



# School Newsletter

## Elementary Remote Learning 2021-22



HWDSB is offering remote learning for elementary students (Kindergarten to Grade 8) in 2021-22 as an option for families concerned about the COVID-19 pandemic as directed by the Ministry of Education.

We appreciate that making this decision may be difficult for families given the current health situation in Ontario.

Parents, guardians and caregivers can register their child's choice through the Parent Portal starting Thursday, May 13 at 9:00 a.m. to Tuesday, June 1 at 11:59 p.m.

The board is asking families to commit to remote learning for the entire 2021-22 school year, but there will be an opportunity to transition to in-person learning early in early October. Depending on Ministry of Education directions, there might be another opportunity later in the school year.

### Remote Learning Model

Elementary remote learning next year will be connected to physical schools as part of a dual-track model. This model allows students to learn remotely while being connected to a physical school. The remote teachers will be members of the school staff and the school principal will also be the remote principal. Though remote learning classes are part of schools, these are dedicated remote learning classes and distinct from in-person classes. The start and end times for the remote classroom will be based on the school's bell times. Families will be offered a remote placement in a school placement by the end of June.

### Remote Learning Program

There will be a mix of live teaching time and independent work time each day. Students will cover all subjects and curriculum as they would in a physical school. Students will receive the same report cards as in-person school. The remote learning classroom will use MS Teams and the HUB as the platforms to deliver instruction. Families will be provided with a device if a student needs a device.

Specialized Services support and English as Second Language support will be provided, as needed. French Immersion, Mandarin, and Mohawk language programming may be offered based on enrolment and the availability of staff.

For more information, please visit: <https://www.hwdsb.on.ca/blog/elementary-remote-learning-2021-22/>

### School Contact Info:

Phone: 905.383.2143

### UPCOMING EVENTS

#### **HWDSB Emotion Coaching Webinar**

- May 13th, 2021, 1:00 p.m.

#### **Victoria Day**

- May 24th, 2021, (NO SCHOOL)

#### **HWDSB Emotion Coaching Webinar**

- May 27th, 2021, 6:00 p.m.

#### **PA Day**

- June 4th, 2021 (NO SCHOOL)

#### **Elementary Remote Learning Registration Window**

- May 13th, 9:00 a.m. to June 1st, 11:59 p.m.

# EMOTION COACHING FOR PARENTS AND CAREGIVERS

The pandemic has increased stress for children and youth – and this has challenged the caregivers who support them.

In response, Hamilton-Wentworth District School Board (HWDSB), Hamilton-Wentworth Catholic District School Board (HWDCSB) and the Hamilton Family Health Team (HFHT) invite caregivers to explore Emotion Coaching in a series of 90-minute webinars and/or a four-week parent/caregiver group.

## WHAT IS EMOTION COACHING?

Emotion Coaching is a communication strategy that can calm the brain in as little as 60 seconds, and help improve relationships. Emotion Coaching has two steps:

- VALIDATION:** Letting someone know we understand why they feel, think or act a certain way.
- SUPPORT:** Then, we provide emotional and practical support using strategies like reassurance, limit-setting, redirecting, collaborative problem-solving, teaching skills, etc.

## LEARNING IN WEBINARS

- Introduction to Emotion Coaching and how it can improve relationships with your child/youth
- Understanding the role of emotions, including resistance
- Linking Emotion Coaching to neuroscience
- Reviewing Emotion Coaching approaches

## TO REGISTER FOR ONE OF THE 90 MINUTE WEBINAR

May 13, 2021	1:00pm	<a href="https://bit.ly/ECCaregiverWebinarMay10">bit.ly/ECCaregiverWebinarMay10</a>
May 27, 2021	6:30pm	<a href="https://bit.ly/ECCaregiverWebinarMay27">bit.ly/ECCaregiverWebinarMay27</a>
June 2, 2021	9:00am	<a href="https://bit.ly/ECCaregiverWebinarJune2">bit.ly/ECCaregiverWebinarJune2</a>

Next session is May 13, 2021

## TO REGISTER FOR THE FOUR-WEEK CAREGIVER GROUP\*

Please call the Hamilton Family Health Team, Mental Health Groups line at Phone: 905 667-4852

\*We encourage caregivers to participate in a webinar before joining the caregiver group, however it is not required.

