



COME JOIN US FOR WELLNESS NIGHT

AT WESTWOOD ELEMENTARY SCHOOL

Please join us for a free karate lesson, smoothie making as well as a chance to win a blender for your family!

THURSDAY APRIL 20 FROM 6:30-8:30PM

PLEASE RSVP BY TUESDAY APRIL 11

Attendees must wear athletic clothing and shoes, no jeans or boots allowed for martial arts instruction

Please RSVP if planning on attending. No drop ins please!

Student name: _____

Teacher: _____

Number of people attending: _____