


Kindergarten Learning Calendar: May 10th - May 14th

Monday	
Optional Read Aloud: <u>The Proudest Blue</u> by Ibtihaj Muhammad and S.K. Ali	
4 Frames	Learning Opportunities
Belonging and Contributing	<p>Stewardship means a sense of connection to, caring about, and responsibility for each other and the natural world around us.</p> <p style="text-align: center;">Can you be a stewardship of the environment?</p> <p>What better way to foster a love of the environment than spending time outside and exploring nature? With a grownup, go for a hike or even a quick nature walk or spend time in a local green space.</p>
Demonstrating Literacy and Mathematics Behaviour	<p>Let's Talk About It!</p> <div style="display: flex; align-items: flex-start;">  <div style="margin-left: 20px;"> <p>Using the picture provided, share a story about what is happening in this picture with someone in your home. Use the following questions to add supporting details to your story: What/Who do you see? What happened before this picture was taken? What do you think will happen next? Extension: <i>On a piece of paper, label and/or write a sentence to represent your story.</i></p> </div> </div> <p>Sorting Laundry!</p> <p>Can you help a grown up with laundry! Can you sort the laundry items into different piles? You could ask "I wonder how we might sort the laundry?". Follow the child's lead and then ask, "how did you sort them?" (e.g., by size, colour, style). Extension: <i>what patterns do you notice? Can you find a big sock and a little sock? How many white/black socks can you find? Create a graph with the different laundry items and include how many of each item you have.</i></p>
Problem Solving and Innovating	<p>Loose parts play is a great way for children to use their imagination, work on fine motor skills, and explore different materials. Examples of loose parts might be plastic cups and lids, egg cartons, stones, boxes, straws, pinecones and acorns, bubble wrap, paper tubes. Begin by gathering different items around your home (inside or outside) and then spend time exploring those items. A grownup might ask questions or make observations during the play (e.g., talk about shapes, colours, textures you notice, "tell me about how you designed that", "what do you think you could do with these pinecones and acorns?").</p>
Self-Regulation and Well-Being	<p>Play red light, green light! With a grown up, find a safe open space (e.g., a park, a sidewalk, a driveway). Stand on one side of the space. Listen to the instructions. The grown up will call out either green light or red light. For green light you will move your body towards the grown up. For red light, you will stand still. Continue until you catch up to the grown up. Take turns being the caller.</p> <p>Extension: <i>change your movement – hop, skip, crawl on a green light</i></p>



Tuesday

Optional Read Aloud: All Are Welcome by Alexandra Penfold

4 Frames	Learning Opportunities
Belonging and Contributing	<p>Stewardship means a sense of connection to, caring about, and responsibility for each other and the natural world around us.</p> <p style="text-align: center;">Can you be a stewardship of the environment?</p> <p>Start a conversation with someone in your home about saving water! Do you turn the water off when you're brushing your teeth? Do you know that taking a shorter shower every day could save gallons of water over time? Did you know that showers use less water than taking a bath?</p>
Demonstrating Literacy and Mathematics Behaviour	<p>Name Scavenger Hunt!</p> <p>Using the letters in your name, find objects around your house that represent the sound of each letter. Write down the objects/tell a grownup the objects you have found!</p> <p>For Example: My name is Jacob.</p> <p>J - jar A - apple C - couch O - orange (shirt) B - book</p> <p>Extension: Challenge yourself to find 3 items for every letter of your name or try your last name!</p> <p>Exploring Shapes</p> <p>Go for a hunt around your home or outside during a walk and find shapes! Discuss how you know what the shape is. How many circles did you find? How many squares? Any triangles? Extension: Look for other items around your home to practice drawing shapes (e.g., square, rectangle). Can you name the shapes? Label the shapes? Write down the number of shapes (e.g., I can draw 4 squares)? Can you build with all the items you collected? Tell someone about what you created!</p>
Problem Solving and Innovating	<p>Treasure Map</p> <p>Pick an item in your home and hide it! Then using a pencil or marker create a treasure map on a piece of paper. Include instructions (text and/or pictures) as clues to finding the lost item! Ask a person in your home to follow your map to find the lost item. Suggestions for the instructions could be:</p> <ul style="list-style-type: none">▪ Take 10 steps towards the kitchen▪ Walk 5 steps to the right▪ Crawl under the table▪ Look for the white shoe <p>Reflection: Were the instructions helpful to find your lost item? Did you have any problems? Would you do anything differently? How might you make it more challenging?</p>

Self-Regulation and Well-Being	Listening Walk Take a walk in your neighbourhood. Find a spot to stop for a few minutes and listen together for sounds in nature. Talk about what you hear, smell, see and feel outdoors. Encourage deep breathing by breathing in to the count of 5, exhale to the count of 5. Repeat.
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Wednesday

Optional Read Aloud: A Squiggly Story by Andrew Larson

4 Frames

Learning Opportunities

Belonging and Contributing

Stewardship means a sense of connection to, caring about, and responsibility for each other and the natural world around us.

Can you be a stewardship of the environment?

<p style="text-align: center;">I Love the Earth (Tune: Ensey Weensy Spider)</p> <p>I love the earth, And everything that lives, I love the plants, And the beauty each one gives. I love the animals, And the fishes at sea. For I am a part of Mother Earth, And it's a part of me. -Sharon Mattioli</p>	<p>Circle any of the rhyming words that you see or hear.</p> <p>Look for any high frequency words (words that appear regularly in reading). Some examples are - <i>l, a, and, in, the, etc.</i></p> <p>Talk about some of the things that you can do as a family to help the environment.</p>
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Demonstrating Literacy and Mathematics Behaviour

Lions, Tigers and Bears, Oh My!

