



November 20th 2025

GRADE 8 OPEN HOUSE AND FIN NIGHT

Sherwood Secondary School

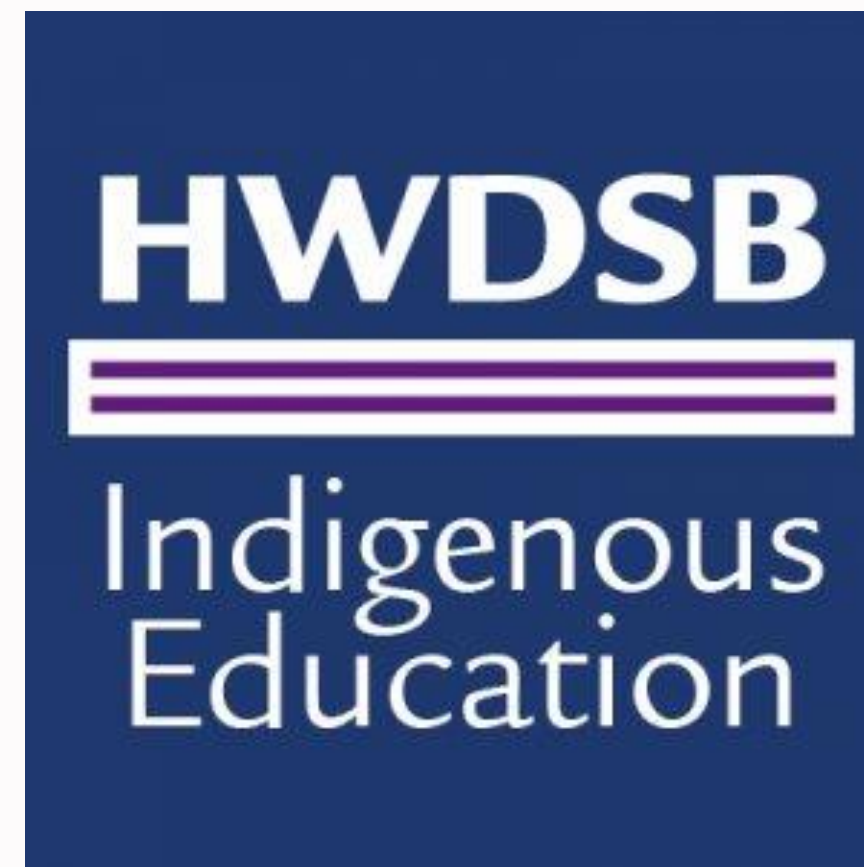




LAND ACKNOWLEDGEMENT

Hamilton-Wentworth District School Board acknowledges our presence on ancestral Anishinaabe and Haudenosaunee Confederacy land as determined by the Dish with One Spoon treaty.

The intent of this agreement is for all nations sharing this territory to do so responsibly, respectfully and sustainably in perpetuity. We respect the longstanding relationships with the local Indigenous communities, the Mississaugas of the New Credit First Nation and the Six Nations of the Grand River.



Our Team



Ms. Ayeni

Principal



Ms.
McGilchrist

Vice Principal



Mr. Schinkel

Vice Principal



Ms. Vander
Vliet

Head of
Guidance



Mr. Wilson

Student
Success

Introduction by Admin



Supports at Sherwood



Shalaine Ritchie
Mental Health and Addictions Nurse



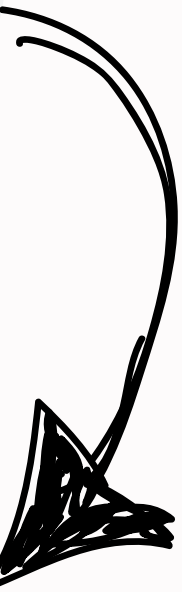
Rachel Slofstra
Social Worker



Nancy Leach
Mentoring EA



Anthony Meeks
Graduation Coach for Black Students



Learning Resource

Learning Resource Room 1054

Learning Resource teachers are available by drop in or if a student has an IEP(Individual Education Plan)

Some of the things the LRT assists with...

- ☐ Homework Club after school
- ☐ Communicating with teachers and parents
- ☐ Assisting with literacy and numeracy skills
- ☐ Speech to text technology
- ☐ Small group help in core subjects

GRADUATION COACH FOR BLACK STUDENTS

The Graduation Coach Program for Black Students is designed to support academic excellence.

Be more engaged in school

The Grad Coach provides culturally responsive mentorship and advocacy for Black students to improve their mental health, well-being, and academic achievement.

This looks like: Joining the Black Student Association, having lunch with other new students in the Grad Coach room, joining our book club or attending field trips.

