

FAMILY STUDIES

Food & Nutrition Sciences

GRADE 12, UNIVERSITY/COLLEGE PREPARATION (HFA4M)

You are what you eat... You eat what you are

- Analyze your personal dietary choices
- Experiment with new food preparation techniques
- Investigate Canadian and world food security issues
- Discover where your food comes from.
 Trace the journey from "farm to table" or is that "lab to table"?





