

# **Community Involvement Hours**

**Information and Volunteer Position Information**

**Saltfleet DHS  
2023-2024**

# Basic Requirements

## Community Service Hours

- You must complete at least **40 hours of Volunteer Community Service** in order to graduate
- You can get the “Community Involvement Hours Record Form” by visiting the SDHS website here: <https://www.hwdsb.on.ca/wp-content/uploads/2020/02/Community-Service-Form-2.pdf>



# Important Information

## Community Involvement Hours

- As of September 1 2023, the Ministry of Education has reverted back to the original guidelines for Community Involvement Activities
- This means that:
  - **Hours must be completed outside of class time**
  - **Activities must not form part of a credit course**
  - **Engagement should benefit the community and should be UNPAID**
  - **Activities should NOT replace roles that would otherwise receive wages**
- This means that anything for which you get PAID will not be eligible
- Also, anything completed around the HOUSE (e.g. chores) or in the neighbourhood (e.g. shovelling snow for an elderly neighbour) will NOT be eligible

***IF YOU HAVE QUESTIONS ABOUT THE ELIGIBILITY OF AN ACTIVITY, PLEASE CONNECT WITH YOUR GUIDANCE COUNSELLOR TO CONFIRM BEFORE PARTICIPATING IN THE ACTIVITY!***

# Additional Information

## Community Service Hours

- You must ensure that the activity you are participating in meets the requirements of Community Involvement as outlined on the HWDSB website: <https://www.hwdsb.on.ca/wp-content/uploads/2012/08/Community-Service-Facts.pdf>
- Return your form as you complete your hours to keep your record up to date - you can also attach signed letters verifying the completion of your activity
- More information can be found by visiting the HWDSB website here: <https://www.hwdsb.on.ca/secondary/graduation-information/diploma-requirements/cih/students/>
- You can begin accruing your volunteer hours as of July 1st after you finish Grade 8
- You are encouraged to complete a minimum of 10 hours each academic year to ensure you are on track for graduation!
- Ideally, however, you should aim to complete your hours before the end of Grade 10 - after this point, you may wish to get a part-time job, which will take away from your available time for volunteering!

# Saltfleet-Specific Opportunities



**SALTFLEET DISTRICT HIGH SCHOOL**

**STONEY CREEK ONTARIO CANADA**

# Student Tutors

## Ongoing

- Are you in Grade 11 and 12 and interested in helping to tutor students in our school community? Connect with Ms. Sandoval in guidance ([msandova@hwdsb.on.ca](mailto:msandova@hwdsb.on.ca)) to find out more about this opportunity



# Grade 9 Orientation

**Seasonal**

**Summer - Usually the last Wednesday in August**

- If you're interested in helping out during Grade 9 Orientation, please connect with Student Success (Mr. Miller or Ms. Kelly) to find out more about this opportunity!



# Storm Connect

Ongoing

- If you're interested in volunteering with the Storm Connect program on your lunch, you can connect with Ms. Petz in the Learning Resource room
- [vpetz@hwdsb.on.ca](mailto:vpetz@hwdsb.on.ca)





# Binbrook-Specific Opportunities



# Binbrook Santa Claus Parade

**SEASONAL: Date for 2024 TBD**

- Looking for volunteers to help out with the event
- Please contact the [binbrookparadecommittee@gmail.com](mailto:binbrookparadecommittee@gmail.com) to obtain the form to fill out
- Date for the 2024 event TBD - please keep an eye out online for more information about this event



# Binbrook Little Theatre

## Ongoing

- Interested volunteers should reach out directly to the Binbrook Little Theatre at [info@binbrooktheatre.ca](mailto:info@binbrooktheatre.ca)
- They generally have a need for ushers for shows and stage hands
- Upcoming shows for the 2024 season are:
  - February (2-4, 9-11, 16-18)
  - April 26-28
  - May 3-5; 10-11
  - Fall 2024 TBD (generally end of October/ beginning of November)