This program offers students new opportunities to:

Be better supported in achieving their academic goals

Connect with community and school resources

This looks like: Getting to know about the different community spaces created for Black students – You can even help out and get your 40 community service hours with them! If you need any extra supplies, you can always check in with the grad coach to see what's available.

This looks like: Getting one on one support from the grad coach or getting linked to a Black mentor. In the future we can also get you connected with Scholarships for Black Students.



OUR SCHOOL YEAR



Semester One - Sept to Jan

- The same 4 classes every day with 4 different teachers
- No “Home Room”
- Each class is 75 minutes
- School starts at 8:00am and ends at 2:30 pm
- Lunch is 80 minutes
- Last week of the semester is “Exams”



Semester Two - February to June

- A new set of 4 classes
- Total of 8 classes a year
- Each class is worth one credit



Graduation Requirements

- 30 credits
- 40 volunteer hours
- 2 eLearning courses
- Literacy Requirement

SHERWOOD PROGRAMS

Clubs and Team

French Immersion (FI)

Specialist High Skills Majors:

- Health and Wellness
- Non-Profit
- Construction
- Transportation
- Arts and Culture

Repertoire and Jazz Bands

Engaging Learning Commons

Student Success Hub

Lunch Rooms



Departments

English

Math

Modern Languages

Music

French Immersion

The Arts

Technology

Health and Phys-Ed

Canadian and World Studies

Humanities

Sciences





Science

Grade 9

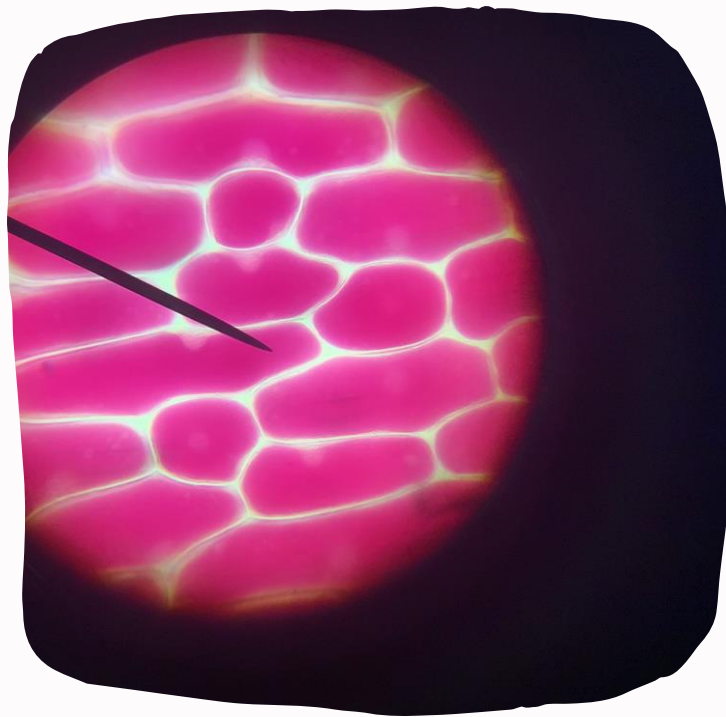
Chemistry
Ecology
Earth and Space
Electricity

Grade 10

Chemistry
Biology
Climate Change
Physics - Optics of Light

Grade 11 and 12

Biology, Chemistry,
and Physics classes



"Science is magic that works"



CANADIAN AND WORLD STUDIES

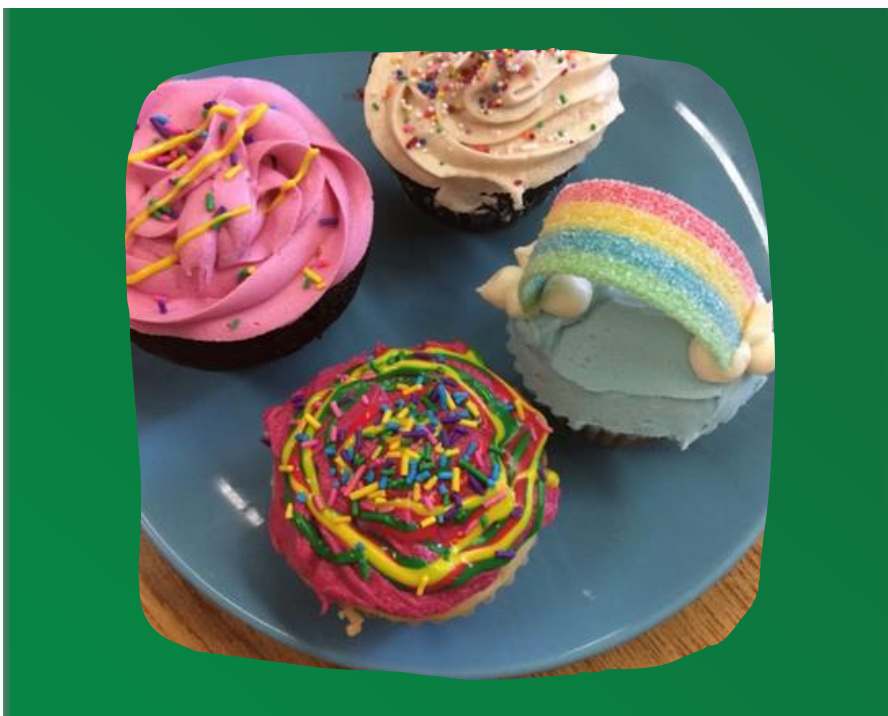
In grade nine Geography you will gain a better understanding of the world around you. In the course, we will focus on Canada, but we will also look at Canada's place in the world. We will explore many of the physical or natural processes that are happening on planet Earth that led to natural disasters, and we'll explore the natural features of the Canadian landscape from Coast to Coast. We will also learn about Canada's population and its cultural diversity and investigate what makes a city livable by studying Hamilton and the local area. In grade 9 Geography, we will strive to help you make connections between the course material, your own life, and the world around you.



