

**Learn. Disrupt. Rebuild@HWDSB: Building a Community of Care  
Module 1 – Physical Safety, Mental Health and Wellness**

**Lesson #3** – Hand Washing – Hand Hygiene Film Festival (Junior)

**Learning Goal:** To reflect on how germs are spread and to practice proper handwashing and sanitizing techniques.

**Key Vocabulary:**

**Germs:** Germs are a group of tiny invaders called “micro-organisms” that can make our bodies sick. Germs are so small and sneaky that they can get into our bodies without being noticed. In fact, germs are so tiny that you need to use a microscope to see them.

**Handwashing:** You use your hands to do many things like greeting people, eating your lunch, writing your name, drawing or coloring, reading a book and throwing a ball. Your hands are very busy during the average day and they can get pretty dirty and covered with germs.

**COVID 19:** is a disease caused by a new strain of coronavirus. 'CO' stands for corona, 'VI' for virus, and 'D' for disease. Formerly, this disease was referred to as '2019 novel coronavirus' or '2019-nCoV. ([www.who.int](http://www.who.int))

**Curriculum Links:**

**The Ontario Curriculum, Language 2006-  
Oral Communication Overall Expectation:**

2. use speaking skills and strategies appropriately to communicate with different audiences for a variety of purposes.

**Media Literacy Overall Expectations:**

- 2. identify some media forms and explain how the conventions and techniques associated with them are used to create meaning;
- 3. create a variety of media texts for different purposes and audiences, using appropriate forms, conventions, and techniques

**Tools and Materials:**

- YouTube video by Canada.ca <https://youtu.be/UitUdTjhZz8>
- Youtube Video “HANDWASHING DANCE [ORIGINAL]- "GHEN CO VY" | By Quang Dang” <https://youtu.be/ctF5aMV05kM>
- Devices for collaboration, making and sharing a video
- Chart paper for brainstorming

**Student/ Educator Pre-Reflection:**

Before engaging in this lesson, consider:

Throughout the pandemic, handwashing has been known to be the most effective tool in curbing the spread of the virus COVID-19.

- How can I motivate my peers or younger people to follow the handwashing protocol dictated by public health?

- How can I keep myself accountable to following the handwashing protocol?

### Provocation:

Explain to students that you are going to show them a video made for young children and one made for teens about how to wash their hands. While looking online, there were no videos for older students about the importance of a good handwashing routine.

Today, they are going to make a video for older students, or a memorable one for younger students about the important of Handwashing during the pandemic.

Students should have a younger or another class in mind when making the videos, as they are going to be shared with another group of students.

### Learning Task/Activity:

Show the YouTube video by Canada.ca <https://youtu.be/UitUdTjhZz8>

#### Analyze the video (using chart paper):

- What about the videos would be effective in getting kids to wash their hands for 20 seconds?
- What would you change? What would make the message more effective?

Show the Tik Tok Handwashing vid from Vietnam: <https://youtu.be/ctF5aMV05kM> (Make sure that the English subtitles are on; and highlight the handwashing demo at the end of the video starting here: <https://youtu.be/ctF5aMV05kM?t=22>)

#### Analyze the video:

- What about the videos would be effective in getting kids to wash their hands for 20 seconds?
- What would you change? What would make the message more effective?

#### Brainstorm:

- Using a piece of chart paper, brainstorm the types of videos that students can make- a song or parody where they rewrite the words to a song they know; Tik Tok Style dance; cartoon (using Toontastic or other apps); demonstration etc.
- Remind them that the video must be age appropriate and less than one minute long! (Students can work in pairs, as one person would have to record the video for the other. They can maintain physical distancing while working on this project by utilizing Microsoft teams or other collaboration platforms.)

### Consolidation:

#### Create and Record:

Give students time to create and record their video.

Have a showtime sign-up list to share their work with the class

Have students share their work with the class they created the video for via email or they can out their videos on HWDSB.tv and share the link with their chosen class

**Share:**

Have a *video premiere party* in class showing the videos that were created. Students can introduce their idea for the video and take questions after the video is seen. This should be a team-building opportunity and not a negative experience. Encourage students by showing your teacher video first.

Add fun by creating silly awards like “Most suds in the video;” or “most catchy song” to give at the end of the viewing party.

**Educator Post-Reflection:**

The main idea I want to remember or take away from this lesson is..

My next step is...

I need to learn more about...

I am feeling...

**Student Post-Reflection:**

The main idea I want to remember or take away from this lesson is..

My next step is...

I need to learn more about...

I am feeling...

**Ideas for Going Deeper/Further Resources:**

Learn the TIK TOK dance with your class!

**Public Health Ontario:**

<https://www.publichealthontario.ca/en/health-topics/infection-prevention-control/hand-hygiene>

**City of Hamilton Guidelines:**

<https://www.hamilton.ca/coronavirus/workplaces-and-public-places>

Sign: <https://www.hamilton.ca/sites/default/files/media/browser/2020-05-28/covid-handwashing-sign.pdf>