Sherwood Secondary School
2024 – 2025 Course Selections

STUDENT NAME: _____

Last Name, First Name: (please print)

THIS IS YOUR WORKING COPY
Access online option entry through Xello in the HUB
Students are encouraged to complete their options at home with a parent/guardian.

COURSE SELECTIONS:

Record your selections using the course's **6 – CHARACTER COURSE CODE** in the space provided below, and circle the course code on the option sheet.

1. _____   2. _____   3. _____   4. _____

5. _____   6. _____   7. _____   8. _____

EXTRA CREDIT: *(if required for **Repertoire Band only**)*   9. _____

ALTERNATE COURSES: 1. _____ 2. _____ **(will be used only if another course is cancelled)**

▤ = application required   **$** = fee required   ⚲ = Off Site   ＊ = new course   § = SHSM   ⧗ = all year (Tues., Thurs, Fri.)

THE ARTS	GRADE 9 COURSE CODE	GRADE 10 COURSE CODE	GRADE 11 COURSE CODE	GRADE 12 COURSE CODE
Dance		ATC2**O**1		
Dramatic Arts	ADA1**O**1	ADA2**O**1	ADA3**M**1	ADA4**M**1
Music and Computers			AMM3**O**1	AMM4**M**1
Music	AMU1**O**1	AMU2**O**1	AMU3**M**1	AMU4**M**1
Repertoire Band (7:15-8:20 a.m.) **$** ⧗		AMR2**O**1	AMR3**M**1	AMR4**M**1
Visual Arts	AVI1**O**1	AVI2**O**1	AVI3**M**1	AVI4**M**1
Visual Arts - Crafts			AWA3**O**1	
Visual Arts - Ceramics		AWC2**O**1	AWC3**M**1	
Visual Arts - Photography (DSLR)			AWQ3**M**1	AWQ4**M**1
BUSINESS STUDIES	GRADE 9 COURSE CODE	GRADE 10 COURSE CODE	GRADE 11 COURSE CODE	GRADE 12 COURSE CODE
Business Leadership: Management Fundamentals				BOH4**M**1
Financial Accounting Fundamentals			BAF3**M**1	
Financial Accounting Principles				BAT4**M**1
Building the Entrepreneurial Mindset *	BEM1**O**1			
Launching and Leading a Business *		BEP2**O**1		
Marketing: Goods, Services, Events			BMI3**C**1	
CANADIAN AND WORLD STUDIES	GRADE 9 COURSE CODE	GRADE 10 COURSE CODE	GRADE 11 COURSE CODE	GRADE 12 COURSE CODE
Adventures In World History				CHM4**E**1
World History since 1900: Global and Regional Interactions			CHT3**O**1	
American History			CHA3**U**1	
Forces of Nature: Physical Processes and Disasters			CGF3**M**1	
Exploring Canadian Geography *	CGC1**W**1			
The Environment & Resource Management				CGR4**M**1
Canadian History Locally Developed		CHC2**L**1		
Canadian History Since World War 1 Academic		CHC2**D**1		
Applied		CHC2**P**1		

Canadian and International Law			CLU3**M**1	CLN4**U**1

CANADIAN AND WORLD STUDIES CONTINUED	GRADE 9 COURSE CODE	GRADE 10 COURSE CODE	GRADE 11 COURSE CODE	GRADE 12 COURSE CODE
Civics (must be taken with Career Studies GLC2**O**3 = 2 x 0.5 credits)		CHV2**O**3 & GLC2**O**3		
Living In A Sustainable World				CGR4**E**1
Travel & Tourism			CGG3**O**1	
Understanding Canadian Law			CLU3**M**1	
World History until the end of the 15th Century			CHW3**M**1	
World History Since the 15th Century				CHY4**U**1

COMPUTER STUDIES	GRADE 9 COURSE CODE	GRADE 10 COURSE CODE	GRADE 11 COURSE CODE	GRADE 12 COURSE CODE
Computer Engineering Technology			TEJ3**M**1	TEJ4**M**1
Computer Programming				ICS4**C**1
Computer Science				ICS4**U**1
Computer Technology		TEJ2**O**1		
Introduction to Computer Programming			ICS3**C**1	
Introduction to Computer Science			ICS3**U**1	

