



The Sequitur



WESTDALE SECONDARY SCHOOL

FEBRUARY 2017

Five-Period Days: Not So Bad?

Why we should stop complaining about next year's schedule

By: Reggie English

While wandering the halls during lunch or before school, there's one big thing I've noticed. I can't not watch the ground. There are so many legs, lunches, backpacks and textbooks just sitting on the ground. There are students trying to eat and do homework on the ground where they're being stepped on constantly. The school is required, by law, to provide enough seating area for students to eat lunch and that just isn't the case here at Westdale.

There's a lot of talk about the 5 period system that is being implemented in September of 2017 and the one thing I have to ask is, *who does this benefit?* Who gains from having this implemented? The answer is simple: it benefits everyone. I've had this discussion more than once and there seem to be a number of concerns that remain the same.

"What about extra-curricular courses?"

This will depend on the teachers. They don't owe you extra-curricular activities and if you really want them that bad, why don't you organize them yourself rather than wait for a teacher to do it? There are many programs at Westdale that are doing this and it works wonders. You can reschedule them for after or before school if you really want them . . . **(Five Period Day is continued on page 4)**

In this issue . . .



. . . the danger of Donald Trump's travel ban. . .

Westdale Theatre, Westdale Village's iconic cinema, is being put up for sale for 1.8 million dollars. Despite being a cultural artifact, it is not under the Ontario Heritage Act and can be demolished by potential buyers. . .

. . . a city councillor's fight to save the Westdale Theater. . .



. . . TONS of student photography . . .

AND SO MUCH MORE!



OUR TEAM

In this issue:
Editor-in-chief: Morghen Jael
Staff Advisor: Ms. Baboudjian
Contributors: Reggie English, Talar Stockton, Mackenna Friesen, Sarah Sellens, Justice Tomlinson, Annie Kang, Tasnia Noshin, Raiyan Sayeed, Theodor Aoki



GET IN TOUCH!
Visit Ms. B in room 209 for information, or email us at thesequitur.westdale@gmail.com
We meet occasionally in room 209, and snacks sometimes make a surprise appearance! Come check us out!

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WE NEED. . .

The Sequitur

- Journalists
- Reporters
- Authors
- Fan-fic Writers
- Poets
- Photographers
- Artists
- Amateur cooks
- Travellers
- Readers, music-lovers, TV show addicts. . .
- Outside-the-box thinkers
- YOU!



Be part of Westdale's hottest student-run publication! We always welcome new contributors!



UPCOMING FUNDRAISERS: Stay tuned in the coming weeks and months for fundraisers and vents run by The Sequitur! We're looking at a pancake lunch (restaurant style in room 209), a limbo competition, and some charity initiatives for International Women's Day! Get involved!



NOTE FROM THE EDITOR

Hey Warriors! Happy Semester 2! I hope you're all settled and satisfied in your new classes. As you've no doubt been hearing for weeks now, February is not only the awkward in-between month of slush and misleading sunny skies, but is supposedly the month of looooooove. This was great news to those of you who enjoy watching sappy romantic comedies and who have a significant other bearing gifts of flowers and chocolate. It wasn't such great news for the rest of us; like most students, the only thing I'm currently in a long-term relationship with is my pillow. But here at The Sequitur, we don't hate on love simply because we've never felt it – we know it's important to keep our chins up and to take care of ourselves. See page 12 for Valentine's Day survival tips. . . for singles! ☺

Speaking of love: who's loving the new American "president" right about now (page 6)? Who's loving the prospects in the Canadian Conservative Party leadership race? Who's loving the five-period school day promise for next year (front page)? I'm definitely not. Some days it feels like I can't turn on the news without being hit with a wave of depressing slush, so disheartening that the only thing keeping me from shutting it off is my own morbid fascination. Our world is changing, that's for sure – whether our world means this school or the international community – and it's easy to feel powerless. Please remember that you're not. We can use our voices to peacefully evoke change. Fighting hate with hate does no good to anyone. Fighting with love is the only way we're going to get through this together. It's a cliché, sure, but it's not a joke.

