

HWDSB

Helps



We all have
the power
to help!

- Bullying
- Concern about a friend
- Harassment
- Drugs
- Fighting

HWDSB Helps

An anonymous way for students to find help for themselves and one another.

We all have the power to help.

Get help or share anonymous tips.

- Text message to **905-963-0066**. Standard rates apply.
- App for iOS and Android
- Web chat at www.hwdsb.on.ca/hwdsbhelps

Questions?

Please contact your school principal.

www.hwdsb.on.ca/hwdsbhelps