



 Autism Program  
McMaster  
Children's Hospital

# EXPERT SPEAKER SERIES

## UNDERSTANDING AND SUPPORTING MENTAL HEALTH IN CHILDREN AND YOUTH WITH AUTISM

**Presented by  
Dr. Irene Drmic, Ph.D.,  
C. Psych.**

This presentation will provide an overview of:

- Mental health and ASD
- Understanding and supporting mental health with a focus on anxiety in kids with ASD
- Developing social and emotional competence

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Thursday, January 28th from  
10:00 a.m. - 12:00 p.m.

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## MAKING SENSE OF SENSORY PROCESSING

**Presented by  
Ali Rawling MSc (OT), OT  
Reg. (Ont.) and Victoria  
DiGiovanni MSc (OT), OT  
Reg. (Ont.)**

This workshop, provided by Occupational Therapists, will review all things sensory processing! We will start with an overview of our senses, explain how your child may react or respond to sensory input and provide some general strategies on how to address sensory needs or preferences. Questions are welcome and encouraged.

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Tuesday, February 9 from  
6:30 - 8:00 p.m.

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## HOW TO TALK TO YOUR CHILD ABOUT THEIR DIAGNOSIS

**Presented by  
Dr. Caroline Roncadin,  
C. Psych**

Learn practical strategies and ask questions about how to tell your child about their diagnosis of autism.

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Wednesday, March 10th from  
6:00 p.m. - 8:00 p.m.

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To register, please call 905-521-2100 ext. 78972  
or email [autismprogram@hhsc.ca](mailto:autismprogram@hhsc.ca)

[McMasterChildrensHospital.ca/Autism](https://McMasterChildrensHospital.ca/Autism)