## digital intelligence

## Listen ~ Understand ~ Inspire

For many parents Social Media is a foreign world. And it shouldn't be.

**Digital Intelligence** removes the fear and pre-conceived views that many parents have about social media.

You'll learn, step-by-step, how to support yourself and your family with confidence, clarity and intention across six critical areas:

- Mental Health; Stress & Anxiety
- How Students are Evaluated, Online
- Building a Sustainable Reputation
- Daily Habits; Important vs. Urgent
- Achieve Balance; less screen time
- Increase Online Confidence & Skill

## ~ with Chris Vollum ~

## International workshops

Presented to more than 700,000 students throughout Canada and the United States



Recognized educator on

Twitter, Instagram, Snapchat, Facebook, YouTube

Time:\_\_\_\_

D	а	t	e	:

Location:\_\_\_\_\_

Questions & RSVP: