



# SHERWOOD SECONDARY SCHOOL

## ACTIVITIES AND EVENTS



Activity	Teacher Contact	Description	Time Commitment	How to get involved
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<b>Athletics</b>				
Badminton Team (Junior)	Ms. Brown	Badminton team for boys and girls in grades 10	March-May every day after school. Tournaments in April/May.	Contact Ms. Brown in the PE office
Badminton Team (Midget)	Mr. Balazs	Badminton team for boys and girls in Grade 9	March to May. 2-3 practices each week.	Contact Ms. French in the PE office
Badminton Team (Senior)	TBA	Badminton team for boys and girls in grades 11-12	March-May every day after school. Tournaments in April/May.	Contact Ms. Brown in the PE office
Baseball Team	Mr. Stevens	Boys Baseball team for all grades	Sept. and Oct. every day after school.	Contact Mr. Stevens in Room 321
Basketball Team (Junior Boys)	TBA	Grade 9 and 10 boys basketball team	Middle of November to late March. Monday to Friday after school	Contact Mr. Teufel in the PE office
Basketball Team (Junior Girls)	Tony Kartalianakis	Junior Girls Basketball team for grades 9-10	Beginning of September to early November everyday after school. Games twice a week.	Contact Ms. Casuccio (253)
Basketball Team (Midget Boys)	TBA	Midget Boys Basketball team for grade 9 boys.	April to May every day after school.	Contact TBA
Basketball Team (Midget Girls)	TBA	Midget Girls Basketball team for grade 9 girls.	April to May every day after school.	Contact TBA
Basketball Team (Senior Boys)	Mr. Thomaidis	Senior Boys Basketball team is primarily for grades 11-12	Early November to March every day after school. Games twice a week.	Contact Mr. Thomaidis in the PE office
Basketball Team (Senior Girls)	TBA	Senior Girls Basketball team primarily for grades 11-12	Beginning of September to early November every day after school. Games twice a week.	Contact TBA
Cross Country Team	Mr. Kraemer	Cross Country running team	Start of September to early November. Monday to Thursday	Contact Mr. Kraemer in Room 331
Curling	Mr. Weston	Students from grades 9 – 12 are welcome	Start of November until March	Contact Mr. Weston in room 325
Field Hockey Team (Girls)	Ms. French or Ms. Brown	Field Hockey team (all grades)	Early September to mid October. Practices are 2 times per week with games twice a week	Contact Ms. French or Ms. Brown in the PE office
Floor ball	Mr. Herrington	Students from grade 9-12.	One month commitment with practices at lunch of after school	Contact Mr. Herrington
Football Team (Junior)	TBA	Football Team for grades 9-10	April to June 4 times per week after school and 2x at lunch	Contact Mr. Thomaidis in the PE office
Football Team (Senior)	Mr. Teufel	Football Team for grades 10-12	In-season – Last week of Aug – end of Nov everyday after school	Contact Mr. Teufel in the PE office



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Golf Team	Ms. Schaap	Compete in regional golf tournaments	September. Periodic tournaments.	Contact Ms. Schaap in room 241
Hockey Team (Boys)	Mr. Teufel	Boys Hockey team for all grades.	November to March. Practices/games twice a week.	Contact Mr. Teufel
Hockey Team (Girls)	Mr. Stevens Ms. Van Impe	Girls Hockey team for all grades.	January - March	Contact Mr. Steven (321) or Ms. Van Impe (315)
Pickle Ball	Ms. French	This is a tennis/badminton like sport open to all grades	November and December	Contact Ms. French in the PE office
Rugby Team (Boys)	Mr. Hilbert	Boy's Varsity Rugby Team (all grades)	Indoor training beginning early March, outdoor May to June	Contact Mr. Hilbert in room 331
Rugby Team (Girls)	TBA	Girl's Varsity Rugby Team (all grades)	Indoor training beginning early March, outdoor May to June	Contact TBA
Sherwood Athletic Council (SAC)	Ms. Brown Mr. Teufel	Council organizes all school athletics	Meetings at lunch and events as needed	Contact Ms. Brown or Mr. Teufel in the PE office
Slo-Pitch Team (Girls)	Mr. Deveau Ms. Kaus	After school practices and a 1 day tournament in June	May to the first week of June	Contact Mr. Deveau in room 104 or Ms. Kaus in Room 243a
Soccer Indoor Team (Girls)	Ms. Brown Ms. Mckague	Indoor Soccer team that competes against other HWDSB schools at Soccer World	October to April, practicing once a week (Thursday morning). Games once a week.	Contact Ms. Brown in the PE office
Soccer Indoor Team (Junior Boys)	Mr. Jones Mr. Ermacora	Indoor Soccer team that competes against other HWDSB schools at Soccer World	October to April, practicing in the mornings. Games once a week.	Contact Mr. Jones
Soccer Indoor Team (Senior Boys)	Mr. Jones Mr. Ermacora	Indoor Soccer team that competes against other HWDSB schools at Soccer World	Mon. and/or Wed. 7:00 AM - 8:15AM November to Early April	Contact Mr. Jones in room 215
Soccer Grade 9 (Boys)	Mr. Jones Mr. Ermacora	Grade 9 Boys (only) Soccer Team (Grades 9-12)	First week in September - 1 month in length	Contact Mr. Jones in room 215
Soccer Grade 9 (Girls)	Ms. McConnell	Grade 9 Girls (only) Soccer Team (Grades 9-12)	First week in September - 1 month in length	Contact Ms. McConnell in the PE office
Soccer Outdoor (Boys)	Mr. Jones Mr. Ermacora	Varsity Boys Soccer Team (Grades 9-12)	Late March to middle of May. After school.	Contact Mr. Jones in room 215
Soccer Team (Girls)	Ms. Brown	Varsity Girls Soccer Team (Grades 9-12)	Late March to middle of May. After school.	Contact Ms. Brown in the PE office
Tennis Team	Mr. Burnip	School tennis team that competes at the start of the school year.	After school practices. September to October.	Contact Mr. Burnip in room 107
Touch Football Team (Girls)	Mr. Rotskas	Early fall season tournament.	Tryouts early September. After school practises.	Contact Mr. Rotskas in room 214



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Touch Football Team (Gr. 9 Boys)	Mr. Herrington	Early fall tournament	Tryouts start first day of school	Contact Mr. Herrington in the PE office
Track and Field Team	Ms. Trott	Compete in regional Track and Field Meets.	Practices after school from April to June. Throwing-Mon/Wed lunch Tues. p.m. Running- a.m.	Contact Ms. Brown in the PE office
Ultimate Frisbee	Mr. Herrington or Ms. French	School team that competes in tournaments	Mid April	Contact Mr. Herrington or Ms. French in the PE office
Volleyball Team (Co-ed)	Mr. C. Balazs	Compete in 2-3 tournaments. Open to all grades.	Practice 2 times a week. Late April to May.	Contact Mr. Balazs in the Student Services
Volleyball Team (Junior Boys)	Mr. C. Balazs	Junior Boys Volleyball team for grades 9-10	September to November everyday after school. Games weekly.	Contact Mr. Balazs in the Student Services
Volleyball Team (Junior Girls)	Ms. Hansen Mr. Gocentas	Junior Girls Volleyball team for grades 9-10	November to March everyday after school. Games weekly.	Contact Ms. Hansen in room352
Volleyball Team (Senior Boys)	Mr. Teufel	Senior Boys Volleyball team for grades 11-12	September to November every day after school. Games weekly.	Contact Mr. Teufel in the PE office
Volleyball Team (Senior Girls)	Ms. Stringer	Senior Girls Volleyball team for grades 11-12	November to March every day after school. Games weekly.	Contact Ms. Brown in the girls PE office
Water polo Team (Junior Boys)	Mr. Murkovich Mr. Balazs	Junior Boys Waterpolo team for grades 9-10	November to January. Practices/ games twice a week.	Contact Mr. Murkovich in Student Services
Water polo Team (Junior Girls)	Ms. French	Junior Girls Waterpolo team for grade 9-10	February to March. Practices/ games twice a week.	Contact Ms. French in the PE office
Water polo Team (Senior Boys)	Mr. Murkovich	Junior Boys Waterpolo team for grades 11-12	November to January. Practices/ games twice a week.	Contact Mr. Murkovich in Student Services
Water polo Team (Senior Girls)	Mr. Murkovich Ms. French	Senior Girls Waterpolo team for grade 11-12	February to March. Practices/ games twice a week.	Contact Mr. Murkovich in Student Services



