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Continuing Education / Life Skills			
Name of Organization	Location / Mailing Address	Contact	Description
<a href="#"><u>CHOICES - Westfield Day Program</u></a>	459 Ofield Rd. S. RR 2 Dundas, ON L9H 5E2	Phone: (905) 628-1685  <a href="mailto:mshedden@choicesgroup.org"><u>mshedden@choicesgroup.org</u></a>	Westfield Day Program is located in Flamborough and provides meaningful day supports to adults with developmental disabilities who are 18 years of age or older. Westfield is a large program that focuses on skill building, pre-employment opportunities and literacy skills.
<a href="#"><u>Christian Horizons – Community Participation Supports</u></a>	1001 Rymal Rd. E. Unit 14, Hamilton ON	Phone: (905) 388-4195  <a href="mailto:chwestinfo@christian-horizons.org"><u>chwestinfo@christian-horizons.org</u></a>	Christian Horizons Community Participation Supports offer opportunities for adults over 18 to engage in skills development, community involvement, employment, volunteer opportunities and recreational activities.
<a href="#"><u>Dundas Learning Centre and Civitan Place (The)</u></a>	15 Baldwin St. Dundas, ON L9H 1A5	Phone: (905) 627-2678  <a href="mailto:dundaslearning@hotmail.com"><u>dundaslearning@hotmail.com</u></a>	Provides a community-based day program of educational and life skills for adults with developmental disabilities.
<a href="#"><u>George Brown College: Literacy and Basic Skills Program for DHH Adults</u></a>	<b>St. James Campus</b> 200 King St. E. Toronto, ON M5A 3W8	Phone: (416) 415-5000, ext. 2958 TTY: (416) 415-2651	Only college-based Literacy and Basic Skills program of its kind in Toronto, with all courses taught in American Sign Language (ASL). The program is for Deaf and hard-of-hearing students who want to upgrade their English, ASL, math and computer skills for success in further education, training or employment.

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<a href="#"><u>HWDSB Continuing Education – Essential Skills Upgrading Program</u></a>	<b>CCE Red Hill Learning Centre</b> 300 Albright Rd. Hamilton, ON L8K 5J4	Phone: (905) 561-2190  <a href="mailto:cce@hwdsb.on.ca"><u>cce@hwdsb.on.ca</u></a>	The Essential Skills Upgrading Program is a skills development program in communication (reading, writing and speaking) and numeracy at a pre-high school level. Its purpose is to help adults with developmental disabilities, attain their goals related to further training, employment, or independence.
<a href="#"><u>McMaster University – Student Accessibility Services</u></a>	<b>Student Centre (MUSC) Basement, Room B107</b> 1280 Main St. W. Hamilton, ON L8S 4S4	Phone: (905) 525-9140, Ext. 28652  <a href="mailto:sas@mcmaster.ca"><u>sas@mcmaster.ca</u></a>	Student Accessibility Services (SAS) supports students who have a disability or disorder, such as a learning disability, ADHD, mental health disability, chronic medical condition, sensory such as blindness, Deaf or hard of hearing, neurological or mobility limitation.
<a href="#"><u>Mohawk College: “Career Pathways” Program</u></a>	135 Fennell Ave. W. Hamilton, ON L9C 0E5	Phone: (905) 575-1212	This program helps students develop career-relevant skills and strengths for future employment and college pathways
<a href="#"><u>Mohawk College: “CICE Program” - Community Integration through Co-operative Education</u></a>	135 Fennell Ave. W. Hamilton, ON L9C 0E5	Phone: (905) 575-1212	Provides students who have intellectual disabilities and other significant learning challenges the opportunity to pursue a postsecondary education, develop skills to help prepare for employment, and experience college life
<a href="#"><u>Mohawk College: “Mechanical Techniques” Certificates Programs</u></a>	481 Barton St. E Stoney Creek, ON L8E 2L7	Phone: (905) 575-1212, Ext. 5000	Program introduces a spectrum of skilled trades that can lead to specialist programs in a broad range of industries (welding, plumbing, cabinetry, etc.)

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<a href="#">Salvation Army: D.A.R.E and Learning for Life</a>	533 Main St. E. Hamilton, ON L8N 1E3	Phone: (905) 527-6212	<p><b>D.A.R.E:</b> Determined Adults Reading and Education provides individualised lessons for the students on a one-on-one basis. Skills acquired through lessons range from reading and math to computers and spelling.</p> <p><b>Learning for Life:</b> to assist young adults with developmental disabilities with the transition from high school into the community through education, support and the creation of opportunities.</p>
<a href="#">Salvation Army: Strive Program - Adult Day &amp; Adult Autism Services</a>	533 Main St. E. Hamilton, ON L8N 1E3	Phone: (905) 527-6212, Ext. 236  <a href="mailto:justindewaard@lawsonministries.org">justindewaard@lawsonministries.org</a>	<p><b>Adult Day:</b> Program provides community-based supports to adults with developmental disabilities. The focus is on Skills and Education, Recreation, Volunteering and Employment.</p> <p><b>Adult Autism:</b> The centre offers a myriad of options including 1:1 literacy and computer skills programming, indoor mini-gym, rooftop garden, art classes. Music programs, Snoezelen Room, teaching kitchen, café, and several multi-purpose spaces. Essential social skills training is knitted into each service that is offered.</p>