Humanities

Grade 9 HIF101 – Exploring Family Studies is a course that focuses on cooking, sewing, money and time management, caring for self and others, consumer awareness and more!

Grade 9 BEM101 – Building an Entrepreneurial Mindset is a course that focuses on creating entrepreneurial ideas, enhancing communication skills, using various business software and applications, and understanding the financial considerations of entrepreneurship.



MUSIC

- GRADE 9 – INSTRUMENTAL MUSIC – AMU10
- GRADE 9-10 CONCERT BAND
- GRADE 11-12 REPERTOIRE BAND
- JAZZ BAND
- GLEE CLUB
- MUSIC THEATRE PRODUCTIONS AND MORE!



The Arts at Sherwood

Drama

Musicals every other year
(last one was Mamma Mia!)

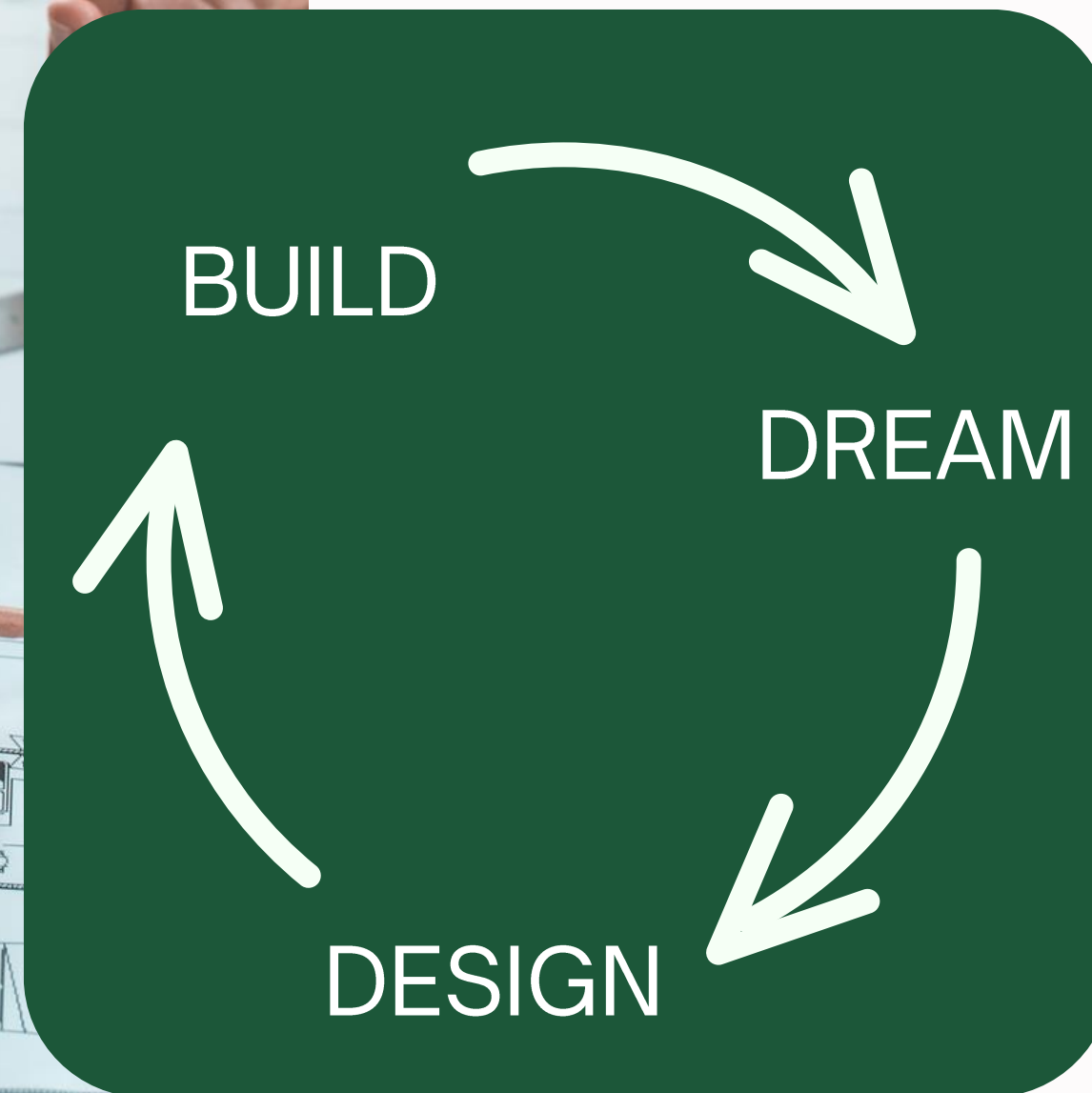
Drama Courses Available each year!

