

# SOUTH MEADOW TIMES



Issue #2

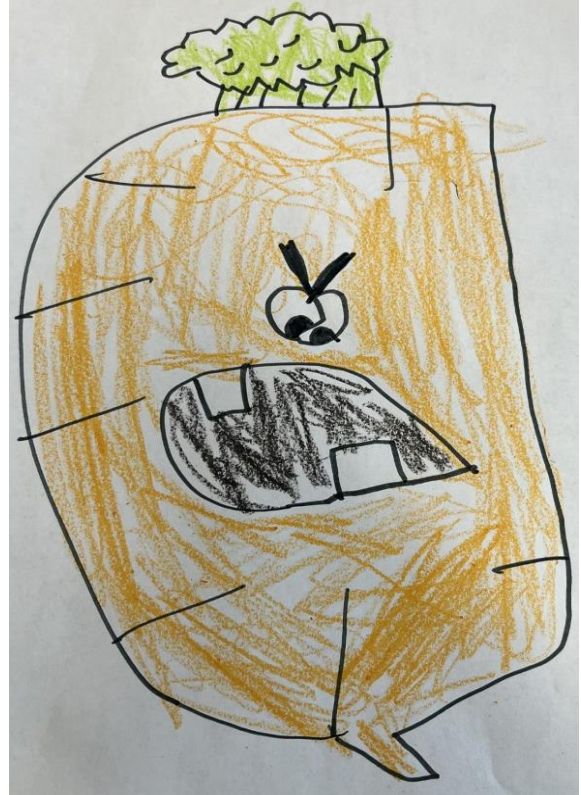
05.05.22

## Spring Blossoms Bloom!

Hello South Meadow and welcome to our latest issue. It's the time of the year when beautiful blossom trees bloom and show their elegant colours. Blossoms are found on fruit trees before the fruit grows. There are many varied species of blossom trees, but the most recognized are cherry blossoms, or Sakura in Japanese. The pink cherry blossom flower represents the arrival of spring, a date of renewal, and the short nature of life. Blossoms don't last long but are gorgeous until they're gone. Toronto is a hotspot for blossom trees. If you have time, I suggest visiting. Down below is a link to a site that provides a map for them!

<https://www.thestar.com/life/2022/04/28/on-the-hunt-for-torontos-cherry-blossoms-and-other-floral-trees-use-our-interactive-map.html>

*Written by Selena N. (Gr.8)*



*Anhad (JK)*



*Written and illustrated by Ayden K. (Gr.7)*



**Noah R (JK)**

## **Autism Awareness**

Have you heard about autism spectrum disorder (ASD)? This month is Autism awareness month in the US, and we are going to share some facts and info about ASD!

People with ASD can have difficulties with social functioning and communication challenges. Other symptoms are strong focus on one topic or activity, difficulty understanding social cues (like tone of voice or body language) and repetitive movements. The combination and intensity of these symptoms can vary from person to person, no one is the same! We need to be patient and accepting with everyone who thinks differently than we do.

([https://www.medicinenet.com/autism\\_symptoms\\_and\\_signs/symptoms.htm](https://www.medicinenet.com/autism_symptoms_and_signs/symptoms.htm))

Although having Autism can cause lots of struggles, it doesn't stop people from achieving great things. A current public figure is Greta Thunberg, who has Asperger syndrome, along with obsessive compulsive disorder (OCD) and selective mutism. Thunberg speaks for the environment and even though people have criticized her, she doesn't let it stop her. At only 15 She's done so much. She spoke about damage to earth in front of huge audiences of all ages, bringing awareness about climate change to so many people. Thunberg inspired several worldwide protests, has been nominated twice for a Nobel peace prize, has been named one of the world's most influential people, and donated \$100,000 to UNICEF to help children protect themselves from the COVID-19 pandemic. Having ASD or any other disability does not make you any less successful, don't believe people who try to knock you down!

**Written By Alice T. & Co Written by Adrijana L.**

***“I have Asperger's and that means I am a bit different from the norm. And, given the right circumstances, being different is a superpower.”***

- Greta Thunberg

## **Self – Care Advice**

Have you ever felt a little down? It's normal to feel stressed sometimes as a person with a lot on your plate but do not fret! Here are some ways to help lift your mood.

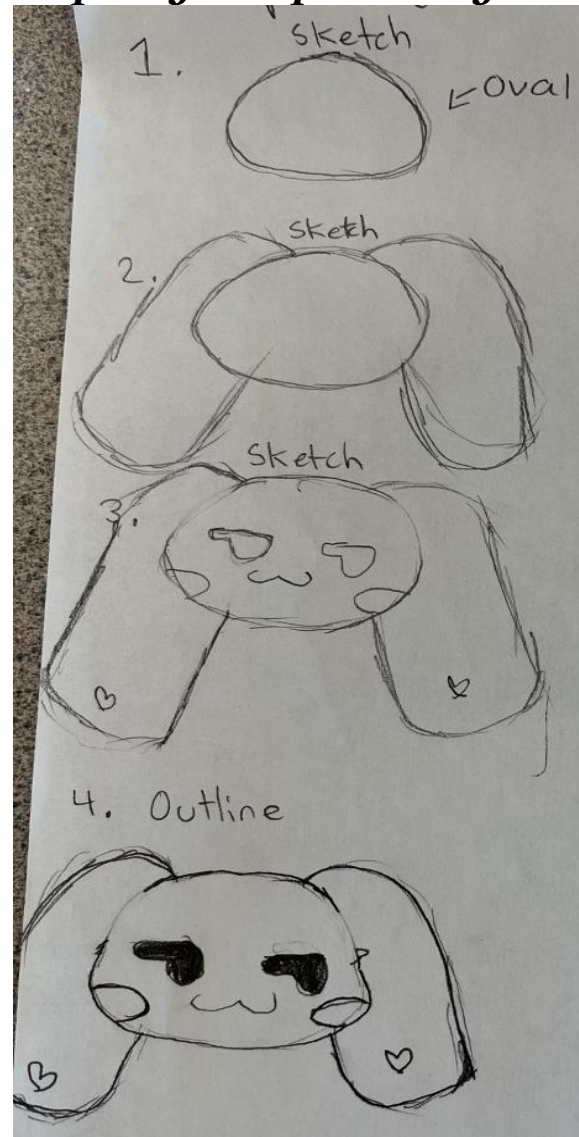
1. Find time for yourself.
2. Clear your mind by going on a walk, run or jog.
3. Take well deserved break by doing something you love.
4. Spend time with people you love.
5. Talk to a trusted friend or adult about how you feel.
6. Listen to your favorite songs

