



The Sequitur

WESTDALE SECONDARY SCHOOL

APRIL 2018

From Westdale to the WNBA

The professional basketball journey of a talented WSS grad

By: Zeynep Berra Yilmaz

Since Westdale provides many opportunities for its students, there are a lot of Westdale graduates who have pursued the career of their dreams and have become famous. When we look at those who have become successful in the field of sports, there is no doubt that **Shona Thorburn** is the one to bring the most glory to Westdale.



The professional basketball player who has everything it takes - from desire to determination - had moved to Canada from England at the age of 11. By the time she was 16, she was representing Canada at the 1998 World Youth Games. Her accomplishments started from her years in Westdale as she became a bronze medalist in 1998 and 1999, and a gold medalist in 1997 OFSAA for the Westdale Senior Girls Team. . . (**Shona Thorburn** is continued on **page 11**)

Bryan Prince Closes

Beloved Westdale independent bookseller leaves behind a legacy

By: Talar Stockton

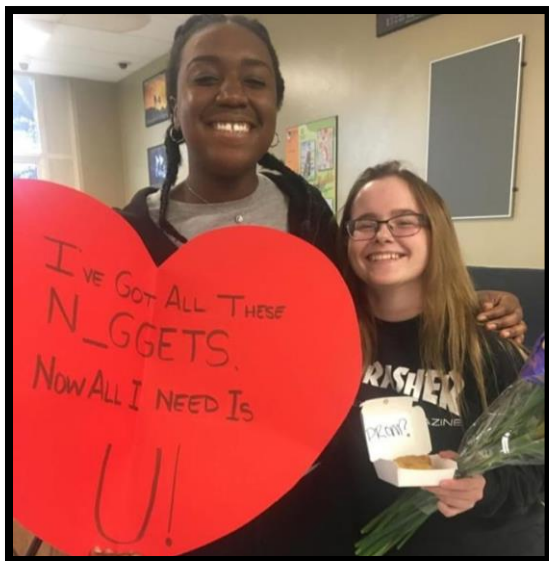
On March 29th, Bryan Prince Bookseller closed its doors for the last time.

The independent local bookseller had been in operation for twenty-nine years and had been a pillar in the Westdale Village community. Over the years, Bryan Prince Bookseller sold books for people of all ages - Harry Potter books, or copies of *The Fire and the Fury*, - with great pride. The store became an icon in the independent bookselling scene in Canada. . . (**Bryan Prince** continues on **page 6**)



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The Sequitur

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OUR TEAM

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Editor-in-chief: Morghen Jael

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GET IN TOUCH TO JOIN OUR TEAM!

Visit Ms. B in room 209 for information, or email us at thesequitur.westdale@gmail.com



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NOTE FROM THE EDITOR

Hey Westdale,

I hope you've been able to thaw a bit since I last checked in – a tough ask with that spring ice storm, I know. A colossal environmental April fool's joke, or something.

Over two years of writing these editorials, a solid 50% have been typed between snatches of gazing absently out of the foggy windows at Mulberry Coffeehouse on James North; lost in my music and in the swirling steam from my mug of tea. It's therapy for me, this kind of writing.

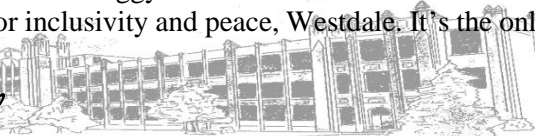
As I began composing this month's update, a news alert blinked onto my phone – "*Donald Trump calls unexpected press conference - watch live.*" So I did. This wasn't an April fool's joke; it was the announcement of a military airstrike on Syria. My sparkly café-calm whisked itself away as fast as the disappearing steam from my drink.

We live in a strange and often cruel time; it's reckless to pretend otherwise. Watching the American president explain the apparent necessity of this show of force, I thought about my day at school; it had been World Fair, the culmination of Westdale's Diversity Week. It was loud and enthusiastic and empowering, a display of understanding and appreciation for our differences. What we need now, more than ever, is this kind of connectedness. We need rational and compassionate thought. We need to take actions that help and heal, not polarize.

Sobered and unsettled, I turned off the live stream on my phone as I finished the last dregs of my tea. I found myself again gazing absently out of the foggy window.

Keep striving for inclusivity and peace, Westdale. It's the only way forward.

Morghen Jael



Our website is in the works! Stay tuned for more details in the coming weeks about how you can get involved with Westdale's student newspaper going DIGITAL! <3



ANNOUNCEMENTS



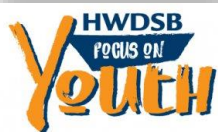
COMMUNITY INVOLVEMENT OPPORTUNITIES

The Kirkendall Neighbourhood Association is looking for volunteers for their annual food drive on SATURDAY, MAY 5. For more information, please see the bulletin board outside of Student Services.

There will be a tree planting event at Churchill Park on Saturday, April 21. For details please contact events@earthdayhamilton.ca.

Flip the Chip Fore the Cure is looking for volunteers to help out at local golf courses. To learn more, visit www.flipthechip.com.

Imagine In The Park is a children's art festival that is looking for volunteers on Saturday, June 2 from 10:30-5:30. Please see the bulletin board outside of Student Services for contact information.



FOCUS ON YOUTH

Interested in getting involved in the community or working with children? Being a camp counsellor or caretaker this summer? HWDSB's Focus on Youth program is looking for students ages 16 – 21 that are enthusiastic and open to learning new skills. Apply to Focus on Youth at www.hwdsb.on.ca/focusonyouth before April 26th for this amazing opportunity.

WSS Music Department Presents...

JAVA JIVE



April 20th



7:00 – 8:30pm



in the Library

\$5 for Students

\$10 for Adults



Triune Updates

That's right, your regular updates from Student Council!



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Westdale & the World

GREETINGS FROM TRIUNE! We hope you enjoyed Diversity Week and got the chance to enjoy some delicious international cuisine last Friday. Now that you've awakened from your food coma, get ready for your monthly dose of Triune news!

Model City Hall is happening **May 27th, 2018!** Absolutely **no** prior experience is required to apply. Model City Hall's mission is to make municipal politics accessible to high school students and empower the voices of youth--pretty snazzy, right? Plus, it's right here in Hamilton--not that much of a drive, if any. For a day, you'll have the opportunity to head down to Hamilton City Hall and act as a city councillor, trustee, or health practitioner. In conference with other applicants, you'll be debating and resolving issues affecting our city, just like the politicians actually in office. But it's not just for show--the resolutions which you create will be submitted to our current City Hall officials. This is a great opportunity to get acquainted with your city politics, connect to your community, get out of your comfort zone, and create resolutions for a bigger, brighter tomorrow. It's a really cool experience which Westdale students among us have worked tirelessly to make happen--and it's entirely free. Applications are surprisingly simple (honestly--check them out at modelcityhall.org), but be sure to submit them by **Sunday April 29th, 2018**. That means you still have more than **two weeks** to apply. Do it. Really. Like most Westdale students, you probably have no soul--meaning politics is perfect for you. Yes, you. Talk to Ruby Hye (rhye1990@hwdsb.on.ca) if you have any questions or concerns!

Soon enough, **Delta** and **Sir John A Macdonald** will be **closing and merging their student population into Westdale**. The trickle of students will start as early as next year, as Westdale welcomes incoming early transfers. Although we're excited to welcome the new students, it's always a possibility that the student population increase could spell sticky spots. Wondering if we have enough bandwidth to handles the increased Wifi use? Are you worried about lunchtime accommodations? Triune wants to hear your opinions and recommendations about how best to tackle the population increase. **If you have any concerns, suggestions, and solutions about the bump in student population, please email our Triune executive Corbin McBride** (that's cmbride1013@hwdsb.on.ca)--or just stop him in the halls. (This could be the difference between hellish Wifi or not in two years, people! Think of the future!)

The library is being renovated! It will soon be closed for renovations, starting **Monday April 23rd**. That's right, no more retreating to the library to "study". (We all know that you're really on your phone.) Not that bad, right? Except it also means no running to the library to print your essay last minute, no more classes booked in the libraries, no more meeting in the library conference room... Yeah, it could be awkward--so if you have some concerns about where to find printers or maybe you don't have a computer at home, please speak up! **If you have any concerns, suggestions, or questions about the library renovation, please email them to Corbin McBride** (cmbride1013@hwdsb.on.ca), **no matter how petty**. Your concerns are valid, and the sooner a solution can be figured out, the better. Thank you!

Triune updates are continued on page 5. . . .



Triune Updates continue from page 4. . .

The club event boards is making headway! Look for it on the first floor, in the cross-hallway opposite-ish Student Services (the hallway with all the pictures of acclaimed former Westdale students). **Different clubs will post upcoming events there** so you'll be able to know what's happening in Westdale well in advance. On a related note, **a new, slightly bureaucratic event system will be taking place**--club leaders and/or event planners will now be submitting a form to get each event approved a week in advance. Although it's a bit of a hassle, this will hopefully minimize events getting shut down last minute by administration (not that that ever happens in Westdale...). It will also prevent events from accidentally occurring at identical times (dividing student participation between each event) and decrease the likelihood of two closely-dated events having identical themes (not so awkward for a bakesale, a bit awkward for a karaoke jam). This won't really be relevant anyone but those involved in clubs--so here's a heads up for sports team captains and Model UN delegates alike that events may require a touch of paperwork in the near future. Thank you!

In conclusion: **be sure to apply for Model City Hall**. It's too good an opportunity to pass up. Also, please tell us your thoughts about the influx in student population and consider any issues which might arise as the library renovation approaches. It's called being proactive! Finally, get ready to see the clubs board--announcements are so passé these days, right? Remember to tune in next month to hear more Triune updates--in the meantime, we hope you have a relaxing April!



The beautiful library we're definitely not going to get.

Cultural touchstone Bryan Prince Bookseller has closed, but don't turn the page on other independent Hamilton booksellers.