I may not love Valentine's Day or the current state of politics, but, believe it or not, I've found something to love this February. This month, my Valentine is Hamilton, ON. That's right, I'm in love with my city. I feel so lucky to live in a place full of beautiful views, delicious food, and diverse, motivated people. I love Hamilton every day of the week, every month of the year, even against a factory-smoke skyline and in the reflection of a polluted harbour. I love Locke St. for its hipster cafes and sunny disposition, Westdale for its good-ol'-days charm (see page 9: The Future of the Westdale Theatre), and James North for its art and attitude.

This appreciation came through acutely this month at the Arkells' sold-out homecoming concert at the FirstOntario Centre (which is still Copps in my household) on February 10th. I was lucky enough to grab last-minute tickets from a friend, and I am eternally grateful that I got to be there. I've been obsessed with the alt-pop-rock band ever since I realized that they were synonymous with "Hamilton pride," and this wasn't the first time I'd seen them live. There's no denying, though, how good "Cynical Bastards" sounds in an arena full of screaming Hamiltonians. There was no shortage of hometown love from lead singer Max Kerman either; "We'd like to thank everybody[...] pouring their heart and soul into Hamilton, Ontario and making it a beautiful place to live. And that's what this song is all about."

Get out and enjoy your city this month, Warriors. There's lots to see and lots to do. Heck, you might even stumble into the Arkells walking around on James Street. It's happened before.

Lots of love,

Morghen Jael

Morghen Jael



Five Period Day continued from page 1:

"What if I have an extra-curricular in the morning and I'm a senior student? I will have to get through 3 classes before I can have lunch."

There are very few teachers who won't let you have a snack and the possibility of you have 3 teachers in a row who won't let you is pretty small. However, if you have the misfortune of having 3 teachers in a row who refuse to let you eat, pretend you're preparing for post-secondary or work. Out there, you're going to be working for hours without a break and you can't just "boo" your boss to get out of it.

"Well, what if I am taking all three sciences? You can't eat in science labs."

Well you probably won't get all three in a row and, if you do, talk to your teachers. Arrange for a little time to eat. In the end, they want you to be successful and that includes you having enough nutrients. There are two science teachers that might not let you eat but even so, you probably won't get both; one of them teachers the junior classes anyway.

"It's not fair that we are being forced to do gym class followed by math class."

That affects primarily the Ninth Grade population; nobody who is currently enrolled at Westdale SS is going to be affected. Also, there is scientific proof that this is beneficial to students. We all do things we don't like but that are beneficial to us; it's part of being grown up and responsible. While I respect your concern for other people, it's not your place to question these decisions, it's like telling a child not to take the medicine their doctor prescribed.

"What about the 9th grade kids who are upset by it, why aren't you taking their feelings into account?"

Well, because next year, when the 5 period system is coming into effect, they won't be ninth graders anymore. So unless they failed both math and gym, they won't be affected whatsoever. The only people this really affects are the new kids coming in next year.

"How is sitting in the hallway a fire hazard? I have never met anyone who doesn't move when they hear the alarm go off."

It isn't so much a concern about you sitting in the halls but rather your things. How many people sit there and pack up all their things while an alarm is screaming at you to leave immediately? People will leave bags and garbage and homework in the hallways which are tripping hazards and, in the event of a real fire, could prevent people from getting out. With each person who trips, that's one more life that might not get out in time. In addition, the Fire Department has said that it is a fire hazard, and regardless of whether you agree or not, they are the professionals. They have trained for this, so they will see issues that you may not see.

"Then we will make sure people pick up their things."

No we won't. We can't even get kids to pick up their garbage after lunch when their lives aren't potentially in danger. Asking them to pick up their things is not only unreasonable but it puts more kids in danger than leaving their things.

My favorite comment was... **"It is too difficult on senior students to have 3 periods in a day."**

Life isn't easy. Seniors, you're going off to post-secondary or apprenticeships or maybe going straight to work. In every one of those, you will have a time where you'll be required to pay attention for prolonged periods of time. High School is the easiest time of our lives. We're getting ready to move on to bigger and better things that will require us to pay attention for more than 3 hours and 45 minutes. Take this time to practice. Get used to going almost 4 hours without a break because when we get out there, that's what our lives are going to look like for a long time.