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## Clubs and Groups

Ambassadors	Mr. Balazs Ms. Oliver	The group of leaders support school initiative by building inclusion throughout our community and working with our transition programs	Throughout the school year	Contact Student Services
Announcement Crew	Mr. Murkovich	Teams of students read the morning announcements	Morning from 8:30 & 11:05 am	Contact the Main Office
Dance Team	Ms. Zsiros	Students rehearse dances once a week to be performed at various school events and community competitions.	Starts October 2016	Contact Ms. Zsiros
Drama Club	Ms. George	Improvisation, public speaking, drama skills and activities	Thursday at lunch	Contact Ms. George in room 103
Environmental Club	Ms. Nichol	Come out to the enviro club...spend time outdoors and with our courtyard beautification projects, and the annual Rakefest.	Starts in the Spring	Contact Ms. Nichol in the Learning Commons
EQAO Math Tutorials	Ms. Schaap, Ms Skenderis.	EQAO math preparatory tutorials before each Grade 9 EQAO test	Prior to the end of each semester	Contact Ms. Schaap, Ms. Theodoropoulos on rooms 241/231
French Exchange	Ms. Oliver	French students can participate in a reciprocal exchange with a student from France. Must be studying French and be 14-17 years old.	August to November and February to May	Visit the website of Canadian Education Exchange Foundation <a href="http://www.ceef.ca">www.ceef.ca</a>
GO Girls	Ms. Wilson	The program provides junior girls the opportunity to meet and learn from one another through a number of activities related to building trust, creative expression, body image and self-esteem, and healthy relationships	TBA until Second Semester	Contact Ms. Wilson in room 365
Health Action Team	Ms. French or Ms. Martin	Get involved in improving all things health related; including anti-tobacco, drug and alcohol abuse, nutrition, fitness, annual blood drive and MADD	Meetings are once a week in room 334	Contact Ms. French Girls PE, Ms. Martin room 332, Ms. Mckague room 334
International Culture Club	Ms. Purdy	Student get together from a wide variety of background to explore other cultures	Every 2 <sup>nd</sup> Thursday in room 252 at lunch	Contact Ms. Purdy in room 252
Knitting Club	Ms. Nicol	Squares of Care for patients at the Juravinski Hospital or your own projects. No experience needed	Once a week in the Learning Commons	Contact Ms. Nicol in the Learning Commons
Math Contests	Ms. Schaap, Ms. Skenderis	Math Contest including Euclid, Mac and Waterloo	One day events April and November	Contact Ms. Schaap, Ms. Theodoropoulos on rooms 241/231



