

Westdale Athletic Teams

FALL	WINTER	SPRING
Basketball female identifying (Jr & Sr)	Volleyball female identifying (Jr & Sr)	Badminton (Novice, Jr & Sr)
Volleyball male identifying (Jr & Sr)	Basketball male identifying (Jr & Sr)	Novice Basketball (female/male identifying)
X-Country Running (Novice, Jr, Sr)	WaterPolo (Jr & Sr) (male/*female identifying)	Soccer (female/male identifying - Varsity)
Field Hockey female identifying (Varsity)	Hockey male identifying (Varsity)	Track & Field (Novice, Jr & Sr)
Baseball male identifying (Varsity)	*Hockey female identifying (Varsity)	Orienteering (Varsity)
Tennis (Jr, Sr)	Indoor Rowing (Varsity)	Rowing (Varsity)
Football Sr (no novice players)	*Alpine Skiing (Varsity)	Football Jr only
Golf (Varsity)	*Snowboarding (Varsity)	Ultimate Frisbee (Varsity)
Touch Football female identifying (Varsity)	*Indoor Track (Varsity)	Co-Ed Volleyball (Jr & Sr)
Novice Soccer (female/male identifying)	Power Lifting (Varsity)	Slo-Pitch female identifying (Varsity)
Novice Touch Football male identifying	Swimming (Novice, Jr & Sr - Varsity)	Rugby (Varsity) (female/male identifying)
LEGEND		
Novice = grade 9s only	Jr = Gr 9 & 10's	Sr = Gr 11 & 12 - but open to Jr's
Varsity - Grades 9-12 one team	*starts after Holiday Break	Female/male identifying = 2 teams, one of each