Art

Visual Arts, Music and Computers,
Musical Theatre, Ceramics, Crafts, and
Photography



The Technology Department



- Exploring Tech - Grade 9 and 10
- Coding
- Computer Engineering
- Computer Science
- Custom Woodworking
- Technical Design
- Home Repair
- Interior Design
- Transportation Technology-
Automotive Focused
- Health Care
- Cosmetology/ Hair Styling
- Communication Technology
- Construction Engineering/ Electrical
Focused

Example Projects



Phys-Ed

PAL101H - Hockey



This course is for those students who have a keen interest in hockey and are interested in developing their knowledge and movement skills through the sport of hockey

This is a two credit course bundled with HIF101-H Family Studies

*This course is run in the mornings out of Mohawk 4 Pad arena
Approximate 28-30 total ice times twice a week*

There is a fee associated with this course

PAR101 - Mindfulness



This course equips students with the knowledge and skills they need to make healthy choices now and lead healthy, active lives in the future.

This course will focus on a variety of individual and small group activities that promote mindfulness, stress and anxiety management, suppleness, and strength of body & mind. Such activities will include but are not limited to daily yoga practice, mindfulness activities, and breath-centered movements.

PPL101



This is the grade 9 Phys-Ed course. You can choose between a single gendered course, or an all gendered course.

Library Learning Commons

Contests and Events throughout the year!



- Has a wide variety of fiction and non-fiction books, including e-books and audiobooks that you have access to for free!
- Help with research and citing
- Offers a creative space for hands on activities: knitting and crocheting, designing bookmarks and crafting activities
- Takes book requests and student suggestions

Tech Issues? We got you!



GUIDANCE

and Student Services



Guidance Counsellors

Your are assigned a counselor based on your last name and grade:

Last Names A-F: Ms. Grilli

Last names F-L, N-O, X-Z: Ms. Vander Vliet

Last names P-W: Ms. Oliver

Grade 9's: Mr. Wilson



COOP

Coop, or Cooperative Education, can be taken in Grades 11 or 12. It can be a half day (morning or afternoon) or a full day. It is an opportunity to get out into the workplace and try out different future careers!



Student Success

Connect to our Student Success hub to receive support in your classes, have a quiet space with a mentoring EA present to help you complete your work or to give you a brief change of pace during the school day.



STUDENT COUNCIL

STUDENT ATHLETIC COUNCIL

We organize all things athletic at Sherwood! We do scorekeeping, and we plan/run events like our pep rally, culture day soccer tournament, athletic banquet, and other tournaments.

Join a wide variety of sports throughout your school year!!

- volleyball
- basketball
- hockey
- football
- ultimate frisbee
- etc!



REGISTRATION

- All students who live in the Sherwood catchment and are NOT currently attending an HWDSB school will need to register through the registration portal. For questions contact:

Ms. Podedworny, Student Services
Administrator at
905-383-3377 ext. 4355 or email
cpodedwo@hwdsb.on.ca

Out of Catchment requests must be submitted in the spring before school starts. See HWDSB website for more details and dates

To know your catchment, go to:
<http://www.hwdsb.on.ca/find/>



A photograph of a modern office interior, featuring wooden desks, ergonomic chairs, and large potted plants. The space is bright and airy, with large windows in the background. The image is overlaid with a semi-transparent green filter and dark green geometric shapes on the left and right sides. The word "THANK YOU" is written in large, white, bold, sans-serif capital letters across the center of the image.

THANK YOU

Now, Mr. Wilson will lead us in our
classroom visting event!