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Math Society	Mr. Brady	Numbers... and more! We learn about interesting mathematics that is not found in the high school curriculum.	Every other Thursday at lunch	Contact Mr. Brady in room 243
OSSLT After school prep course	TBA	Meet in the seminar room after school to focus on a different aspect of the Literary Test.	Meeting 10 times on Wednesday between December and March	Contact the library, or any Guidance Counsellor
Positive Space	Ms. Lea	This club is an LGBT-support group for students who identify as LGBT. It also warmly welcomes allies (students and staff) who wish to work toward building an equitable environment.	September until June Every 2 <sup>nd</sup> week	Contact Ms. Lea in Student Services
Prom Committee	Ms. Aceti	Help plan, organize and create lasting grad and prom memories,	Grade 12 students can join the Grade Committee in September	Contact Ms. Aceti in room 251
Running Club	Mr. Kraemer	Students who wish to start to run/jog or maybe even walk and be part of a social atmosphere	Nov – Feb Every Monday and Wednesday after school	Contact Mr. Kraemer in room 331
Sears Ontario Drama Festival	Ms. George	Students produce a production to enter into the Sears Drama Festival. Can be involved as actors and/or crew	Rehearsals begin in Semester 1 and run to late March. Practice times TBA	Contact Ms. George in room 103
Saints Connect	Ms. Wilson	Senior students can volunteer to help junior or new students through teambuilding and leadership activities	Lunch hour, once or twice a month	Contact Ms. Wilson in room 365
Social Justice Club	Ms. Reda, Ms. Wilson	Fundraise for local and global charities and make C.H.A.N.G.,.E. – Create hope and Nurture Global Education!	Tuesdays at Lunch, plus organization time	Contact Ms. Reda in room 363
Stage Crew	Mr. Baker	Responsible for running equipment in auditorium during assemblies, etc.	Meet Tuesdays at lunch. Some weeknights and weekends for outside rentals.	Contact Mr. Baker or Mr. Cividino in room 200
Student Council	Mr. Murkovich	Student council. All welcome to meetings.	Mondays at lunch in room 101	Contact Mr. Murkovich in Student Services
Year Book Club	Mr. Weston	Students take photos, create layout and edit our school year book.	Wednesdays after school	See Mr. Weston in Room 325
Writing Club	Mr. Stevens	Join this creative team of writers, Have fun learning about poetry and many forms of creative writing.	Second semester, once a week	Contact Mr. Stevens in room 321





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## Music

Concert Band (Junior)	Mr. Baker	For grade 9 students who would like to perform with a large concert band. Each year the ensemble performs at various events in school and at festivals. Open to beginner and advanced music students enrolled in grade 9 music.	Sign up in September Tuesday and Thursday Mornings all year - 7:15am	Contact Mr. Baker in room 200
Repertoire Band (Senior)	Mr. Baker	For senior students who would like to perform with a large concert band. Each year the ensemble performs at various school events, festivals and tours each spring to an international destination. Students should be experienced music students enrolled in grades 10, 11 or 12 music and repertoire.	Tuesday and Thursday Mornings all year - 7:15am	Contact Mr. Baker in room 200
Sherwood Marching Band	Mr. Baker	Consists of members of the Concert Band and Repertoire Band. Performs at Santa Claus Parades in the Hamilton Area.	Sign up in September Tuesday and Thursday Mornings all year - 7:15am	Contact Mr. Baker in room 200
Sherwood Enrichment Band (grade 7 and 8's)	Mr. Baker	A Feeder School Band open to grade 7 and 8 students. Students in grade 8 receive a Reach Ahead music credit. Sherwood students in Grade 9-12 can volunteer as mentors for Community Hours.	Sign up in September Mentors - Monday Nights 6-8pm	Contact Mr. Baker in room 200
Choir	Ms. E. Church	Open to all students in grades 9 through 12. The choir sings in school and community events and participates in local music festivals.	Starts in September Wednesday's after school	Contact Ms. E. Church or Ms. Theysen Room 364
Jazz Band	Mr. R. Baker	For students in grades 10 through 12. Open to student enrolled in Senior Band. Perform at Music Nights and Festivals	Sign up in September Monday's after school	Contact Mr. Baker in room 200
Music Council	Mr. R. Baker or Mr. Cividino	Open to all Music students interested in planning events for the music department, fundraising and running Music Nights.	Sign up in September Wednesdays at lunch	Contact Mr. Baker in room 200