Using the list of ten animal names, clap the syllables for each animal. Sort them into categories based on the number of syllables they have.

1 Syllable	2 Syllables	3 Syllables	4 Syllables

List of animals:

Monkey	Bear	Alligator	Gorilla	Zebra
Lion	Flamingo	Rhinoceros	Elephant	Wolf

Loose Parts Play! Collect loose parts at home (e.g., coins, paper clips, bottle caps, bread tags, etc.) or outside (e.g., pinecones, pebbles, dandelions) to create different patterns. Using the items you have collected, try to create a pattern. Think about how the pattern repeats itself. How many times will you make the pattern repeat? What are the ways you can make a pattern so that it doesn't always go in a straight line?

Problem Solving and Innovating

Building, Building, Building!

Can you build a home for one of your stuffed animals or toys? What materials will you need to build your home? (e.g., food containers, paper tubes, blocks and boxes). Make a list of items. Then, create a plan either by telling a grownup your plan or drawing how you will build your home with the materials you collected. Build your home! **Extension:** After building the home you might ask: Tell me about your home. What would you do different next time? How could you make your home bigger/smaller/taller/wider?

Self-Regulation and Well-Being

I Am Unique!

Look in the mirror. Discuss what you see and the things that make you unique and special. Create movements based on different feelings. Show someone in your

	home how to move their body if they were sad, happy, upset, angry, excited, scared, nervous, sick, tired.
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Thursday

Optional Read Aloud: Rocket Writes a Story by Tad Hills

4 Frames	Learning Opportunities
<p>Belonging and Contributing</p>	<p>Stewardship means a sense of connection to, caring about, and responsibility for each other and the natural world around us.</p> <p style="text-align: center;">Can you be a stewardship of the environment?</p> <p>While on a walk, look for 3 different kinds of flowers. What colour are they? How are they the same? How are they different?</p>
<p>Demonstrating Literacy and Mathematics Behaviour</p>	<p>Let's Play Bang! Customize your own word game. Write down 10 words that the child knows and 5 words that they do not know (they can be family names, sight words, etc.) Here's what you'll need: an empty container, some blank pieces of paper cut into cards, and some markers. Write down the 15 words on little cards. You'll also want to make up a few cards with the word "BANG!" on them.</p> <p>How to Play Bang!</p> <ol style="list-style-type: none"> 1. Players take turns reaching into the container and pulling out a card. If they can read the word aloud correctly, they get to keep the card. If the player is incorrect, the card goes back into the container. 2. Continue taking turns, reading and collecting correctly answered cards. 3. If you pull out a BANG! card, you must put your whole pile of cards back into the container! 4. At the end of a specified length of time, whoever has the most cards is the winner! <p>Terrific Ten Get ready to move your body! While moving around your home or while outside, do actions in groups of ten. Skip ten times, hop ten times, wave your hand ten times, clap your hands ten times. Can you do it fifteen times? What about twenty?</p>
<p>Problem Solving and Innovating</p>	<p>Gather some natural materials like sticks, rocks, dandelions, and pinecones from your yard, outside or from a trail. Can you create a picture of something with the materials you found?</p>
<p>Self-Regulation and Well-Being</p>	<p>Play "Head-Shoulders-Knees-Toes" to help your child learn and practice following instructions, thinking before they do an action, and staying calm/relaxed when things go wrong. Say "touch your head, shoulders, knees and toes". Say the body part out loud when your child touches it. Do this again but in a different order (e.g., knees, head, shoulders, toes). Do this again but in a different order (e.g., toes, head, knees, shoulders). Next, say "listen to my words, touch your head" but touch your knees. Your child needs to touch the body part you said out loud "head" not knees! Try this again with a 3-5 more body parts. Extension: <i>have the child lead the game.</i></p>

Friday

Optional Reading Aloud: A Color of his Own by Leo Lionni

4 Frames

Learning Opportunities

Belonging and Contributing

Stewardship means a sense of connection to, caring about, and responsibility for each other and the natural world around us.

Can you be a stewardship of the environment?

During outdoor time, consider picking up 5 pieces of garbage (grownup approved). By picking up the garbage you are helping to keep our environment clean. Is the garbage you picked up for the trash or can it be recycled? How do you know?

Demonstrating Literacy and Mathematics Behaviour

If You Think You Know This Word

Sing this song to the tune of "If You're Happy and You Know It".

If you think you know this word, shout it out!

If you think you know this word, shout it out!

If you think you know this word, then tell me what you've heard,

If you think you know this word, shout it out!"

Tell the child a segmented word sound by sound such as c-a-t. The child will blend the sounds together to discover the mystery word. Continue to practice three sound words from the suggested list:

B-a-ll	D-u-ck	F-i-sh	J-a-zz	Y-e-t
C-u-b	S-u-n	A-n-t	B-u-g	T-e-n

Does it Sink or Float?

With a grown up, fill up a bucket or large bowl with water. Find 10 objects that can be put into the water. Before you put the object in the water make a hypothesis (your best guess) if the object will sink or float. Drop the objects one at a time into the water to see what happens. Were you correct with your hypothesis? How do you know this? **Extension:** *On a piece of paper create a chart to document your findings. At the top of the page print the words "sink "and "float". List the objects under the correct word.*

Problem Solving and Innovating

Laundry Art



Try and create a picture using your laundry! Find between 5-10 items of laundry (e.g., different coloured socks, t-shirts, pants, pajamas etc.). What can you make using the laundry you found?

Self-Regulation and Well-Being

Let's play **freeze dance!** In an open space (inside or outside), play music or sing a song. When the music stops you need to freeze (stop your body). Continue until the music ends or your body is tired! **Extension:** *come up with different ways to pose when the music stops (e.g., yoga pose, imitate an animal, lift one foot off the ground).*