The point of these 4 years is to get ready for life. High school is a middle step between being coddled in elementary school and being full-fledged adults who are expected to contribute to society. As we go through, we should be pushed harder to get a better look at what life beyond these walls is like.

For anyone who requires more than another student's opinions, I encourage them to look up "Too Dumb for Complex Texts?" by Mark Bauerlein.

WELLBEING – TIPS FROM TEDDY



Modicum of Fortune - Theodor Aoki

Modicum? Like the thing that connects my computer to my telephone line!

Modem? Like the city in Norway!

Mode? Ionian, Dorian, Phrygian, Lydian...

Every time we look in the looking glass we gloss over the look even though it looks clear like glass.

And yet under the surface a new surface can surface and become the new looking glass.

Are your verbs tense?

Every time we look in the looking glass our name is Alice and suddenly we pretend that it could last forever.

Out of fashion, out of mode.

Look twice and you may miss it.

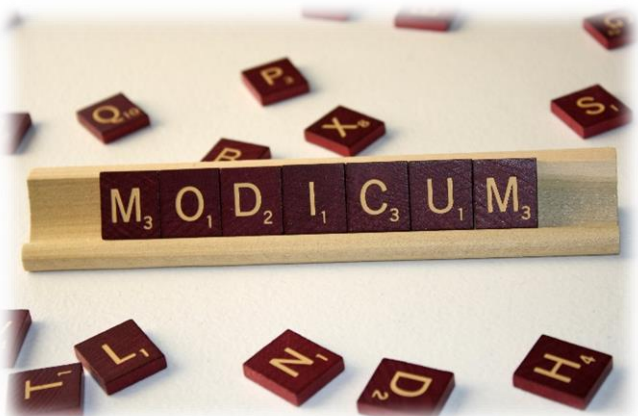
Hold up, looking glass as extended metaphor.

Do you tune your metaphors?

Metaphor tuners out there wave your hands.

Metaphor? Like steel, aluminum, sodium...

Metal? Now THAT'S easy listening music.



DEAR A . . .

5

Advice from the best

ADVICE

Dear A,

What do I do when I feel uncomfortable in my classroom and there's no possibility of switching classes?

Sincerely,
Sad and Frustrated



Dear S & F,

You have to identify why you feel uncomfortable first. If it's because you don't fit in with the other students, well, um, I think I'm supposed to tell you to stay true to yourself. If it's because your teacher makes backhanded compliments, brings up your personal life in lieu of helping you solve your problems, tells you that you should think realistically about getting into university, questions your personal decisions, blatantly lies to save themselves, and doesn't understand the concept of equality, then definitely change yourself to conform because I've heard that You! Are! The! Problem!

-A

Dear A,

What a dime meme?

Sincerely,
Bored of all the memes



Dear Bored,

Any meme that involves Max Aoki gazing longingly at Theo Aoki and vice versa. I attend their performances for the sole reason of witnessing their memery in action.

-A

Dropping the Gavel on the Travel Ban

Investigating Trump’s Controversial Executive Order – Justice Tomlinson

United States President Donald Trump recently signed off on an executive order that would primarily ban entry from Muslim majority countries Iran, Iraq, Libya, Somalia, Sudan, Syria and Yemen for 90 days, suspend the US Refugee admission system for 120 days, and indefinitely end the Syrian Refugee system. Though calling it a “Muslim ban” is misleading, it is both simultaneously true and untrue. The banned countries were directly inspired by the Obama Administration’s amendments to Terrorist Travel Prevention Act, declaring the seven Muslim majority countries as “countries of or areas of concern”. The Terrorist Travel Prevention Act effectively made travelling from the seven banned countries more difficult in attempt to deter terrorism. Basically, The Obama Administration’s concerns were based on national security and not a hatred of Islam. President Trump states that his concerns were also based on national security until immigration is reformed. The intent of the travel ban is not to stop Muslims from entering the US. Rather, the large amount of Muslims who are unable to enter the US is the effect of the sudden, arguably reckless, lunge for security. While a large quantity of Muslims would indeed be banned, the countries on the ban list were chosen by the tolerant Obama Administration. With that on the table, it’s a bit harder to blanketly call the ban racist, xenophobic, islamophobic, etc. because that’s simply not the case. While the refugee ban has some salvageable parts and noble intentions, it should most definitely be scrapped. The Travel ban threatens both the United States’ international relationships and ability to attract skilled workers from Muslim majority countries, but the opportunity must be used to reform refugee and immigration programs in order to finally repeal the ban.