COOPERATIVE EDUCATION	Applications available in Coop Office Room 234			
Coop: 2.0 credit (morning or afternoon, either semester) ⚙ 📄		COO3OE		
Coop: 2 X 2.0 credits ⚙ 📄		COOSE1 (Sem 1)		COOSE2 (Sem 2)
Coop: 4.0 credits (all day, including OYAP) ⚙ 📄		COOFTE		COOFTE

ENGLISH	GRADE 9 COURSE CODE	GRADE 10 COURSE CODE	GRADE 11 COURSE CODE	GRADE 12 COURSE CODE
English	ENL1**W**1			
English Academic/University Applied/College Locally Developed/Workplace		ENG2**D**1 ENG2**P**1 ENG2**L**1	ENG3**U**1 ENG3**C**1 ENG3**E**1	ENG4**U**1 ENG4**C**1 ENG4E1
Presentation and Speaking Skills			EPS3**O**1	
Ontario Secondary School Literacy Course				OLC4**O**1

FIRST NATIONS, METIS, AND INUIT STUDIES	GRADE 9 COURSE CODE	GRADE 10 COURSE CODE	GRADE 11 COURSE CODE	GRADE 12 COURSE CODE
(can take instead of, or in addition to, Grade 11 English)				
English: Understanding Contemporary First Nations, Metis, and Inuit Voices				
University			NBE3**U**1	
College			NBE3**C**1	

FRENCH IMMERSION *(10 courses total for F.I. certificate)*	GRADE 9 COURSE CODE	GRADE 10 COURSE CODE	GRADE 11 COURSE CODE	GRADE 12 COURSE CODE
Immersion française **Mandatory for 4 years**	FIF1**D**1**I**			
Immersion française **Mandatory for 4 years** Théorique Appliqué		FIF2**D**1**I** F1F2**P**1**I**	FIF3**U**1**I** FIF3**O**1**I**	FIF4**U**1**I** FIF4**O**1**I**
Exploration de carrière et La citoyenneté (2 X 0.5 credits – **Both Mandatory**)		CHV2**O**3I & GLC2**O**3I		
L'Exploration de la Géographie Canadienne	CGC1**W**1**I**			
L'histoire Théorique Appliqué		CHC2**D**1**I** CHC2**P**1**I**		
Introduction à l'anthropologie, la psychologie et la sociologie			HSP3**U**1**I**	
Développer l'esprit de l'entrepreneur	BEM1**O**1**I**			
L'Exploration Études Familiales	HIF1**O**1**I**			
Mathématiques	MTH1**W**1**I**			
Mathématiques Théorique Appliqué		MPM2**D**1**I** MFM2**P**1**I**		
Sciences	SNC1**W**1**I**			
Sciences Théorique Appliqué		SNC2**D**1**I** SNC2**P**1**I**		
Voyages et Tourisme: une Perspective Geographique			CGG3**O**1**I**	
Les Artisanats (Crafts)		AWA2**O**1**I**	AWA3**O**1I	

GUIDANCE & CAREER EDUCATION				
Career Studies (must be taken with Civics CHVC2**O**3 = 2 x 0.5 credits)		GLC2**O**3 & CHV2**O**3		

