</li> </ul> <p><u>Basketball</u></p> <ul style="list-style-type: none"> <li>▪ practice shooting on a basket (laundry basket, cardboard box, laundry hamper, Rubbermaid or any other container turned upright)</li> <li>▪ shoot from different distances</li> <li>▪ with more than one player, take turns and no blocking allowed</li> </ul> <p><u>Throw and Catch</u></p> <ul style="list-style-type: none"> <li>▪ stand apart and throw or toss to each other</li> <li>▪ as you improve, add some trick throws (under your leg, from behind your back, etc.)</li> </ul>
<b>Self-Regulation and Well-Being</b>	<p><b>Picnic Time</b></p> <p>Set up a picnic for your stuffed animals, toys and/or family members inside your home or in a nice space outside with a grownup. You might need a blanket or towel to sit on. Think about all the items you would need for your picnic. Maybe have your lunch or snack for your picnic.</p>

## Thursday

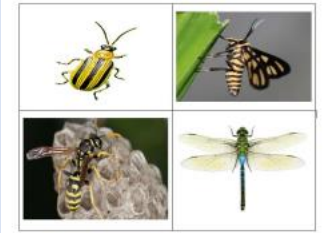

### Optional Read Aloud: This Is Me by Jamie Lee Curtis

4 Frames	Learning Opportunities
<b>Belonging and Contributing</b>	<p><b>Top Secret!</b> Your mission is to be a detective and find out answers about the people who live in your home. Ask everyone the same question.</p> <p style="text-align: center;"><b>Do you like rainbows?</b></p>
<b>Demonstrating Literacy and Mathematics Behaviour</b>	<p><b>Alphabet Hunt:</b> Using a large piece of paper (or multiple pieces of paper), have the child use a marker/pencil to write all the letters of the alphabet in a column running down the left side of the piece of paper. Once they've written all the letters, it's time for your child to find words that begin with the letter sound! Your child can explore their surrounding in their home, outdoors with a grownup or even find words in books or magazines! They might find a sock for S, banana for B, couch for C if they are searching around their home. As they find them, they should write, draw or tell a grownup the object next to its appropriate letter on the chart. The game continues until there's something for each letter of the alphabet.</p> <p><b>Same and Different</b> Find a tree in your backyard or close to your home (e.g., at a local park). What does the tree look like now? Do you think the tree will change? What season is coming next? What will the tree look like then? Draw a picture of the tree today and then plan a date on your calendar to go back to see it later. Make a prediction of what you think you will see when you visit your tree again.</p>
<b>Problem Solving and Innovating</b>	<p>Using a basket, box, or a bag collect a variety of items in your home that are of interest to you. With a grownup check in cupboards, drawers, and closets.</p> <p><u>Some examples could include:</u></p> <ul style="list-style-type: none"><li>▪ Sheets, towels, face cloths, blankets, napkins. These items could be used for building forts or dressing up.</li><li>▪ Bowls, baking tins, eating utensils, mixing and serving utensils, funnels, sieve, canning jar rings, elastics, and aluminum foil. These items could be used for kitchen or cooking play. Add water for mixing and pouring. Add rags for cleaning play.</li></ul> <p>Provide lots of uninterrupted time for the child to engage with the items. You might ask “do you have any ideas about how we might begin?”, “tell me about your...”, “I wonder what would happen if you tried ...”, “how could you make that? (taller, wider, longer)”, “how does that water sound when you pour it?”, “what did you find out when you put ____ in the water?”.</p>
<b>Self-Regulation and Well-Being</b>	<p><b>Play red light, green light!</b> With a grown up, find a safe open space (e.g., a park, a sidewalk, a driveway). Stand on one side of the space. Listen to the instructions. The grown up will call out either green light or red light. For green light you will move your body towards the grown up. For red light, you will stand still. Continue until you catch up to the grown up. Take turns being the caller. Change your movement – hop, skip, crawl on a green light.</p>



## Friday

### Optional Reading Aloud: Splat the Cat & the Late Library Book by Rob Scotton

4 Frames	Learning Opportunities					
<b>Belonging and Contributing</b>	<p><b>Top Secret!</b> Your mission is to be a detective and find out answers about the people who live in your home. Ask everyone the same question.</p> <p style="text-align: center;"><b>Do you like to jump in a puddle?</b></p>					
<b>Demonstrating Literacy and Mathematics Behaviour</b>	<p><b>Sing &amp; Rhyme!</b></p> <p><b>Sing the Song: Five Green and Speckled Frogs</b>  <i>Five green and speckled frogs (hold up 5 fingers on right hand)</i>  <i>Sat on a speckled log</i>  <i>Eating some most delicious bugs.</i>  <i>Yum! Yum! (rub belly)</i>  <i>One jumped into the pool (hold up 1 finger)</i>  <i>Where it was nice and cool (pretend to swim)</i>  <i>Then there were 4 green, speckled frogs (hold up 4 waving fingers)</i>  <i>Glub. Glub.</i></p> <p><b>Can you come up with a rhyming word (or two or three!) for each word listed below?</b></p> <table border="1" style="width: 100%; text-align: center;"> <tr> <td>frog</td> <td>bug</td> <td>pool</td> <td>yum</td> <td>green</td> </tr> </table> <p><b>Which one doesn't belong?</b></p> <div style="display: flex; align-items: flex-start;"> <div style="margin-right: 20px;">  </div> <div> <p>Spring has sprung and the bugs are out exploring all the nature spaces! Study this photo of 4 bugs. Which one do you think doesn't belong? How do you know this? How are the bugs the same? Can you draw one of the bugs and label the parts of the bug you know? Ask a family member what bug is their favourite and why!</p> </div> </div>	frog	bug	pool	yum	green
frog	bug	pool	yum	green		
<b>Problem Solving and Innovating</b>	<p><b>Bug Sculptures!</b></p> <div style="display: flex; align-items: flex-start;"> <div style="margin-right: 20px;">  </div> <div> <p>Can you make a sculpture of an insect with nature materials? What insect will you make? What materials will you need? While you are outside, collect materials for your sculpture. Create and share it with others in your home. Check out the examples of flying bugs. I WONDER what creepy, crawly insects would look like?</p> </div> </div>					
<b>Self-Regulation and Well-Being</b>	<p>Take a walk or look out your window. Do a survey on paper of how many different types of trees, birds and animals you see. Did you see more birds than animals? How many trees did you see? Was it more than 10 or less than 10? Draw a picture of something from your walk and label.</p>					