Banning seven countries full of people in the name of terrorism prevention is bound to make the United States miss out on skilled workers and innovators that could positively contribute to the economy. Shortages among the United States’ work force include positions in the technology industry, specialized welding, mechanics, carpenters, technicians, positions in medicine, and even things like manufacturing or trucking. It isn’t just skilled workers either. With the unemployment rate being pushed down, businesses are struggling to hire all the workers they need and thus increasing the demand for those workers. With demand for people like physicians exceeding domestic supply and over ¼ of all physicians practicing inside the US being immigrants, the Trump Administration shouldn’t be passing laws that alienate these workers. If The United States suddenly seems like a hostile place to immigrate due to poorly communicated policies, worker shortages will only worsen. With 16% of all healthcare positions in the United States held by immigrants, the goal should be to very quickly draft a more effective vetting process that triages demanded workers to the front of the line. If the United States fails to lift the travel ban in a timely manner, the shortage of skilled workers will only increase at an exponential rate as immigrants are deterred from working in a country whose own media portrays it as xenophobic.

The Trump travel ban doesn’t just boast negative domestic detriments, but has already received negative responses from the international community which need to be addressed and resolved as soon as possible. By moving so hastily to ban the entry of citizens from the banned countries with such a poor explanation, the Trump Administration does its citizenry, immigrants, and the international community a disservice. Being a multicultural society, The United States has a duty to its citizens to not create undue hostility between it and other countries. . . (**Travel Ban** is continued on page 7)



(**Travel Ban** continues from page 6):

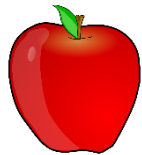
When the Trump administration pretends that refugees are, en masse, a terrorist risk (especially when the majority of terrorist acts are done by citizens and legal residents), it does a disservice to would-be refugees who are peaceful. Iran has responded by declaring that the travel ban has pushed non-violent citizens into the hands of terrorist recruiters. The Iraqi government responded with understanding, but deep-seated concern for their international relationship while spokesperson for Popular Mobilisation called for a ban on all US nationals. Even Sudan's government has expressed resentment towards the ban, given how just recently trade restrictions were lifted between it and the US. The travel ban's alienation of the international community upon whom the United States relies must be very quickly remedied with the more effective vetting and removal of said ban.

While banning entire countries from being allowed to immigrate to the United States is self-evidently self-defeating, there is some merit to the argument that a country with such a high poverty rate and national debt should not be accepting refugees on the public account. Simply put, the legal immigration system exists to funnel qualified individuals into the country so that they can contribute their skills to the economy. When you allow for a sudden influx of (often) unqualified individuals to come and indefinitely live off the government, you have to be able to justify that the decision is in line with the morality of not only imposing a subjective moral narrative upon citizens through the use of coercion (forcing their tax dollars to be paid towards refugee programs with which they may disagree at economic, moral, or intellectual junctures) but also justify triaging the needs of those external to its borders over its own citizens. The premise is this: the state cannot justify trying to push its moral values on its citizens regardless of how meritorious they may appear to one group's subjective view and no one can be forced to take on a moral obligation or that obligation's costs to help another person if they are unwilling. It's entirely moral, however, for the state to draft agreements or create a functional legal framework for committed NGOs that allows for private individuals and businesses to voluntarily commit their own resources to helping the refugees. The issue isn't whether it's moral to accept refugees (there's no doubt that for many, it is generally the right thing to do), the problem arises when state forces the taxpayer to fund the initiatives. If you have no choice in doing something right, are you really altruistic for doing it? Private refugee programs have been demonstrably more effective than public programs, giving refugees a better shot at integrating into society and providing them services that an undedicated government bureaucrat can't. Overall, the solution is not to never accept refugees, it's to place the responsibility in the hands of those would unite to make a difference.