HEALTH & PHYSICAL EDUCATION	GRADE 9 COURSE CODE	GRADE 10 COURSE CODE	GRADE 11 COURSE CODE	GRADE 12 COURSE CODE

	GRADE 9 COURSE CODE	GRADE 10 COURSE CODE	GRADE 11 COURSE CODE	GRADE 12 COURSE CODE
Healthy Living & Personal & Fitness Activities (all gender)	PAF1**O**1			
Healthy Living & Personal & Fitness Activities (Female)	PAF1**O**1F		PAF3**O**1F	
HEALTH & PHYSICAL EDUCATION CONTINUED	**GRADE 9 COURSE CODE**	**GRADE 10 COURSE CODE**	**GRADE 11 COURSE CODE**	**GRADE 12 COURSE CODE**
Healthy Living & Personal & Fitness Activities (Male)	PAF1**O**1M			
Healthy Living & Personal & Fitness Activities SHSM (Fitness/Weight Training – all gender)			PAF3**O**1	PAF4**O**1
Healthy Active Living Education - Female		PPL2**O**1F		
Healthy Active Living Education - Male		PPL2**O**1M		
Healthy Living Education: Large Group Activities (Hockey – all gender) – 2 credit course (with HIF1**O**1H)	PAL1**O**1H			
Healthy Living Education: Large Group Activities (Hockey – all gender) – 2 credit course (with HFN2**O**1H)		PAL2**O**1H		
Healthy Living & Individual & Small Group Activities (Basketball – all gender)		PAI2**O**1B	PAI3**O**1B	
Healthy Living: Large Group Activities (Team Games – all gender)			PAL3**O**1	PAL4**O**1
Healthy Living & Individual & Small Group Activities (Volleyball – all gender)			PAI3**O**1V	PAI4**O**1V
Healthy Living and Rhythm and Movement Activities (Mindfulness) *	PAR1**O**1	PAR2**O**1		
Introduction to Kinesiology				PSK4**U**1
LANGUAGES	**GRADE 9 COURSE CODE**	**GRADE 10 COURSE CODE**	**GRADE 11 COURSE CODE**	**GRADE 12 COURSE CODE**
Core French	FSF1**D**1			
Core French Academic/University		FSF2**D**1	FSF3**U**1	
Spanish		LWSB**D**1	LWSC**U**1	
MATHEMATICS	**GRADE 9 COURSE CODE**	**GRADE 10 COURSE CODE**	**GRADE 11 COURSE CODE**	**GRADE 12 COURSE CODE**
Advanced Functions				MHF4**U**1
Calculus & Vectors				MCV4**U**1
College and Apprenticeship Mathematics				MAP4**C**1
Foundations for College Mathematics			MBF3**C**1	
Foundations of Mathematics Applied/College		MFM2**P**1		
Functions			MCR3**U**1	
Functions & Applications			MCF3**M**1	
Mathematics	MTH1**W**1			
Mathematics Locally Developed		MAT2**L**1		
Mathematics for College Technology				MCT4**C**1
Mathematics for Work and Everyday Life			MEL3**E**1	MEL4**E**1
Mathematics of Data Management				MDM4**U**1
Principles of Mathematics Academic/University		MPM2**D**1		
SCIENCE	**GRADE 9 COURSE CODE**	**GRADE 10 COURSE CODE**	**GRADE 11 COURSE CODE**	**GRADE 12 COURSE CODE**
Biology			SBI3**C**1 SBI3**U**1	SBI4**U**1
Chemistry			SCH3**U**1	SCH4**U**1
Environmental Science			SVN3**M**1	
Physics			SPH3**U**1	SPH4**C**1 SPH4**U**1
Science	SNC1**W**1			
Science Academic Applied Locally Developed/Workplace		SNC2**D**1 SNC2**P**1 SNC2**L**1		SNC4**M**1
SOCIAL SCIENCES & HUMANITIES	**GRADE 9 COURSE CODE**	**GRADE 10 COURSE CODE**	**GRADE 11 COURSE CODE**	**GRADE 12 COURSE CODE**
Challenge & Change in Society				HSB4**U**1
Dynamics of Human Relationships (Skills for Everyday Stressors)			HHD3**O**1	
Exploring Family Studies (English)	HIF1**O**1			
Families in Canada (Sociology)				HHS4**C**1 HHS4**U**1
Food and Culture			HFC3**E**1 HFC3**M**1	

