

# SPIRIT

## Week

<p><b>Monday, December 14</b></p>	<p><b>Mindfulness Monday</b></p> <p><i>As we enter this very busy time of the year We are all ready for something to cheer But it is also important that we take some time To reflect on ourselves and to quiet our mind</i></p>	
<p><b>Tuesday, December 15</b></p>	<p><b>Winted Tuesday</b></p> <p>Spirit Week rolls on and today is Day Two Staff and students upstairs are asked to wear Blue For our friends downstairs we ask you to wear White SWL will be full of cool colours....ohh what a sight!</p>	
<p><b>Wednesday, December 16</b></p>	<p><b>Wacky Wednesday</b></p> <p>Today is your day to just roll out of bed Come to school with something crazy on your head Your craziest hat or your wackiest hair style Whatever it is, the goal is to make someone smile</p>	
<p><b>Thursday, December 17</b></p>	<p><b>Thermal Thursday</b></p> <p>It's cold outside, winter weather is here Don't forget to bundle up and put on your gear Today you will wear your fleece or cozy PJs Whatever you lounge in on your laziest days!</p>	
<p><b>Friday, December 18</b></p>	<p><b>Festive Friday</b></p> <p>At last we have arrived to the holiday season It is a time to celebrate, whatever your reason Be festive, be jolly, show your true spirit Tell us about your traditions, we'd love to hear it</p>	