The obvious solution here is to rescind the travel ban as soon as immigration is reformed and restore relations with banned countries. Though the ban would be lifted, refugee programs should not be reinstated and the government should provide, prioritize, and emphasize a means by which the private sector might sponsor refugees with their own money. This would make sure that the United States is accepting skilled, qualified workers who can contribute to the economy while not incurring more weight on their already glutted social security and healthcare programs. Displaced families and unqualified workers would also be let in on a slower basis as the State is required or is able to support them. It would also give those who feel they have a moral obligation to help refugees the opportunity to band together and sponsor refugees who are forced out of their own country. The travel ban in its current state should be abrogated as soon as possible and replaced with solid immigration policy.

Thoughts, anyone? If you have an opinion on this issue, or about any controversial topic the internet is yapping about these days, write about it! We'll publish your submission! Email us at thesequitur.westdale@gmail.com





School Start Times: A Slippery Slope

Why teenagers need school to start later – Tara O'Neill

Have you ever wondered why you have so much trouble getting up in the morning? Science says it's because your teenage brain is adjusted to a later circadian rhythm (sleep/wake cycle). In other words, you naturally go to bed later at night, and wake up later in the morning. So getting up early for school is very difficult, especially when a teen is forced to wake up at 6:00 or 7:00 am. This could be interrupting the REM, or deep, sleep stage of a teenager's "delayed" sleep cycle, which makes us even more tired and groggy in the morning.

In light of the big announcement of Westdale's schedule change for next year, people have been discussing why start times in schools are getting earlier and earlier. At first glance, having an earlier school start time seems more practical because student would have more time after school. But when you think carefully about it, having an early start time is pretty bad news for a population of people who are adjusted to sleeping late and who are chronically under-slept anyway.

Seriously! Teens being under-slept is, in my opinion, a major health crisis. Teens need an average of 8-10 hours of sleep each night, but about $\frac{2}{3}$ of teens get under the required 8 hours. No one really knows why people need to sleep, but it is clearly essential for our brains. Some theories as to why we need to sleep is that it helps regulate and organize all the memories and information our brains gathered during the day before, so our brains are ready to function properly and to create new memories the next day. Sleep helps with functions like cognitive reasoning, mood regulation, impulse control, and memory. Not only does a lack of sleep have short term consequences (as I listed above), it can also have long term health complications. Some of these could be cardiovascular problems, mental health problems, diabetes, and a reduced immune system capacity.

The University of Minnesota's Center for Applied Research and Educational Improvement did a study that reviewed 9000 different US schools. They found that schools who set their start times later had a boost in attendance and grades. The study also found that the mental health of the students improved. Also, some of the schools reviewed had fewer car accidents amongst student drivers. So, administration: if you want to help our academic scores, health, mental health, and even safety, starting school later may be very helpful. Even if schools start a half hour later, it would make a really big difference to teens' sleep. After all, regularly getting 8 hours of sleep every night (which is recommended for teens) is a lot better than only getting 7 and a half. Remember that being even a little bit sleep deprived every day can add up in the long run. What's more, a later start time would make getting out the door in the morning less rushed and stressful. I personally would rather start my day being calm than stressed out. Plus, a later start time would be more convenient for people who need to drive from far away or bus to school.

What are your thoughts on this topic? Should we start school later? Do you sleep enough at night, or are you in desperate need of more sleep? Let us know on Twitter: @SequiturWSS or by email: thesequitur.westdale@gmail.com.





The Future of Westdale Theatre

An Interview with Ward 1 City Councillor – Talar Stockton

Westdale Theatre, Westdale Village’s iconic cinema, is being put up for sale for 1.8 million dollars. Despite being a cultural artifact, it is not under the Ontario Heritage Act and can be demolished by potential buyers. However, Ward 1 Councillor Aidan Johnson is fighting tooth and nail, campaigning for the preservation of Westdale Theatre. We contacted Mr. Johnson for an interview, below:

Sequitur: *Do you have a personal connection to Westdale Theatre?*

Aidan Johnson: I grew up in Westdale Village, on Whitton Road by McMaster, and went to the movies at the Westdale Cinema all the time! It was one of my favourite places as a kid. It is a magical place. I call the Westdale “secular sacred space”. It is a place for community, art, and reflection.