(continued from front page): Bryan Prince Bookseller was a touchstone for children growing up in Hamilton, and often we received customers, who, like myself, had grown up within the shelves of the store. The founder of the store, Bryan Prince, often claimed to have invented the midnight release parties that were so renowned during the releases of the Harry Potter books, which lodged themselves in the memories of many readers. I personally remember, at age eleven, running down King Street on an October Tuesday, desperate to purchase the latest Percy Jackson book - the Harry Potter releases were before my time. Bryan Prince Bookseller became a tradition to many Westdale citizens. Tradition meant the basket of Carnaby Street Chocolates, wrapped in coppery orange, pink, and emerald foil, sitting innocently on the corner of the green sale desk each Christmas, tempting employees and customers alike. Tradition meant nervously asking, "Can we, uh, climb these ladders?" and then feeling enthralled when reaching the book on the top shelf thanks to those rolling ladders. Tradition meant the poster of a glowering Leonard Cohen, glaring at readers from the window.

There was an essence of life in the store: something fresh, something unique and personable, unlike the mega-corp bookstores squatting in shopping malls with their artificial atmospheres and stale staff picks.

It was a store, but also an old friend, offering community, friendship, and most of all, knowledge.

I had the privilege of being employed at Bryan Prince Bookseller for one year after being a customer for my entire life. I learned the intricacies of ordering books from publishers; how Raincoast would take two weeks

or more to get a book in, but you could trust Penguin-Random House or HarperCollins to deliver a book within a week. I learned about how to handle a customer who didn't know the title or the author of the book they wanted, or how to find the right birthday gift for a customer's fifteen-year-old nephew they knew close to nothing about. In the end, someone always walked away with a good book, and that's something to be grateful for.

I met many people at Bryan Prince I otherwise would've never had the chance to meet: Hamilton authors Gary Barwin, Daniel Coleman, and Laurence Hill. I had the chance of meeting the Hamilton Spectator's witty cartoonist, Graeme McKay, when he did a book signing at the store. I met Spectator columnist Paul Benedetti when he did a reading at our store on Mother's Day - I can say with confidence that he is as funny in person as he is in print. I also met people whose stories enchanted - stories of meeting Leonard Cohen, or life in 1960s Toronto, or playing dead when a grizzly decided to visit one's campsite. You got a wholly unique education from Bryan Prince Bookseller; one that no book, school, or lecture could give you. It was the education of community.

It's a heartbreaking reminder when a place like Bryan Prince closes; a reminder that there are these oases, and we put them at risk every time we chose to shop online from mega corporations. Convenience is debilitating to our society. Every time we click "buy", we rob ourselves the opportunity to grow, to learn, and to meet others in local, independent booksellers with personality. Interaction and meeting places are so essential to humanity, and we mustn't abandon them.

I'll end this piece with a plea: please, if you value a free society, and believe in community, choose an independent bookseller instead. You'll be exposing yourself to a wealth of knowledge and experience. Below, I've attached the information regarding independent booksellers in Hamilton. Hope to see you there.

Epic Books - 226 Locke St South, Hamilton, 905-525-6538, info@epicbooks.ca

The Printed Word - 69 King St West, Dundas, 905-628-1221 mcdjam@hotmail.com

A Different Drummer Books - 513 Locust Street, Burlington, 905-639-0925, diffdrum@mac.com

J.H. Gordon Books - 314 King St. E, Hamilton, 905-522-1862, jhgordonbooks@gmail.com

James Street Bookseller & Gallery - 134 James St S, Hamilton, 905-296-1251, info@jamesstreetbooks.ca

Westside Stories - 852 King St W, Hamilton, 905-523-4345, westsidestories.ca



The Importance of Earth Day

By: Sonya Pallapothu

For centuries, the air in our atmosphere has been polluted by harmful gases, undisposed waste, and toxic chemicals, and it's starting to take a toll on humanity. During the 16th century, Spain conquered South America, and they started to pollute the air with cancerous clouds of lead after taking over mines. Now, in 2018, the pollution has only gotten worse, and CO2 emissions and toxic waste problems are getting out of hand.

After witnessing the 1969 oil spill in Santa Barbara, California, Gaylord Nelson, a Wisconsin senator, presented the idea of celebrating Earth Day. He thought it would be a "national teach-in on the environment" and he aimed to involve the student community. So, he made Earth Day on April 22 as this day was the most convenient for students, because it was between Spring Break and their final exams. Two decades later, in 1990, Earth Day was celebrated internationally in 141 countries, and many programs are now issued worldwide to help rejuvenate the Earth.

Organizations such as the Earth Day Network promote campaigns and create projects that are related to reforestation, climate change, and undisposed waste products. These organizations also call for action, by protecting forests, planting trees, cleaning up waste that could cause pollution, and in general promoting a green planet.

We as part of the Hamilton community are lucky to have access to SoBi bikes and public transportation, which can help reduce fossil fuels (as opposed to using non-electric vehicles). There are also many programs in Hamilton's parks that allow citizens of the city to plant trees to replace trees that have been cut down. As citizens of Hamilton and students of Westdale, we can contribute to saving the Earth on Earth Day – and every day.





