

HWDSB

Helps



- Bullying
- Concern about a friend
- Harassment
- Drugs
- Fighting

An anonymous way for students to find help for themselves and one another.



We all have the power to help.

HWDSB Helps

Get help or share anonymous tips.

- Text message to **905-963-0066**.
Standard rates apply.
- App for iOS and Android
- Web chat at:
www.hwdsb.on.ca/hwdsbhelps

www.hwdsb.on.ca/hwdsbhelps