Sequitur: *What are your plans to preserve Westdale Theatre?*

Aidan Johnson: In January, City Council approved my motion to speed up the Heritage designation process for the Westdale. Heritage designation will ensure that the architectural features of the building that are most precious from an art history perspective are legally protected. That is, the Heritage features of the building will be hard (or impossible!) to demolish or modify.

I am connecting [Mayor] Fred [Eisenberger] with every possible grant and opportunity for financial support from government sources, to support the not-for-profit venture he is setting up for the Westdale. The City of Hamilton’s Economic Development team is working with Fred on the project, also. I believe strongly in Heritage preservation, and in the Westdale Theatre. I’m proud to be working with Fred and his team on a good plan for the Westdale’s future.

So what do you think? Do you think Aidan Johnson’s plan for preservation will be a success? Do you have a personal connection to Westdale Theatre - warm summer nights spent at the cinema, drinking Coca-Cola out of old fashioned bottles, watching quality films unavailable anywhere else? Would you hate to see it go? Or do you believe it is nuisance and believe that the city should go ahead without placing it under the Ontario Heritage Act? Write to the Sequitur all about it!

@SequiturWSS or thesequitur.westdale@gmail.com



Westdale Theatre, located on 1014 King Street West, circa 1930. Courtesy of Hamilton Public Library Archives

Question: How do you feel about Donald Trump as President?

Sequitur readers and contributors react to the American President's first month in the White House

I don't like it.

Not one bit.



It's an absolute tragedy.

Morals and policies aside, the travel ban was very poorly executed so it's obvious how bad he is at his job.

In breaking news, Trump's personal library has burned down today. The fire consumed both books and in a tragic twist he hadn't even finished colouring the second one.

I'm generally an optimistic person, and I want to give everybody a chance, but I'm honestly terrified of Trump and I think it's almost dangerous to be open-minded to his ideas.

It's worrying that he admits that he gets all his information from a Fox News morning show.

Give a toddler a gun and he'll kill half of toys and enslave the other half.

Why does he actually look like a carrot?

He still hasn't denounced the Trump supporter who attacked the mosque in Quebec.

When he puts his hands up like that – thumb and forefinger – he looks like he's trying to dance . . . as if he could be any more embarrassing.

Rip the world.

Wow. What a doozy.

I'm Canadian.

How can we impeach him tho

The Fountain by the Office

Raiyan Sayeed

Out of service, not working, broken.
That's all that inherently describes me.
When students come, they leave unspoken.
A statue, it seems, is all I'll be.

Taped paper hangs from my face
Like a label to who I am.
In this school, there's just one case
Of a water filling device sham.

And can you guess who that is?
It's not a fountain on the upper floor.
You don't have to be a whiz
To know that I'm by the main office door.

You might be able to get a quick refill
But chances are, you're not going to;
Since it seems that it gives someone a thrill
To damage me often, through and through.

Just please don't harm me anymore.
What did I ever do to you?
Me being embedded into Westdale folklore
Is a cringy thought that mustn't come true...



A response to: "Why are poets not writing poems about the problems here - where we live?"

Anonymous

The problem with our country is we only hear the screams
that are relevant to us.

As if where we stand should dictate how much we care to
help other people in the world.

"We should take care of the people here first!"

Gunfire still sounds like gunfire no matter where
you are in the world.

Death still rips families apart the same way here as
it does halfway across the globe.

The colour of a rape survivor's skin does not
determine if they are worthy of a fair trial or even help.

You cannot just turn the volume down when you
do not feel like hearing the bombs go off.

You cannot muffle out the screams just because
they are cutting into the football game you're watching.

While you're watching men run down the field to
score touchdowns,

There are children running away from a firing
squad.

I do not believe that the fault is in the poetry we
write,

But in those who chose not to listen.

Similar to those who realize that there is problem
and chose to ignore it.

In order to build a better future everyone needs to
face their problems today.

The world can be as loud as a whisper or as quiet
as open gunfire.

It is ultimately up to us to decide.