# Binbrook Agricultural Society

## Ongoing Opportunities

- The Binbrook Agricultural Society has ongoing opportunities (including seasonal opportunities, like the Binbrook Fair in the fall or Winter Markets and Bizarres) for student volunteers
- Interested applications should reach out directly by e-mailing: [info@binbrookagsociety.org](mailto:info@binbrookagsociety.org)



# Stoney Creek-Specific Opportunities



**STONEY CREEK**

# Stoney Creek School of Art

**Seasonal:**

## **March Break Camp Volunteers**

- The Stoney Creek School of Art is looking for volunteers for their March Break programming
- You can find out more by checking out their website: <https://www.stoneycreekschoolofart.com/volunteer> or contacting them through the contact page: <https://www.stoneycreekschoolofart.com/contact-me>



**Stoney Creek  
School of Art**  
A Place Where The Creative Spirit Can Grow

# Optimist Club of Stoney Creek

## Special Events Opportunities

- The Optimist Club of Stoney Creek requires volunteers for a number of special events throughout the year
- Their largest volunteer need is for the Peach Festival, which runs during the summer months
- You can connect with the optimist club to inquire about volunteer opportunities by e-mailing their current president, Mr. Al Wood at [al.wood5212@live.ca](mailto:al.wood5212@live.ca)



# Ridgeview Long Term Care Centre

## Ongoing

- Ridgeview Long Term Care Home is accepting volunteers at their home on Highland Road to work with the Recreation Department to assist with dining (helping residents with their meals), special programs (like Bingo, Entertainment and Crafts) and friendly visits with residents (1:1 reading, conversation, card games, painting nails, etc.)
- They require a copy of vaccinations and a TB test to be completed; Typically, they have an interview and then orientation before starting volunteer on the floor
- If you have any questions, you can reach out to Ms. Cardoza, the Recreation Manager, at [kristen.morandcardoza@extendicare.com](mailto:kristen.morandcardoza@extendicare.com)

**Extendicare**



# Binbrook Bisons Baseball Program

## Spring and Summer Rally Cap Program

- They are looking for help with their Rally Cap Baseball Development program in Binbrook that consists of children between the ages of 4-7 who are just learning the basics of baseball
- The program runs every Monday night and starts in late May and runs until mid-September from 5:30-6:45PM
- Responsibilities include: helping to ensure that kids are completing the set activities at each station and ensuring that each child is getting an opportunity
- The program will take place at Woodburn Ball Park.
- If you have any questions or are interested in participating, you can reach out to Albert Valdes at [albert.valdes@binbrookbaseball.ca](mailto:albert.valdes@binbrookbaseball.ca)



# **Other Opportunities Around the City**



# City of Hamilton

## Ongoing

- People interested in volunteering with the City of Hamilton (e.g. at Valley Park or Glanbrook Arena) should keep an eye on the city website for more information and instructions:: <https://www.hamilton.ca/city-council/jobs-city/volunteer-opportunities/recreation-division-volunteers>



# Hamilton Public Library

## Teen Tech Volunteers - Ongoing

- Valley Park is in need of “Teen Tech” volunteers to help provide basic technical assistance to older adults on Thursdays from 4-5PM
- Visit the website to find more:  
<https://www.hpl.ca/volunteer/teen-tech-volunteers> or visit the Valley Park Branch



# Hamilton Public Library

## Reading Buddies Program Volunteers - Seasonal: Summer Opportunity

- The HPL runs a “Reading Buddies” program in the summer
- Please keep an eye on the HPL volunteer website or connect with the branch for more opportunities closer to the end of the school year



# The Good Shepherd

## Special Events Volunteers

- The Good Shepherd is always looking for volunteers to help out with special events (e.g. “Winter Wonderland Party” or the “Christmas Hampers Program”)
- You can check out more opportunities on their website by visiting: <https://goodshepherdcentres.ca/volunteer/>



Good Shepherd  
Faith in people.

