

## What Parents Need to Know : The Highs and Lows of Marijuana and other Substance Use

SECONDARY SCHOOL

UNDAS VALLEY

**Guest Speaker:** 



## Dr Catharine Munn Psychiatrist, McMaster University

With approaching legalization in the summer of 2018 and already high rates of cannabis use among Canadian youth, many parents are concerned about their teenagers' use and potential abuse of marijuana and other substances. In this talk, Dr. Catharine Munn, a psychiatrist at McMaster University who works with youth and conducts research on mental health and substance use, will discuss the basics of use and abuse, the current state of the evidence regarding marijuana and other substances, marijuana myths and legends, and what to do if you're concerned. You will leave the talk better educated and empowered to discuss and deal with substance use and abuse with your kids.

## Thursday April 26, 2018 DVSS Library 6:30-8:00 pm Light Refreshments will be served

Hosted by DVSS Parent Council. Funded by "Parents Reaching Out Grant"