

# At HWDSB We All Belong

Celebrating Education Week and National Mental Health Awareness Week

### **Education Week**

#### Showcase Events across HWDSB

#### **#HWDSBArtExhibit**

Opens Monday, May 1, 8:30 a.m.

Education Centre (20 Education Court)

An exhibition of hundreds of postcard-size works of art by Kindergarten to Grade 12 students from across HWDSB, around the theme: We All Belong. #HWDSBArtExhibit

#### Chase the Future: 2041

Wednesday, May 3, 11:30 a.m. to 1:30 p.m.

Ancaster Fairgrounds (630 Trinity Road South)

Culminating event for HWDSB's Chase the Future: 2041 initiative, a year-long project that saw students dive deep into the new City of Hamilton strategic priorities and ask: How might you make Hamilton a better place to live? Students present their diverse ideas. #ChasetheFuture2041

#### **HUMANS OF LAWFIELD**

Thursday May 4, 5 to 7 p.m.

Lawfield elementary (45 Berko Ave.)

Lawfield drew on the sensational Humans of New York to create Humans of Lawfield, an exhibit that explored empathy, stereotypes, biography and photography to profile 15 Lawfield adults and two students per class.

# They Come from the Mountains: Why the Michif Love Horses

Friday, May 5, 9:30 a.m. to 10:30 a.m.

Bennetto elementary, 47 Simcoe St. E.

A Metis celebration of the horse with special guest Sergeant Denise Leonard of the Hamilton Police Mounted Unit and Police Horse MacNab. Enjoy horse art, horses at work and singing. Inspired by a short story written by two local Metis Elders. Supported by the Hamilton Community Foundation.

## National Mental Health Awareness Week

#### **Education Centre Events**

The Education Centre will be lit green, staff will use the #GETLOUD hashtag to promote well-being and will host mental well-being displays in the front foyer.

#### Mindfulness presentations

Monday, May 1, 10:30 and 11:30 a.m.

Room 181 A/B

#### Free yoga

Monday, May 1, 1 p.m.

Room 181 A/B

#### **Therapy Dog Visit**

Tuesday, May 2. 11 a.m. to 1 p.m.

Room 181 B/Courtyard weather permitting.

#### **Employee Assistance Program Session**

Wednesday, May 3 at 11 a.m.

Room 180 A.

#### Speaker on "Talking About Mental Illness"

Thursday, May 4, noon to 1 p.m.

Room 201 B.

Talk by Jill Dennison of Canadian Mental Health Association, "Talking about mental illness," with Nick Petrella.

#### **Board Games**

Friday, May 5 at 11 a.m. to 1 p.m.

Rooms 211, 212, 210 Q, 210 G, 210 P.

curiosity • creativity • possibility