Valentine's Day Survival Guide (for singles)

Tasnia Noshin

1. **Buy yourself a teddy bear** so you know that you are loved. (This is also good for when you bawl your eyes out. They're comforting.)
2. **Stage a cute picture** to post on Instagram anyways. The entire world doesn't need to know how lonely you are.
3. **Lower your standards** to guarantee someone for next year.
4. **Get a romantic movie** and fantasize that you are the main character.
5. **Treat yourself** because you are your own bae. Buy lots and lots of chocolate. Thankfully, the sales aren't limited to people who are in a relationship. Maybe you can eat chocolate while watching the movie.
6. **Do the homework that now doesn't have to be handed in late** because you had nothing better to do on Valentine's Day. There's always a bright side.



MUSIC



Identity: Owing it up (The Slaylist)

Talar Stockton

This playlist is about “owning it”: it can be mistakes you’re apologizing (for), or traits you’re not proud of, or your dislike of certain people. No matter what it is, you’re owning it ‘cuz it’s a part of who you are as a human being.

- | | |
|---|--|
| 1. Mess Around – <i>Cage The Elephant</i> | 5. Nobody Knows – <i>Iskwe</i> |
| 2. Hot Thoughts – <i>Spoon</i> | 6. Shaolin’s Theme / Pray – <i>Malay</i> |
| 3. Ms. Jackson – <i>Outkast</i> | 7. Losing Your Mind – <i>Raury & Jaden Smith</i> |
| 4. Dirty Shoes – <i>Young Punx</i> | 8. Paper Planes – <i>M.I.A.</i> |



CONFIDENCE

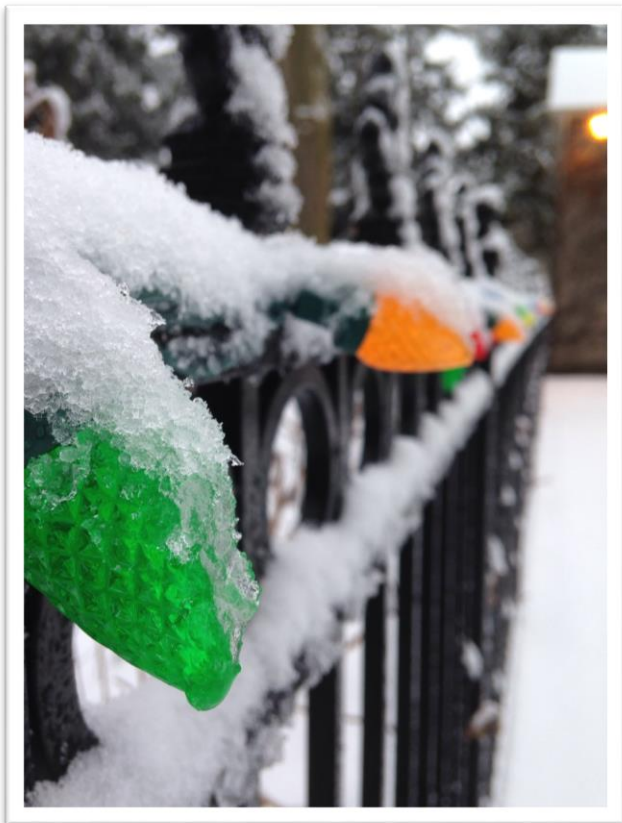
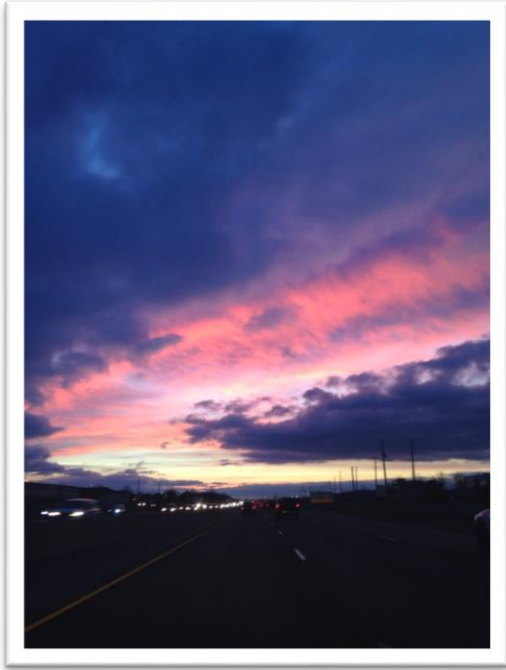




Student Photography Gallery

Welcome to The Sequitur's largest-ever gallery of student photography! Be sure to check out our online edition, available on the school website, to see these in full colour!