***Written by: Onaya, Makayla, Lyne, Sarah, Mila (Gr. 6)***



***Abigail (Gr. 8)***

## ***Step – by – step drawing***



***Onaya (Gr. 6)***

## Teacher Spotlight Mrs. Sirianni

### **What are some hobbies you enjoy?**

Some hobbies I enjoy are running, gardening, reading, and painting with watercolors.

### **What's your greatest**

**accomplishment?** My greatest accomplishments are probably my two kids. I am incredibly proud of them.

### **What's your favourite place you've ever travelled to and why?**

My favorite place I've travelled to is Australia. I went there on my own time and stayed for a year, I also went to university there and got to travel all over the country to see interesting things. I went on my first sailboat and had lots of adventures there.

### **What's your favourite grade to**

**teach?** I love teaching the 8th grade because I think they have a great sense of humor. I love supporting them while they move on to high school.

### **What's your favourite book you've read so far?**

I think one of my favourite books ever is "the book thief" and "The alchemist" I've read too many books than I can count!

### **What's your favourite film you have seen and why?**

My favourite types of films are romantic comedies, I particularly love Meg Ryan movies and the sleepless in Seattle.

### **If you were stranded on an island what are three things you would bring?**

I would bring my kids, something to play music on. I would definitely need my paints.

### **What made you start doing art?**

When the pandemic came there was a lot more time at home to think about things. I've also always wanted to do watercolor painting, but I never thought I was good enough to try.

## Spring Word Search

B	A	G	R	O	W	A	B	E	A	R	E	N	G
E	B	E	K	I	B	W	H	R	R	G	N	E	E
E	A	B	B	B	M	R	R	A	S	U	M	L	A
S	A	R	R	A	N	E	G	D	S	G	C	A	A
R	E	A	Y	I	H	C	R	A	M	G	B	E	Y
R	S	S	R	R	E	G	A	G	L	E	N	E	Y
B	I	R	D	S	R	H	N	I	A	R	B	G	D
W	S	G	W	K	T	A	M	W	W	N	K	E	N
W	Y	R	W	R	L	A	R	R	L	N	A	G	I
F	N	E	A	A	B	A	D	A	E	A	G	R	W
E	N	E	D	E	R	W	W	P	A	R	M	A	Y
W	U	N	R	G	E	M	N	R	F	B	W	S	E
A	B	I	P	I	G	W	E	I	S	H	I	S	C
R	R	E	H	I	H	S	G	L	Y	N	B	T	S

EARTH  
EGG  
APRIL  
BUNNY  
BEAR  
BTKE  
GRASS  
BIRDS  
RAIN  
MAY  
SUN  
WALK  
WARM  
MARCH  
LEAF  
GROW  
GREEN  
WINDY  
BEES

Play this puzzle online at : <https://thewordsearch.com/puzzle/3617569/>

## Junior

## Spring Word Search

S	N	U	S	B	L	O	S	S	O	M	S	T	L
E	N	E	A	L	L	E	R	G	I	E	S	R	L
O	A	E	A	S	T	E	R	N	R	G	E	O	L
M	T	D	L	U	M	B	R	E	L	L	A	P	R
O	U	W	E	A	T	O	N	R	M	O	V	I	L
L	R	O	A	N	A	B	T	O	E	M	B	C	V
U	E	T	V	S	Y	U	W	R	T	V	M	A	N
F	S	V	E	R	E	T	O	I	S	S	O	L	U
R	E	S	S	E	N	T	B	P	O	L	C	L	H
U	A	U	T	W	E	E	N	S	L	O	Y	A	C
O	S	N	N	O	D	R	I	O	W	A	E	U	T
L	O	N	L	L	R	F	A	U	B	N	N	C	A
O	N	Y	R	F	A	L	R	E	T	E	O	T	H
C	V	C	L	B	G	Y	B	C	G	H	H	B	O

RAINBOW  
TROPICAL  
SUNNY  
CLOVER  
GARDEN  
EASTER  
LEAVES  
BUTTERFLY  
SEASON  
HATCH  
UMBRELLA  
PLANT  
COLOURFUL  
BLOSSOMS  
ALLERGIES  
FLOWERS  
NATURE  
HONEYCOMB

Play this puzzle online at : <https://thewordsearch.com/puzzle/3617684/>

## Intermediate

## *Mrs. Sirianni in her Gr. 8 Classroom*

