

Community Weekly Time Lion

Hear us Roar

March 3-7, 2025

Hellenic Heritage Month

Bangladeshi Heritage Month

Persian Heritage Month



Monday, March 3	Day 3	
Tuesday, March 4	Day 4	
Wednesday, March 5	Day 5	The Big Crunch Today (Students enjoy a free apple supporting health & nutrition)
Thursday, March 6	Day 1	<ul style="list-style-type: none">1:10PM Popcorn Sales
Friday, March 7	Day 2	

Upcoming Dates/Events

March 10 – 14 March Break (No School)

March 26 Pizza Day

Students Recognized Pink Shirt Day on February 26, 2025

Pink Shirt Day, also known as Anti-Bullying Day, is recognized annually across Canada. The theme for this day was “Let Kindness Grow”. Wearing a pink shirt or pink on this day is a small but powerful way to show that we stand together against all forms of bullying. This year’s theme, Let Kindness Grow, reminds us to cultivate kindness and nurture a sense of belonging in our schools and communities. Everyone has the power to create change!

Student Leaders Gathered Kindness Statements to Support Pink Shirt Day
Let Kindness Grow and Hang Bullying out to Dry



Days of Significance

The Month of March acknowledges and recognizes Hellenic, Bangladeshi & Persian Heritage Months as well as World Down Syndrome Day, International Day for the Elimination of Racial Discrimination, Eid-UI-Fitr, International Transgender Day of Visibility and Indigenous Language Day.

Hellenic Heritage

In 2019, Ontario proclaimed March as a month to celebrate Hellenic heritage. Hellenes, also known as Greeks, have made significant contributions across several fields, including education, science, law, and medicine. HWDSB recognizes the diverse array of contributions the Hellenic community has made to Canada. During March, and throughout the year, we reflect, celebrate, and educate about the role Hellenic Heritage plays in our communities.

Bangladeshi Heritage

The Bangladeshi community is a vibrant community that has made significant and meaningful contributions to the Hamilton, Ontario and Canadian contexts. In recognition of this, the Legislative Assembly of Ontario proclaimed March as Bangladeshi Heritage Month in 2016. The selection of the month of March represents congruence with celebration and reflection on Bangladeshi Independence Day, which is celebrated on March 26th annually.

HWDSB recognizes the diverse array of contributions the Bangladeshi community has made to Canada, Ontario, and Hamilton communities and cultures. During March, and throughout the year, we reflect, celebrate, and educate about the role Bangladeshi Heritage plays in our communities.

Persian Heritage

In 2021, the Ontario legislature proclaimed March as a month to celebrate and reflect upon the outstanding contributions of those identifying as Persian. Persian culture and identity are rooted in some of the oldest civilizations on earth, and as such, provides a wealth of historical, economic, and social legacies that significantly impact the world we live in today. Persian Heritage Month was selected in March to respect and celebrate Nowruz, the beginning of Persian new year, which has been celebrated for millennia.

HWDSB recognizes the diverse array of contributions the Persian community has made to the city of Hamilton, the province of Ontario and Canada as a whole. During March, and throughout the year, we reflect, celebrate, and educate about the role Persian heritage plays in our communities.