The Fossils on the Field

By: Will Flora

Would it surprise you to know that there are “living fossils” on the Westdale Secondary School property? Yes, scattered around the perimeter of our athletic field you can find five Ginkgo trees, soaking up the sunlight and thriving. Believe it or not, Ginkgo trees are “living fossils.”

I recently visited California and saw the giant Sequoia “General Sherman,” by volume the largest single stem tree in the world, and saw the Coastal Redwood forests. But you don’t have to travel thousands of kilometres away to be amazed. Hamilton has a magnificent area of vegetation, and various ecological landmarks to explore, like the Bruce Trail and the Royal Botanical Gardens. There are stunted white cedars growing out of the escarpment, some more than a thousand years old (Don’t go looking for them! Let them be!) Worth putting on your bucket list to road trip around the area for a day, there is a big old oak tree off Fifty Road, just before the escarpment. And there is the Comfort Maple near Welland, the largest Sugar Maple in Ontario. Located at the northernmost edge of the deciduous Carolinian zone, there are many more notable areas and remarkable trees in our neighbourhood. (The RBG had an official propagation specimen of Wollemi Pine on display a while ago, and there is also a titan arum, one of the largest flowers in the world, at the McMaster University biology Greenhouse, which bloomed a couple of years ago). But you don’t even need to go that far. Just look around at the fossils on the field!

The term “living fossil” is defined as an organism that closely resembles a species from much earlier geologic times, and whose close relatives are usually extinct. Accurately gaining the term “living fossil,” the Ginkgo tree is found in the fossil record dating back 270 million years ago (Permian era), and there are no living traces of any of its relatives.



Native to east Asia, more specifically central China, sometimes referred to as the Maidenhair Tree, with the scientific name *Ginkgo biloba*, the Ginkgo is the only living species in the division Ginkgophyta. All other species in this division are extinct.

What has set the Ginkgo tree apart? Well, it’s the evolutionary qualities that have helped the tree to keep on growing, surviving and thriving on this planet Earth. The Ginkgo has an extremely, exceptionally large genome. The definition of genome is the haploid set of chromosomes in a gamete or microorganism, or in each cell of a multicellular organism. The genome of the Ginkgo is 10.6 billion (the human genome has 3 billion). This great diversity of genes helps it with bacterial and chemical defense mechanisms. Fire-resistant, rot-resistant and pest-resistant, this tree grew up with dinosaurs (Jurassic Era), watched them die out, and will likely stay here for longer than most creatures alive today. Today, and for centuries, the tree has various uses in traditional medicine and is a source of food. Probably for the dinosaurs too!

Ginkgo trees are such hardy trees that six have been recorded to have survived the atomic bomb blast of Hiroshima, 1945. Along with our five on the field, those six Ginkgo trees that survived the nuclear blast are still alive today, 2018.



No, volunteer tourism is not changing the world

By: Lane O'Hara Cooke

If you have social media, there is a good chance that at some point while scrolling through your feed, you have come across a picture of one of your mutuals posing with a child of colour you have never seen before. The caption might have consisted of something along the lines of “so blessed to have this amazing experience, I will never forget these amazing kids that changed my life!!! #tanzania”.

There are several issues with the emerging trend of what some call “voluntourism”. Often in the photos we see, the white volunteer will be in the centre. To their followers, they are writing a story in which they are the main characters. Through their “heroic” action of spending two weeks to a month in a distant country, there’s the assumption that they have somehow fixed the complex issues faced by the country’s citizens. This is called “the white saviour complex.” They are the Caucasian westerner that comes over and “saves the day” for non-white individuals, but the motivation for these actions can in some ways be self-serving.



Chances are, these volunteers are not doing the intense humanitarian relief that they are commonly portrayed to be doing. In reality, most of their engagement would be superficial. A lot of this has to do with the lack of skills and in-depth education these volunteers possess. Before flying over to these countries, volunteers should be educated about the historical, political, social and economic conditions that lead to these countries needing help.

When a country’s citizens are struggling, they need long-term stability. These volunteers are often there during their summer breaks, and plan to pack up in a couple of weeks, fly home to their families, and let their experiences fade into stories they tell their friends. Perhaps, instead of spending money on sending all these volunteers over to build schools, we could pay to train citizens of the country. This way, it creates jobs and a way to sustain the building of these schools.

If you are thinking of going on one of these trips, I would like you to consider the following: why you are volunteering? Is it because it looks good on university applications? Is it because you want to think you are a good person? If your reason for volunteering is because you want to put up a front, I ask of you: do not go. Do not just take pictures with random kids you meet. Posting pictures of the children you were around is not okay, especially without permission from their parents. You are exploiting their privacy and dignity, in order to get likes on your Instagram photo.

We do not need more untrained high school students to go into these countries and use the showers in these volunteer camps when the citizens outside do not have access to clean water. The citizens of these countries are not here to be your inspiration. They are not here to be your university application essay. They are real people with lives just as complex as your own.

