



Canadian  
Blood  
Services

BLOOD  
PLASMA  
STEM CELLS  
ORGANS  
& TISSUES

# Your donation matters

It matters to every patient across Canada.  
Because it's something we can do today to help  
others wake up healthier tomorrow.

## Upcoming blood donation events

### Waterdown Centre

St. Thomas the Apostle Parish  
(715 Centre Rd.)

**Monday, January 29, 2024**

Over 30 appointments still  
need to be filled!

Join **Canada's Lifeline**

Book now at [blood.ca](https://blood.ca) or call **1 888 2 DONATE**

