



Skills Major

Registration and Tracking Form

The Specialist High Skills Major (SHSM) is a ministry-approved specialized diploma designation. The SHSM allows students to focus their learning on a specific economic sector while meeting the requirements of the Ontario Secondary School Diploma. This career-focused program is designed to bundle courses, cooperative education experience, and sector specific certifications. The SHSM is designed to help students transition from high school into an apprenticeship, work place, college or university.

Sherwood Secondary School is pleased to offer a Specialist High Skills Major program in the sector of Health and Wellness.

Student Information:

Surname:		First Name:	
Registration Date:		Entrance: Grade 11 Grade 12	
Projected Graduation Date:			
Home School: SHERWOOD		Previous School:	
DOB:		Age:	Gender: M F
Mailing Address:			
City:		Postal Code:	
Home #:		Cell #:	
Email:			

Intent to Participate in Health and Wellness SHSM:

<input type="checkbox"/> Healthcare Focus		<input type="checkbox"/> Fitness Focus	
I have reviewed the information for the SHSM program, and am committed to acquiring all necessary requirements.			
Student Signature:		Date:	
Parent Signature:		Date:	
SHSM Major Teacher Signature:		Date:	
Counsellor Signature:		Date:	

THE SHSM DESIGNATION IS **ONLY GRANTED IN YOUR GRADUATING YEAR.** YOU CANNOT COMPLETE SHSM REQUIREMENTS AS A POST GRADUATE STUDENT AS YOU CAN ONLY BE ISSUED A DIPLOMA ONE TIME.

Specialist High Skills Major *Planning Guide* – Health & Wellness

Student: _____ Projected Graduation Year: _____

	Grade 11 major	Grade 12 major
(4) Major Credits (Any combo with a minimum of 1 from each grade)	ATC3O-Dance GPP3O-Peer Leadership HFC3M-Food and Culture HPC3O-Raising Children HRT3M-World Religion HSP3U-Anthro & Psych HSP3C -Anthro & Psych HZB3M-Philosophy PAI3O- Individual & Sm Group PAF3O-Fitness PAL3O-Team Games PPL3C-Phys-Ed PPZ3O-Health for Life SBI3C-Biology SBI3U- Biology SCH3U-Chemistry SPH3U-Physics SVN3E-Enviro Science SVN3M- Enviro Science TPJ3M-Health Care TXJ3E-Hairstyling & Aesthetics	HFA4U-Nutrition & Health HFA4C-Nutrition & Health HHS4U-Families in Canada HHS4C-Families in Canada HPD4C-Working with Children HSB4U-Challenge & Change HZT4U-Philosophy PAI4O- Individual & Sm Group PAF4O-Fitness PAL4O-Team Games PPL4O-Phys-Ed PSE4U-Intro to Kinesiology SBI4U-Biology SCH4C-Chemistry SCH4U-Chemistry SNC4M-Health Science SPH4U-Physics SPH4C-Physics TPJ4M-Health Care TXJ4E- Hairstyling & Aesthetics JURAVINSKI 2 CREDIT <i>(TPJ4M/E AND SNC4M)</i>
(1) English credit		ENG4C ENG4U OLC4O
(1) Math credit	MEL3E MCR3U MBF3C MCF3M	MHF4U MDM4U
(1) Other credit in gr.11/12	SVN3E HPC3O SVN3M HRT3M SBI3C HSP3U SBI3U HSP3C SCH3U HZB3M SPH3U HFC3M	SBI4U HFA4U SPH4U HFA4C SPH4C HHS4U SCH4U HHS4C SCH4C HSB4U SNC4M HZT4U
(2) Co-op Credits	JURAVINSKI COOP OR 2 OTHER COOP CREDITS (Tied to Major Credit)	
TOTAL CREDITS	9	

Credits may not be used twice in the chart!

Health and Wellness SHSM Compulsory Requirements:

CREDIT & SKILLS TRAINING TRACKER	COURSE CODE		DATE COMPLETED:	
4 Major Credits				
Gr. 11 Math Credit CLA Teacher:				
Gr. 12 English Credit CLA Teacher:				
Gr. 11/12 Science Credit CLA Teacher :				
Co-op Credits must be tied to major credits				
<i>Three (3) Required Learning Experiences:</i>				
Ontario Skills Passport				
Reach Ahead				
Experiential Learning				
<i>Four (4) Mandatory Certificates/Training:</i>				
	Completed in which Course	Date Completed	Hours	Expiry Date
Standard First Aid				
CPR				
WHMIS				
Infection Control				
<i>Three (3) Elective Certificates/Training:</i>				

IEP (please check if student has an Individual Education Plan)

For additional information, please feel free to contact Sherwood Student Services at (905)383-3377ext. 225