Our privacy: Knowledge is Power, like Data is Money¹⁰

Sarah Walker

We spend a lot of time online, and often you see sites asking for “cookies” or utilities that collect and store data. And for the most part, we click “Accept and Agree” without a second thought. After all, what’s the harm? It’s not like the FBI is going to bother us about binge-watching some show for the fourth time in a row.

The thing is, it’s not new news that we’re being tracked. Schools across our board have had discussions and assemblies about internet safety—be careful about what you send, don’t talk to strangers!—but I don’t think it’s been stressed enough how much is being shared without you directly talking to anyone. Every Google search we make, every account we create, everything has the possibility of being tracked and saved. In 2016, it was estimated for our world to reach 44 trillion gigabytes of data usage by 2020—now, it’s 163 trillion by 2025.

Well, yes, that’s a lot of data. So what?

Oftentimes, there’s this detached mentality of how it isn’t applicable to us. “Oh yeah, I’m nobody important, so it doesn’t matter—who would want my stuff anyways? What’s the worst that could happen?”

And yes, it’s true, celebrities often take the brunt of the fall, and it’s unlikely that the police will randomly go through everyone’s personal search history. For regular people, personalized ads and scams are the most common.

Long story short, the majority of websites tracking your information go about it like this: a site collects data, sells it to a data broker company (like Acxion), who then sells it back to other companies. These companies update their profile of the user behind the screen. These profiles contain all sorts of information—from your location or IP address, to the questions you search, to the ads you click on. They can then be analyzed to draw conclusions about your lifestyle, and used to determine how best to get money from you. For example, if you’re interested in sports, you’ll be shown ads for games, equipment and similar items.

Unfortunately, it doesn’t just stop there. While less likely, this distribution of data has also led to people losing millions of money to scams, or predators finding

targets.

Ideally, there would be a perfect balance between caution and freedom online. Of course, there are solutions—VPNs and certain browsers promise to hide your IP address and protect your privacy, or perhaps you could personally abstain from using specific apps or sites.

However, if I were to offer one piece of advice, it would be this: do your research, read those Terms & Conditions and Privacy Policies, and understand what exactly you’re agreeing to when you sign up—whether it’s a new social media account, a game, or something else. While it isn’t necessarily good to close yourself off from the internet, it is important to maintain some sort of online privacy.

On our side, it’s our job to decide when too much is too much. Calling the big-name companies out (I’m looking at you, Facebook) and protesting is one thing, but as users, we need to take control over our privacy. Decide where to draw your line.



(**Shona Thorburn** continues from the front page):

Her success drew attention, and after many newspaper articles were published about her, she was named High School Athlete of the Year in her senior season.

She participated in the 1998 and 1999 Nike All-Canada Camps and was the youngest player for Ontario at the 1996 Juvenile Girl's National Championships. Her potential as a leader was discovered so early that she was named the co-captain of the Junior Women's National Team in 2000. She participated in "les Jeux de la Francophonie" as a member of Team Canada in 2002, again, as the team's co-captain. The same year, she was the second leading scorer on Canada's Young Women's National Team at the FIBA Americas World Championship Qualification Tournament and was among the leaders in rebounding, assists, and minutes.

After graduating from Westdale 18 years ago, she made the senior national team in 2002 and competed in the 2003 Pan American Games, where Canada came in 4th. At the FIBA Americas Olympic Qualification Tournament in 2003, she ranked fourth on the team in rebounds as a member of the Senior Women's National Team. It was no surprise that she had earned the privilege of being a part of the national team (every athlete's dream), since at the University of Utah, she started every single game in her four varsity seasons and played for an average of 37.4 minutes. After ranking third in the league in scoring, ranking in the top 10 of the conference in nearly every field, and ranking number 6 in the nation, leading the Mountain West Conference in assists, and being awarded Player of the Year, she carried the team to the Elite Eight of the NCAA National Championship Tournament.



One year after starting university she had taken a break from the national team program. Thorburn returned to the National team after 8 years, in 2011, when Canada's National Basketball teams were not performing with their full potential. Men's basketball had lost in preliminary round in World Championship in Turkey where the home country had came in second and women's team had been in 17th place. Thorburn got over dark times with her teammates and raised the team with her leadership and spirit. They competed at the 2011 FIBA Americas where Canada won bronze; Thorburn came third overall in assists with 3.3 per game. The same year, Canada had qualified for London 2012 Olympics at the last minute and won at a last-chance qualifier only a month before the Games. Even though they lost to the gold medalist Team USA in quarter finals, The London Olympics was one of the most memorable events for the Canadian Basketball because for the first time in more than a decade, the Canadian women had competed in Olympic basketball. Thorburn averaged 25.3 minutes, 10.5 points and 4.5 assists in those six games.

