## Cool Little Kids®

An Anxiety Prevention Program: Working with Parents/Primary Caregivers to support young Children

Cool Little Kids is an
Evidence Based
program grounded
in Cognitive
Behavioural Therapy

## **Information Night**

Tuesday, October 15, 2019

6:30 pm-7:30pm

**Education Centre** 

**20 Education Court** 

Hamilton, Ontario



RSVP by: October 8, 2019

Call: 905 527 5092 ext. 2923 Email: coollittlekids@hwdsb.on.ca

If you are a parent/primary caregiver of a student in JK-Grade 2 and if your child is described as shy, withdrawn or worried, come and learn about the Cool Little Kids Program. Learn practical strategies that will help to build your child's confidence.

THIS IS A PROGRAM FOR PARENTS AND PRIMARY CAREGIVERS.
CHILDREN DO NOT ATTEND.



This program is offered by the Hamilton-Wentworth District School Board Social Work Department.