

Strathcona

February Newsletter



School Updates:

Attendance & Punctuality Matter

Even a few minutes each day adds up—and can have a **big** impact.

Why Being on Time Is Important

When students arrive late or leave early, they may miss:

- Important messages and announcements
- Whole-class literacy and numeracy lessons
- Key instructions and guided practice
- Social time that helps them feel connected and ready for learning

Late arrivals can also increase anxiety, as coming into a classroom already underway can feel overwhelming. Additionally, staff are often pulled from other duties to support students arriving late or leaving early.

Did You Know?

- Weekly Impact of 10 min: 50 minutes of lost learning
- Yearly Impact: Approximately 6.5–7 full days of school missed

Consistent Attendance Supports:

- Stronger academic achievement
- Fewer learning gaps
- A greater sense of belonging
- Increased opportunities for success

How Families Can Help

- Establish a consistent evening and morning routine
- Limit screen time before bed to support better sleep
- Arrange walking groups or travel plans with neighbours
- Plan to arrive a few minutes early to avoid morning stress

We're Here to Support You

If you have ideas or need support in helping your child arrive on time each day, please reach out we are always happy to work together.

SCHOOL SCHEDULE

Supervision Starts: 8:35 a.m.

- 1st Period: 8:50 a.m.
- Nutrition Break 1: 10:50 a.m. – 11:30 a.m.
- Nutrition Break 2: 1:10 p.m.– 1:50 p.m.
- Dismissal: 3:10 p.m.

Supervision Ends: 3:25 p.m.

Upcoming

Feb 12th

Pizza Day

Feb 13th

Report Cards Home

Feb 16th

Family Day – No school

Feb 20th

I Heart Community Dance (SHASA)
PJ/Comfy Clothing Day

Feb 25th

Pink Shirt Day

Registration for the 2025-26 school year opens February 7, 2025

Register Online



February Kindness Calendar



2026

FEBRUARY Kindness Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2 Hold a door open for someone	3 Hug or high five a friend	4 Say good morning to your principal	5 Read a book with your family	6 Make someone laugh today	7
8	9 Welcome a new friend into your game	10 Be an ally! Wear something rainbow today	11 Sing a happy song with your class to spread joy	12 Say thank you to a teacher or school staff	13 Make a card for a friend	14 Valentine's Day
15	16 Family Day - No School Have breakfast with your family!	17 Reuse something! (Water bottle, paper, etc.)	18 Be kind to an animal - say hi to a neighbourhood pet	19 Give yourself a compliment - you matter!	20 Go for a winter walk - enjoy some fresh air!	21
22	23 Tell your family something you love about them	24 Write someone a thank you note	25 Say good morning to a neighbour	26 Tell someone a new joke!	27 Recycle 3 things to help the environment	28

Strathcona Home and School Association Presents

I ❤️ COMMUNITY *dance*

FRIDAY, FEB **20** 6:45-8 PM

\$1 CONCESSIONS, MYSTERY BAGS, GLOW TICKS, FACE PAINTING & TEMPORARY TATTOO

School Gym | Caregiver must attend with child(ren)

Funds raised at this event will support the **Hamilton Foundation for Student Success**, helping Strathcona students with essentials—clothing, shoes, and food—so every child can attend school comfortably and succeed.

Hear from us first! Follow us on socials:
Instagram: [@SHASAEvents](https://www.instagram.com/SHASAEvents) | Facebook: [facebook.com/shasaevents](https://www.facebook.com/shasaevents)

PALENTINE'S

Dance

FRIDAY FEBRUARY 13TH
6:00-8:00 PM

AGES 7-GRADE 8

\$5 ADMISSION

FOOD SOLD SEPERATELY
PIZZA ✦ DRINKS ✦ CHIPS
BAKE SALE

SIGN UP ON RECDESK OR
CALL THE FRONT DESK AT
905-549-2814

STRATHCONA

10 Lamoreaux Street,
Hamilton, Ontario L8R1V1
905-527-2470
strathcona@hwdsb.on.ca

Elementary Schools – Important Dates

Make sure your child's vaccine records are up to date. If records are missing, your child may not be allowed to attend school during the suspension period.

[Read Public Health Letter »](#)



✓ **Letters Sent**

November 14, 2025

Watch for important mail from Public Health



**Send Records By
January 30, 2026**

Make sure all documents are submitted



**Suspension Notices
Week of February 6
2026**

If applicable, notices will be sent this week



**Suspension Period
March 12–April 20, 2026**

Contact Hamilton Public Health directly:

o Mail: P.O. Box 897, Hamilton ON, L8N 3P6

o Phone: 905.540.5250

o Email: vaccinerecords@hamilton.ca (no vaccine record reporting by email)