In 2013, at the FIBA Americas Championship in Mexico, everything seemed to be going right until a loss to Cuba at the final game, leaving Canada with a silver medal. Later on, Canada qualified for the 2014 FIBA World Championship, where Thorburn was part of the fifth place finish, the best result by the Canadian women since 1986. Returning to Canada in 2015 for the Pan American Games in Toronto, Canada defeated the United States in the gold medal game played at Ryerson Athletic Center, dominated by fans in red and white. Thorburn was a part of the team that won gold at the 2015 FIBA Americas Championships as well, and had helped the team qualify for Rio Olympics 2016 (much earlier than it did for London).

That summer was a magical one for Team Canada, with back-to-back golds, but did not end so well for Thorburn. She broke her leg at the 2015 FIBA Americas tournament where she had led Canada in assists in three of the five games. Her leg was so badly fractured that you could see the bone bulging underneath the skin. She was not sure if she could make a comeback; however, since she had been a key component for Team Canada all these years, she had to recover the same year so that she could contribute to her team at the Olympics.

(**Shona Thorburn** continues on page 12)

(Shona Thorburn continues from page 11):

Canada's National Basketball team was ranked number 9 in the world that year and Thorburn managed to recover and play in the second Olympics of her career where they were tied for 7th, one place higher than they did in London.

The two-time Olympian also had a career in the league that's home to the best female basketball players around the world. After graduating from University of Utah in 2006, Thorburn was drafted seventh overall by the Minnesota Lynx, which made her one of 15 Canadians ever to play in the Women's National Basketball Association. She spent parts of two seasons in the WNBA with the Lynx, and then the Seattle Storm as a point guard. After her professional debut in WNBA and 8 seasons with the Canadian National Team where she played 82 international games, she went to Europe in 2007 to play professional basketball there. She took her talents first to Spain (2007-12), and then to France (2012-16), which is one of the best leagues in Euroleague, and played for two teams in Eurocup championships in 2008-09.

Thorburn constantly mentions she had great memories from high school to professional ball in Europe. She is happy for the emphasis Hamilton places on girls' basketball and remembers her years tenderly: "It was an opportunity for me to play competitively starting at the age of 11. (...) If it wasn't for Transway, I wouldn't have had anything else during the school year other than school basketball. It was huge."

"Transway is the start (for basketball), and it's still a women's club which means they can spend all their energy on girls ball. It just proves the commitment that Hamilton and the school boards have made to girls' basketball, and it shows." As she says "Hamilton's a hub for basketball," and those interested in basketball, whether as a hobby or a career, should take advantage of the opportunities both Hamilton and Westdale are providing. I hope her achievements have inspired some Westdale students and have persuaded them to do what they love. I will leave you with two quotes from Shona Thorburn:

"Anything is possible. Be patient, your dreams don't come true over night. Be prepared to work hard and enjoy what you do."

"If I made it, dreams can come true. Be prepared to work harder than you ever have, be willing to make sacrifices so when you look back, it's all worth it. I encourage everyone to follow their dreams because you never know what might happen."



2018 Paralympics Recap

The Phenomenal event and its preminent and praiseworthy participants

By: Zeynep Berra Yilmaz

South Korea recently hosted the largest Paralympic Games in history. PyeongChang was expected to welcome around 650 athletes from 80 countries, and ended up having 570 athletes across 49 countries plus the neutral group of athletes from Russia take part. In this event, which takes place once in 4 years, the elite athletes with disabilities gathered and stirred powerful feelings across the world. The Paralympians competed in six winter sports: alpine skiing, biathlon, cross-country skiing, ice hockey, snowboard, and wheelchair curling. They received surging support while raising awareness and understanding of disability in sport.

Committee (IPC), North Korea marked its first-ever appearance in the Paralympics with two athletes. Canada wrapped up the Games by ranking 3rd in gold medal count (eight) and 2nd in overall medals (28 – four of which were silver!). Neutral Paralympic Athletes came second in overall ranking with 24 medals. This year's participation with 55 athletes was the most successful Canadian performance, with regards to their total medals exceeding the 19 won in 2010. . . (Paralympics continues on page 13)



PyeongChang 2018™
PARALYMPIC GAMES



With the invitation of The International Paralympic

(Paralympics continues from page 12):

The Paralympics is the world's third-largest sporting event, after the Olympics and the World Cup, and for the excitement of Olympics to continue on to the Paralympics, a festival celebrating Korean culture was launched to muster more enthusiasm for the Paralympics. The Hallyu, meaning Korean Wave, performances helped promote the Games and boost up everyone's spirits with entertainment for tourists. PyeongChang really spent a lot of time and money not only on the stadium – which cost \$109 million (used only four times in the course of the games for the opening and closing ceremonies) – but also on promoting it in order to keep the keen attention going.

The main event of the opening day was South Korean actors Jang Keun-suk and Lee Dong-wook holding meetings with fans where they, respectively, provided 2,018 and 1,000 tickets to their fans to watch ice hockey together with them. Other music concerts also accompanied the visitors, including a K-pop performance featuring various artists, including B1A4 and BTOB.