# The Good Shepherd

## Homework Helpers Volunteers

- You can check out how to volunteer as a homework helper by visiting their website for more information:  
<https://goodshepherdcentres.ca/volunteer/>



Good Shepherd  
Faith in people.

# YMCAHBB

## Ongoing

- The YMCAHBB (e.g. Les Charter on Rymal Road) is **NOT CURRENTLY IN NEED OF VOLUNTEERS**, however, they are always accepting applications for interested parties and will contact you when they have a need
- You can fill out a volunteer form by visiting them at the Les Charter YMCA on Rymal Road





# Beautify Hamilton

## Ongoing

- Beautify Hamilton is always looking for volunteers to collect trash - this is a self-directed program based on an honour system
- In order to participate, you must:
  - A signed copy of the waiver (you can find this online at the website: <https://www.beautifyhamilton.com/get-involved>)
  - Location and date completed
  - Number of garbage bags collected and hours worked
  - Before and after pictures, including photos of garbage bags filled as proof
  - You can submit it online at the website, or by contacting them through email at [beautifyhamilton@gmail.com](mailto:beautifyhamilton@gmail.com)



# Cancer Assistance Program

## Ongoing

- The Cancer Assistance Program is always looking for volunteers to help out with events. You can find more information on the website: <https://cancerassist.ca/volunteer/> or you can fill out the volunteer form here: <https://cancerassist.ca/volunteer-application-form-2/>
- You can also contact Cindy Sharp with any questions by e-mail at [inquiries@cancerassist.ca](mailto:inquiries@cancerassist.ca) or by calling 905-383-9797 extension 102



# Environment Hamilton

## Ongoing

- Environment Hamilton has a number of ongoing projects, including: Friendly Streets Hamilton, Pollinator Paradise Project and Trees Please
- If you are interested in volunteering with Environment Hamilton, check out the website and fill out the form here: <https://www.environmenthamilton.org/volunteer>



**Environment  
Hamilton**

# Habitat Hamilton

## ReStore Volunteer

- The Habitat Hamilton ReStore (located on Nash Road) is in need of volunteers to help with customer service
- Shifts are 4 hours, starting at either 9AM or 1PM
- The store is open 6 days a week
- Services include: loading and unloading items, organizing merchandise, tidying and cleaning and answering customer questions
- Volunteers must complete an application and required training prior to starting their first shift
- More information can be found on their website:  
<https://app.betterimpact.com/PublicOrganization/c7607799-b1cd-489b-be02-813f4f8c211b/Gvi/deec462e-c58a-441a-b2do-420ca4411839/1>



# Mount Hamilton Youth Soccer Club

## Both Ongoing & Seasonal Opportunities

- The Mount Hamilton Youth Soccer Club is in need of volunteers for various events, including:
  - Volunteer Coaches (weekends and evenings year-long, including summers)
  - Helpers for the Discovery Sessions for Hamilton TFC Academy (4-days in September)
- If you are interested in volunteering with MHYSC, please contact Ms. Steph Sutton at [ssutton@mhysc.org](mailto:ssutton@mhysc.org) - be sure to include a brief summary of your background with soccer to help her out!



# AbleLiving Communities

## Ongoing

- AbleLiving has a number of sites in Hamilton, Stoney Creek and Binbrook that are looking for volunteers
- Please connect directly with Rachel Riley, Manager of Volunteer Services for more information:  
[volunteerservices@ableliving.org](mailto:volunteerservices@ableliving.org) or  
289-309-8477 ext: 574



AbleLiving  
Services  
Thrive Group

# Hamilton Health Sciences (HHS)

## Ongoing

- The “High School Student” Program runs at various HHS hospitals from 4-6PM.
- If you are interested, you can fill out an application on their website and if there is a vacancy, they will reach out with the next steps: <https://www.hamiltonhealthsciences.ca/volunteer/>