SOCIAL SCIENCES & HUMANITIES CONTINUED	GRADE 9 COURSE CODE	GRADE 10 COURSE CODE	GRADE 11 COURSE CODE	GRADE 12 COURSE CODE
Food and Nutrition		HFN2**O**1		
Introduction to Anthropology, Psychology & Sociology			HSP3**C**1 HSP3**U**1	
Nutrition and Health				HFA4**C**1 HFA4**U**1
Personal Life Management				HIP4**O**1
Philosophy: Questions & Theories				HZT4**U**1
Raising Healthy Children			HPC3**O**1	
Working with School Age Children and Adolescents				HPD4**C**1
TECHNOLOGICAL STUDIES	GRADE 9 COURSE CODE	GRADE 10 COURSE CODE	GRADE 11 COURSE CODE	GRADE 12 COURSE CODE
Construction Engineering Technology (Electrical) **(1.0)** credit			TCJ3**C**1	TCJ4**C**1
Construction Technology (Electrical) **(credit granted for one only)** (Woodworking)		TCJ2**O**1E **OR** TCJ2**O**1W		
Construction Technology: (Home Repair)			TCJ3**E**1	TCJ4**E**1
Custom Woodworking			TWJ3**E**1	TWJ4**E**1
Technology and the Skilled Trades *	TAS1**O**1	TAS2**O**1		
Hair Styling and Aesthetics		TXJ2**O**1	TXJ3**E**1	TXJ4**E**1
Health Care §			TPJ3**M**1	TPJ4**M**1
Technological Design: (Drafting)		TDJ2**O**1	TDJ3**M**1	TDJ4**M**1
Technological Design: (Interior Design)			TDV3**M**1	TDV4**M**1
Transportation Technology (Auto) **(1.0)** credit (Auto) **(2.0)** credit		TTJ2**O**1	TTJ3**C**1 TTJ3**C**2	TTJ4**C**1 TTJ4**C**2

SPARES AND SPECIAL CODES FOR STUDENTS ENTERING YEAR 4 OR 5	
Not Returning to Sherwood Next Year	NOTRET
Returning to Sherwood for Semester 1 only (must include 3 or 4 courses with this code)	NORET2
Study Period	STUDYH (one study period in either semester) STUDY1 (one study period in Semester 1) STUDY2 (one study period in Semester 2)

SYSTEM PROGRAMS (Choose a full selection of options, which can be changed upon acceptance.)

Dual Credit Programs at Mohawk College See Guidance for application and further instruction.
Students attend Mohawk College for half day, earning 2 high school credits and 2 college credits. Students attend Sherwood for the other half of the day. Must be in Grade 12.

- Aviation
- Graphic Design
- Community Service: Intro to Social Work and Inclusive Recreation
- Mohawk Bridge: Positive Psychology and Movies, Identity, and Culture
- Mohawk Bridge – Developmental Psychology and Health and Wellness
- Computer Engineering: HTML and CSS & Intro to Networking
- Welding (@ Stoney Creek Campus)
- Healthcare at McMaster: Structure and Function of the Human Body and Communication for PSWs
-

System Coop Programs   🚲 📑 See Guidance for application and further instruction.

These programs are full-day, full–semester programs that combine "in-school" credits (usually 2) and 2 or more additional credits through coop. These programs typically occur off-site, through various community partnerships.

- ArtSmart Performing Arts (4 credits) @ Sir Allan MacNab
- Healthcare Support Services Program (Health Care) (4 credits) @ Juravinski
- Building Careers (Home Building) (4 credits only) @ Hill Park
- Canadian Forces Army Reserve Coop Program (4 credits) @ James St. Armouries

Ontario Youth Apprenticeship Program (OYAP) Dual Credit (4 credits through Sherwood/Mohawk) (Gr 12 only) 🚲 📑
See a Coop Teacher for application and further instruction.

- Automotive Service Technician @ Mohawk
- Child & Youth Worker @ Mohawk
- Child Development Practitioner (ECE) @ Mohawk
- Construction Craft Worker @ Liuna
- General Carpenter @ Mohawk
- Truck & Coach Technician @ Mohawk

Elearning options: *There are a variety of eLearning courses available. Please see the full listing in the Xello Course Planner.*