A white tiger named “Soohorang” (holy guardian animal) and a black bear called “Bandabi” (symbolizing strong bravery) were unveiled as the two mascots for the Games. Mascots represented animals that appear in Korean mythology and are associated with the nation's culture (*pictured below*).



The first Paralympic Winter Games were held in Sweden, in 1976 and last organized in Russia in 2014, drawing a global TV audience of 2.1 billion people. The best of the Paralympics were brought to a wider audience this year with British television network Channel 4 broadcasting 100 hours, CBC and Radio-Canada more than 600 hours and NBC a record 250 hours (the most ever for a Paralympic Winter Games) of coverage. It was also broadcasted in over 25 countries in Europe.

Audiences around the planet were beguiled and galvanized from March 9 to 18 while watching the athletes of 2018 Paralympics put on incomparable performances. As the country's president says “This is a victory for the people of South Korea”. It is also a victory to those around the world to whom the Paralympics have bestowed a deeper appreciation of the human body's varieties.

*** *The 2012 London Paralympics, which were the first Paralympic Games to sell out, had advertisements called “Meet The Superhumans,” which I strongly recommend that you watch on YouTube.*

Westdale Basketball Players at the HWDSB All-Star Games 14

By: Zeynep Berra Yilmaz

HWDSB split the best high school basketball players into two teams – Team McMaster University, and Team Mohawk College – to exhibit their talents in an All-Star game for the 2017-18 season.

Senior and Junior games took place at Glendale Secondary, where Evan Morgan was representing Westdale in Team McMaster (Junior) while his teammate from Westdale, Noah Mulkewich, played for Team Mohawk. Morgan was the second leading scorer of the game, posting 13 points, while Mulkewich collected the game's top player award for Team Mohawk. Team McMaster came victorious in the opening junior game after a last minute point making the score, 91-90.



During the senior game, on the other hand, Team Mohawk got their revenge by topping Team McMaster 81-79. Over 30 students had tried out for the Senior All-Star team and Dale Whitmore was the only Westdale player to make it. It is also worth mentioning that Seniors Jason Buckingham and Kolija Goulbourne and Juniors Mulkewich and Dima Ignatovic had represented Westdale last year.

Westdale offered a lot of students, especially in the Girls' All-Star game. Jordan Denkers, Taylor Marof, and Amy Stinson from Westdale played for Team McMaster while Patyon Marof and Claire Sutherland-Case were a part of Team Mohawk.

In last year's All-Star games, Marof and Sanyu Rashford had been on Team Mohawk's roster, while Kyra Cummings contributed to Team McMaster. Marof earned the MVP honor for Team Mohawk and was the game's top scorer, with 19 points while for Team McMaster, Westdale's Kyra Cummings was the top scorer with 16 points. Team Mohawk, which had two Westdale players, beat Team McMaster with the result of 77-69.

As the post-secondary institutions teamed up for this event, they also provided student-athletes to help coach the teams. Team Mohawk was coached by HWDSB graduates and current Mohawk women's basketball players, one of which was Stef Hrymak (a Westdale graduate)!

**McMASTER
MARAUDERS**

Team McMaster

Coaches

Junior: Josh Nardini and

Kwasi Adu-Poku

Senior: Patrick Tatham, Connor Gilmore
and Jacob Edwards

Team Mohawk

Coaches

Mike Woodburn and

Brian Jonker

JUNIOR ALL-STARS

Nolan Omerod	Saltfleet	#1	Liam Magee	Saltfleet	#1
Jacob Horncastle	Sir Allan MacNab	#2	Troy Bowden	Ancaster	#2
Tanner Baker	Dundas Valley	#3	Zubin Bulsara	Sir John A. Macdonald	#3
Demarco Lawrence	Westdale	#4	Trevor Goddes	Dundas Valley	#4
Skylar Rajasingham	Ancaster	#5	Noah Mulkewich	Westdale	#5
Stefan Mahdessian	Glendale	#6	Jacob Rangers	Sherwood	#6
Thomas Matsell	Saltfleet	#10	Michael Barry	Sir Allan MacNab	#10
Brad Vasiliauskas	Sir Winston Churchill	#11	Kyle Mandryk	Ancaster	#11
Kyle Moore	Sir Allan MacNab	#12	Gurjot Tattar	Orchard Park	#12
Tavaughn Rose	HDCH	#13	Nick Moore	Sir Allan MacNab	#13
Evan Morgan	Westdale	#14	Mike Desroche	Sir Winston Churchill	#14
Andrea D'Addazio	Guido de Bres	#15	Owen Parney	Waterdown	#15

SENIOR ALL-STARS

James Agyapong	Saltfleet	#20	Zach Hennessey	Waterdown	#20
Tiki Mahmuti	Glendale	#21	Andrew Bartlett	Saltfleet	#21
Mobean Bilal	Saltfleet	#22	Faisal Mohamed	Sir John A. Macdonald	#22
Austin Millben	Delta	#23	Luke Lynch	Sherwood	#23
Gabriel Milliken	Dundas Valley	#24	Ardit Gashi	Orchard Park	#24
Kyle Krist	Waterdown	#25	Malcolm Douglas	Saltfleet	#25
Ermir Haziri	Sir John A. Macdonald	#30	Nicola Surla	Orchard Park	#30
Jake Fisher	Orchard Park	#31	Hunter Alexander	Delta	#31
Josh Hill	Sir Winston Churchill	#32	Malik Allen	Sir Winston Churchill	#32
Kyle Sportack	Sherwood	#33	Ricky Morrison	Saltfleet	#33
Karim Al Jnainati	Orchard Park	#34	Milos Mladjan	Glendale	#34
Dale Whitmore	Westdale	#35	Michael Tran	Westmount	#35



DEAR A . . .