Gallery 1: Sarah Sellens

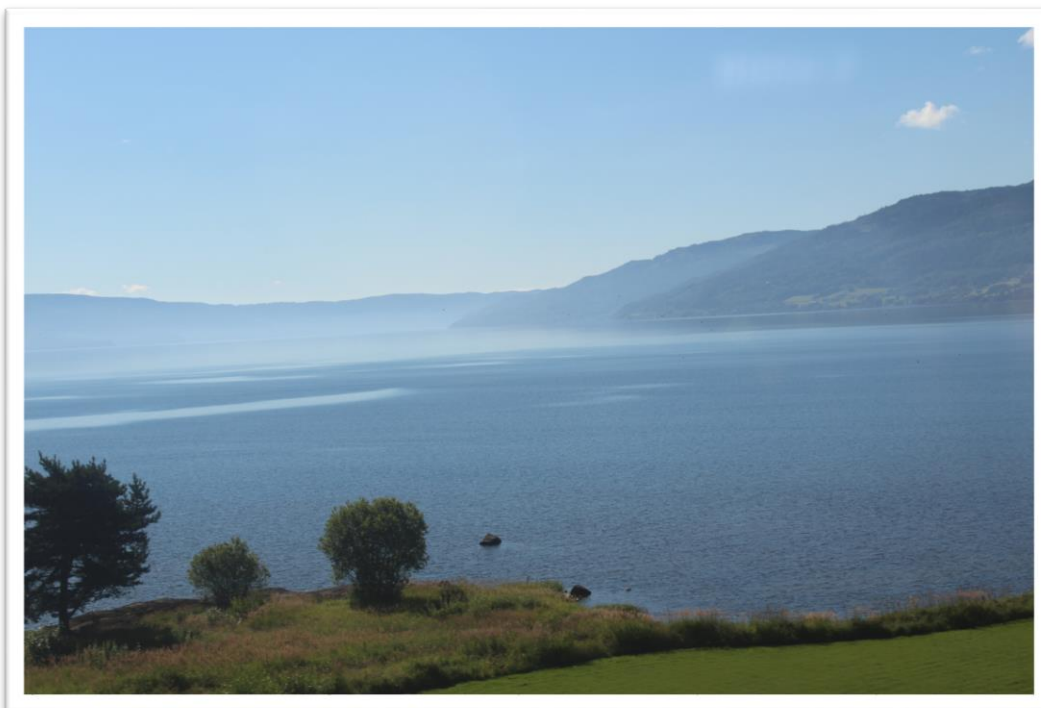
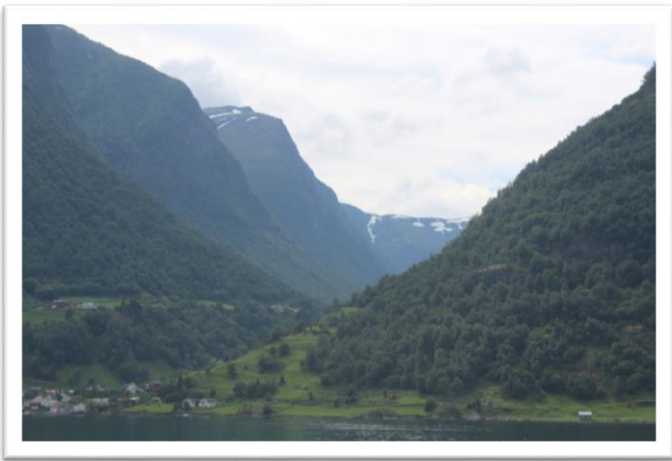


Gallery 2: Mackenna Friesen





Gallery 3: Reggie English



Are you an aspiring
photographer? Got some photos to
share? Send them to
thesequitur.westdale@gmail.com

Don't forget to check out our
ONLINE EDITION to see
this wonderful photography
in FULL COLOUR! Head to
www.hwsdb.on.ca/westdale
at find our heading:
"Sequitur"! It's worth your
time, trust us!