

Community Involvement Hours Critical Reflection



WHAT?	SO WHAT?	NOW WHAT?
<i>What was it? What did you do? What happened? What did you learn? What was different? What was your reaction?</i>	<i>Reflect on why this _____ matters to: (insert) you, your pathway choice, your understanding of careers, your skills you possess? How could these experiences connect to your own: values, ideas about self, your development, and/or your practice?</i>	<i>How might you apply what you have learned to your own practice? How might what you have learned and your experiences influence your practices moving forward?</i>