Advice from the best



Dear A,
Prom is fast-approaching and I really like this person - how should I propose?
Sincerely,
Operation Promposal

Dear OP,
It's promposal szn boiiiiiiiis. The classic is writing some sort of cheesy pun on a Dollarama poster board and including a small gift that goes with that pun. Recent years have also seen the inclusion of memes in these puns. The key point is to make sure you know the person well and that your main topic is something they're interested in. For example, this guy likes goats so his prom date included a goat:



This goat situation is for sure the best promposal I've ever seen. If she got rejected at least she's got a goat.

Sincerely,
-A



Dear A,
THE LIBRARY IS CLOSING AND I DON'T WANNA WORK IN THE CAF, WHAT DO I DOOOOOO
Sincerely,
my exam is in two weeks do you really expect me to work in the caf and still graduate this year

Dear MEIITWDYREMTWITCASGTY,
it's really not that deep my guy.
The Learning Resource room, located in Room 123, is essentially a mini library. There's a printer, computers, helpful staff members, cubicles for my solo studiers and large desks for group work. You still have to sign in but everyone is welcome (even if they don't have a spare).
The Westdale Public Library, located 5 minutes away from school, is essentially a big library. There's a printer, computers, helpful staff members, cubicles for my solo studiers and large desks for group work. You don't have to sign in and everyone is welcome (even if they don't have a spare).
Many teachers also open their rooms at lunch time, essentially turning them into mini libraries. Some classrooms have printers, computers, helpful staff members, small desks with chairs welded on for my solo studiers that can also be pushed together for group work. You don't have to sign in and everyone is welcome at the discretion of the teacher (you might be able to get in without a spare).
Sincerely,
-A

P.S. The cubicle in 123 beside the back row of computers is MINE from 8:30AM-11:10AM. Don't even think about taking it. Also if you come into the public library on Tuesdays from 5-9 or Saturdays from 9-1 please tuck in your chairs and behave yourselves. I'm out here hustling for that minimum wage and not having to clean up after your shenanigans makes my life a lot easier :)

Society Believes

By: A Rough Hazy Ink Ninja

How our generation is defined.
We are the ones who can tell you
What is right.
We agree with
Hate.
We conquer
What's in front of us;
While we see beyond
Our dreams;
We realize the importance of
Stability.
Nevertheless, we want to have more than
What we have.
Our end goal is not
Happiness.
It is
Money;
The most valuable thing is not
Knowledge.
Our generation seeks
The easy route.
We don't want our lives to have
Challenge,
We desire
What our generation stands for.

(Read lines in reverse)



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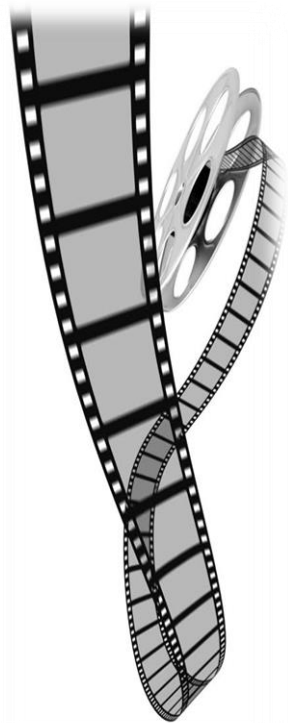
Get Out

A Movie Review – Madeline Loewith

Get Out is a critically acclaimed psychological thriller addressing the strong undertones of racism in America. It successfully highlights political issues without taking away from its storyline or impacting the enjoyment of the film – something that can be hard to accomplish, especially for a debutant director (Jordan Peele). Even more impressive, Get Out was nominated for 181 awards and won 127, including the Oscar for Best Original Screenplay. It wasn't as terrifying as it was hyped up to be, but the story was unpredictable and captivating. Not a casual night in, but definitely worth a watch. 8/10

WHERE TO WATCH: iTunes, Library, or Amazon.

This movie is for everyone who went to see Black Panther several times in theatres.



Student Photography Gallery

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Welcome to The Sequitur's gallery of student photography! Photos are IN COLOUR on a limited number of copies!

Gallery: Mackenna Friesen



Enjoy!



Are you an aspiring photographer or visual artist? Got some pieces to share? Send them to thesequitur.westdale@gmail.com and we'll publish them next issue!



Visual Arts

Taz Chu

